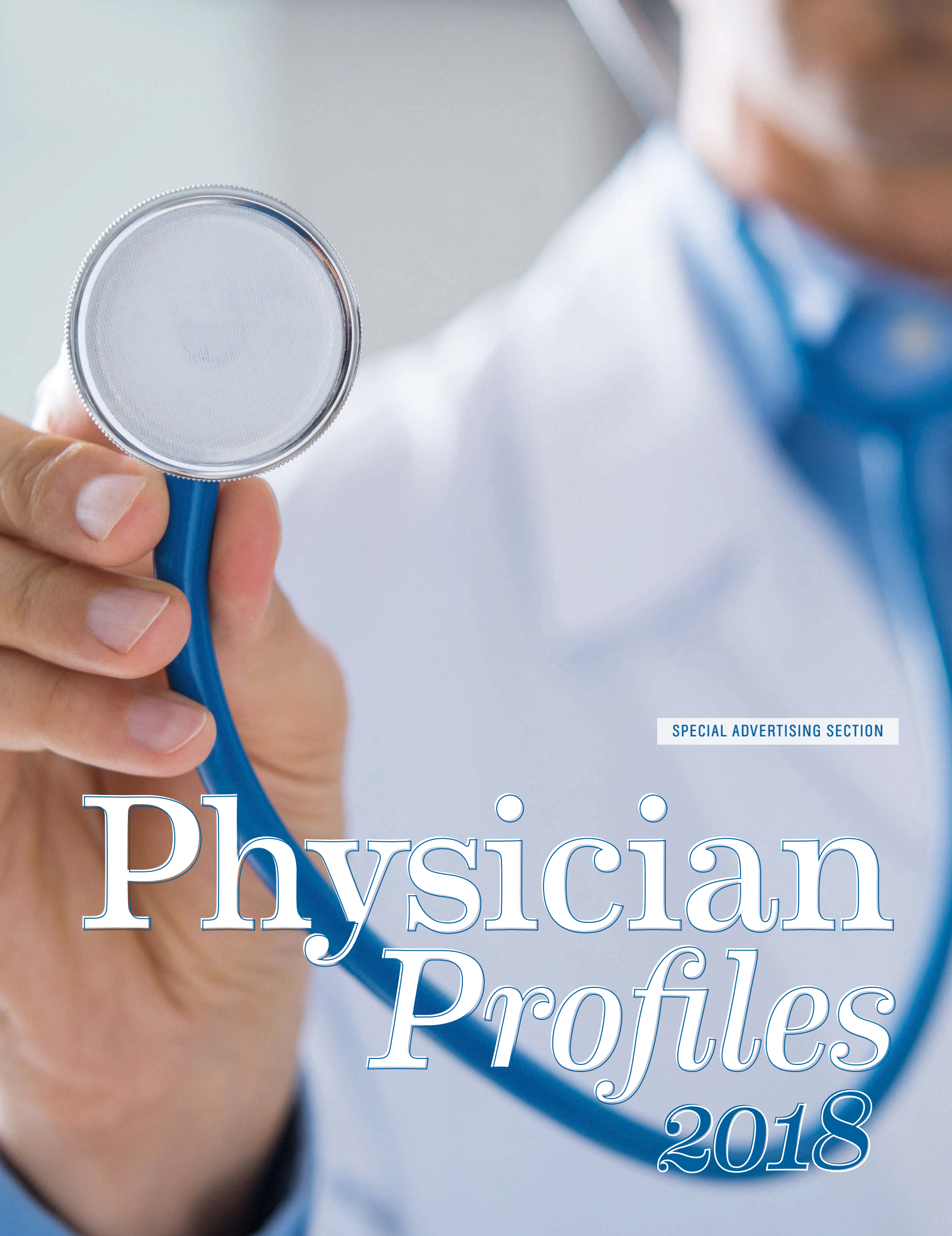




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Anthony Admire, MD

PLASTIC SURGERY

Dr. Anthony Admire is a native Arizonan who attended high school, college and medical school (University of Arizona) in Tucson. He completed his general surgery & plastic surgery residency in St. Louis. In 2006, Dr. Admire returned to Tucson and took a position with the University of Arizona College of Medicine as an assistant professor of surgery and acting chief of plastic surgery. In late 2007, he established his private practice in North Scottsdale which has flourished for the past 10-plus years, serving both Phoenixians and many out-of-state patients.

Dr. Admire is board certified by the American Board of Plastic Surgery and is an active member of all the leading plastic surgery organizations, including American Society of Plastic Surgeons, American Society of Aesthetic Plastic Surgeons, and International Society of Aesthetic Plastic Surgeons.

For more than eight years, he has served as chief of plastic surgery at HonorHealth Osborn Campus and he also serves as the director of plastic surgery at North Valley Surgery Center. He holds appointments on multiple committees at HonorHealth including perioperative and credentialing.

Dr. Admire is an award-winning plastic surgeon, recognized both locally and nationally. He has been named a "Top Doc" in *PHOENIX* magazine multiple times, including 2012, 2014 & 2017 when he was the top vote getter as voted upon by his medical peers. He also won the Best Board Certified Plastic Surgeon as selected by *Arizona Foothills* readers. He is recognized as a Castle Connolly Physician, a distinction which is given to fewer than 10 percent of all physicians in the country. He was also featured as one of the Best Plastic Surgeons in America in Southwest Airlines' *Spirit Magazine* and featured on the popular television show, *The Doctors*.

Dr. Admire specializes in cosmetic surgery of the face (face/neck lifts, eyelids, browlifts, rhinoplasty), breast (breast lifts & augmentation, breast reductions, implant exchanges and challenging revisions), and body (tummy tucks, buttocks augmentation, liposuction, arm/thigh lifts).

Dr. Admire's signature techniques for facial rejuvenation allow for fast healing without drains or compression garments. His method, which he has perfected over time, produces consistent, natural-looking results for his patients, with many traveling from all parts of the country to seek Dr. Admire's expertise. "I love restoring the youthfulness to the face in a very natural way and making patients feel great about how they look without looking overdone," he said.

He also appreciates the life-changing transformation he sees his "mommy makeover" (tummy tucks, usually with a breast procedure) patients undergo. "I see them feel confident about their bodies again while wearing the clothes they used to wear and doing the activities they have always done."

Dr. Admire is also dedicated to breast reconstruction and has been a part of multiple local and national organizations that help fund awareness and provide resources and educational programs. He performs many types of breast reconstruction, including nipple sparing direct to implant, autologous tissue, fat transfer, post-radiated breast defects, as well as accepting all challenging revisions.

Additionally, Dr. Admire and his wife, Victoria, run a growing skin care practice, called Admire Skin, that provides many non-invasive procedures for both the face and body, including Botox & Fillers, Laser Services and Hair Restoration.

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Carlos Mata, MD, MBA, FACS

PLASTIC & RECONSTRUCTIVE SURGERY

Dr. Carlos Mata is a bilingual Harvard-trained, board-certified Plastic and Reconstructive Surgeon. He is not your typical doctor/surgeon as he has a diverse cultural background that includes Spanish, African-American, Venezuelan and Mexican. This diversity allows him to relate to most individuals from varied backgrounds. Dr. Mata has performed more than 4,000 surgical procedures in Miami, Boston, Houston and now the Phoenix/Scottsdale Metropolitan area. He now practices in Scottsdale, Arizona while seeing patients from Mesa, Gilbert, Tucson, Chandler, Glendale, Carefree, Paradise Valley and Phoenix. He specializes in the field of facial rejuvenation, breast revision surgery and body contouring procedures that give men and women their sexy, sculpted bodies back.

Dr. Mata not only focuses on the aesthetics and beauty of the human shape but also on those in need. He has been volunteering on medical mission trips at least twice a year since 2011 to perform cleft lip and cleft palate surgeries. During these trips, he helps children and adults that are burn victims as well as those with birth defects of the face, body and hand.

Passion for helping those in need led Dr. Mata to join the U.S. Army where he served as a Major and Chief of Plastic and Reconstructive Surgery at Eglin AFB. He treated military members and dependents from Texas, Louisiana, Alabama, Mississippi, Georgia and Florida.

Currently, Dr. Mata performs all scopes of Cosmetic and Reconstructive Surgery at his new location in Scottsdale, Arizona. Dr. Mata has been in the Phoenix metropolitan area for more than three years. He offers facial aesthetics such as facelifts, brow lifts, eyelid surgery and nose surgery. He performs breast and body contouring procedures such as mommy makeovers that include tummy tucks, liposuction with Brazilian butt lifts, breast augmentation and any breast reconstructive surgery. He has the latest technology to allow faster recovery with near surgical results with Renuvion by J-plasma. As well as a sexual health expert with O-shot, P-shot, female and male rejuvenation with fillers and lasers such as Femilift and ThermiVa to help people of adult ages get back into the swing of things.

Dr. Mata's philosophy emphasizes compassionate care, service beyond expectation, and the strongest desire to do what is best for his patients. He reserves the privacy and dignity of his patients while delivering first-class results allowing you to "Be your own Beautiful."



NATURAL RESULTS PLASTIC SURGERY

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naturalresultsaz.com

Instagram: @DrScottsdale

Snapchat: @Dr.Scottsdale



Gary Knighton, DO

BARIATRICS AND COSMETIC AESTHETICS

Dr. Gary Knighton is proud to say that he has been an Arizona resident for the past 26 years. After attending college in Utah and medical school in Kirksville, Missouri, there's no better place he would rather call home. Being an avid golfer, Arizona's great weather and sunny days allow him to enjoy the outdoors year round.

His office is in Mesa, located near the U.S. 60 and the Loop 101, which is easily accessible from anywhere in the Valley. Patients come from all over the state, and the nation, just to see Dr. Knighton. Conveniently located, it's just a short drive from the airport. With only one location, Dr. Knighton is able to provide care that is unparalleled by others.

Dr. Knighton's number one priority is to be involved in the care of every patient who walks through his door. This is why he has never expanded by adding multiple locations. The ambiance of his office says it all. He wants patients to feel at home in a comfortable, inviting atmosphere, where they feel truly cared for. What Dr. Knighton and his staff offer is something unique.

To Dr. Knighton, helping people lose weight isn't just about science, it's an art form. During the last 20 years, he has helped people not only to lose weight, but to change their mindset and make decisions to live a healthier life. "In medicine, we try to put everyone in a box and assume that A+B is always going to equal C," Dr. Knighton said. "That just isn't the case."

Dr. Knighton's knowledge and ability to customize treatment to everyone is what makes him successful and why people trust him when embarking on their weight loss journey. He knows firsthand the plight of patients struggling with their weight. "I battle with weight too, so I know what my patients feel." Dr. Knighton's personal experience, ability to see beyond obstacles and an individualized approach, helps his patients succeed.

Dr. Knighton's philosophy on losing weight is simple. Don't assume that any two people are the same. Though treatment differs from person to person, he does stress the importance of giving your body the fuel it needs; never starve it. There are two main nutritional guidelines he uses; eat according to your blood type or reduce consumption of virtually all carbohydrates. His program takes a combination of medical science, eating based on either of the nutritional guidelines, and staying active through exercise. There is no quick fix, but with his program the progress is incredible. It brings him great joy to help patients lose weight and maintain it.

Dr. Knighton also offers Botox, Dysport, and Juvéderm (Ultra, Ultra Plus, Voluma, Vollure and Volbella).

Promoting a happier, healthier, more confident you!



GARY KNIGHTON, D.O.

2152 S. Vineyard | Mesa
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Islam Abujubara, MD

NEUROLOGY

Dr. Abujubara (his patients call him “Dr. AJ”) is the chief of neurology at Integrated Medical Services, Inc. (IMS). Dr. Abujubara is board certified by the American Board of Psychiatry and Neurology. He is a member of the American Medical Association and the American Academy of Neurology (AAN). He has presented his research at the American Academy of Neurology annual meetings, one of which was selected as one of the best abstracts of the year at the 2011 AAN meeting in Honolulu.

Dr. Abujubara completed medical school at Jordan University of Sciences and Technology. During his last year of medical school, Dr. Abujubara did an elective rotation at the Baylor College of Medicine, TX. Following medical school, he completed residency in internal medicine and neurology at the University of Arkansas for Medical Sciences and received extensive training in neurophysiology. Dr. Abujubara was named ‘Best Resident’ by the nursing staff and received the 2009 Jeff Nicholas prize for his dedication towards the care of veterans.

In 2017, Dr. Abujubara started Arizona Neurodiagnostic Services (ANS) and currently serves as the medical director. This service utilizes telemedicine to monitor patients with possible seizure disorders at home. The new technology allows for video monitoring of patients while at home with continuous EEG (electroencephalogram) recording to differentiate epileptic from non-epileptic seizures. ANS is proud to serve patients across the state of Arizona.

Dr. Abujubara provides care for patients with many different neurological diseases. He also performs various procedures including nerve conduction studies, electroencephalogram, and occipital nerve blocks.

When not providing superior care to patients, Dr. Abujubara enjoys spending time with his wife and four children, and enjoys sports, movies and traveling.



INTEGRATED MEDICAL SERVICES, INC. DIVISION OF NEUROLOGY

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(602) 633-3780 | imsaz.com

Troy Anderson, MD

NEUROLOGY AND SLEEP MEDICINE

Dr. Anderson, started Phoenix Neurology and Sleep Medicine in 2006. He had a poor childhood growing up as a chicken and turkey farmer in Lancaster, California. He received his medical doctorate from Loma Linda University in 1994 and completed his neurology residency and sleep training at University of Alabama, Birmingham in 2003, serving as Chief Resident. He is board certified in Neurology, Sleep Medicine, and Bariatric Medicine.

He served the US Navy for 12 years as an Operational Flight Surgeon and later as a Neurologist and Sleep specialist. During his military service, he was awarded the highest peacetime medal, The Navy and Marine Corps Medal, for directing the rescue of survivors of the Korea Airlines 747 crash in Guam on August 6, 1997. He was also awarded the Navy Flight Surgeon of the Year award for his service above self-effort for rescuing the crew of capsized ship, The Gurnsey Express. This heroic rescue took place at midnight in the wake of 35 foot seas and 85 knot winds during Typhoon Dale.

Dr. Anderson started Phoenix Neurology and Sleep Medicine with the goal of delivering high quality patient care in a friendly and caring atmosphere. The practice has grown to 10 providers: 6 neurologists, 1 pediatric neurologist and 2 NPs. The practice has 4 clinics throughout the valley and several satellite offices in the rural areas of Arizona.

In 2007, he founded the non-profit Phoenix Health Foundation that provides scholarships/mentorship to pre-medical students, medical relief services, free community health events, and physician advocacy and integrity promotion.

He has been honored by his peers as Phoenix Magazine's Top Doctor in 2009, 2011, 2013, 2015 and 2017. He was also awarded The Phoenix Business Journal's Health Care Hero for Philanthropy in 2016, as well as the West Valley Top 24 Mover and Shaker in 2010.

Dr. Anderson is married to Heather Anderson, and has 3 children, Keoni, Brooklyn, and Blakely. He enjoys his time with God, tennis, skiing, and family time.



PHOENIX NEUROLOGY AND SLEEP MEDICINE

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Jennifer E. Boll, MD

PLASTIC SURGERY

Dr. Boll is a highly respected plastic surgeon who is board certified in both general and plastic surgery. She completed a plastic surgery fellowship at the world-renowned Mayo Clinic in Rochester, Minn. She specializes in aesthetic and reconstructive surgery of the face, breast and body and is well-known for her natural-appearing surgical results that minimize scarring and improve upon an individual's shape.

As a woman and mother, she understands the toll of time and pregnancy on the face and body. She has a strong interest in surgical restoration of these areas. She also emphasizes the importance of healthy skin as the basic foundation of beauty. Dr. Boll is a lifelong artist and she uses her natural ability combined with her broad surgical knowledge to enhance a person's beauty and obtain masterful results.

During her fellowship in plastic surgery at Mayo Clinic, Dr. Boll trained with many of the leaders in plastic surgery and gained exper-

tise in many complex and revolutionary surgical procedures. She brought these techniques with her when she relocated to the Valley. During the past several years, she has been the recipient of many awards for excellence in patient care, including the Compassionate Doctor Award and Patients' Choice Award.

Dr. Boll has an intimate and warm office with a staff that is highly dedicated to assisting people in each and every way. She and her staff work as a team to optimize care and outcome. All surgeries or skin care are customized to an individual's needs and desires. Always a perfectionist, she pays great attention to detail in order to manage every aspect of the surgical process. Patients become like family as they achieve their goal results, and Dr. Boll personally oversees the entire process. Dr. Boll has a warm and open personality and she welcomes everyone into her practice.

JENNIFER BOLL, MD

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Tempe | (480) 833-5200 | drboll.com

Millie Behera,
MD, FACOG, FRCPSC
FERTILITY/REPRODUCTIVE ENDOCRINOLOGY

Dr. Behera is founder and medical director of Bloom Reproductive Institute. At Bloom, Dr. Behera provides patient-centered fertility care through a practice philosophy based upon four core principles she calls “the 4 E’s” – expertise, experience, ethics and empathy.

Dr. Behera’s expertise is well-known throughout the country by colleagues and patients alike. She has established herself as a leader in the field of infertility, reproductive medicine and surgery with numerous published research papers and international presentations on in-vitro fertilization, non-invasive treatment of fibroids, fertility preservation therapies and advanced robotic surgery. She frequently appears on national television shows such as “Dr. Oz” and “The Doctors” to explain the latest and most effective advances in the treatment of infertility, recurrent miscarriage, endometriosis, PCOS and uterine fibroids. Dr. Behera is double board-certified in reproductive endocrinology and infertility, and obstetrics and gynecology.

Her experience spans both academic and private practice disciplines. Prior to coming to the Valley, Dr. Behera was assistant professor and clinical director of the Center for Fibroid Biology and Therapy at Duke University, ranked the fourth best gynecology department in the U.S. at the time. Her academic tenure exposed her to highly unique and complex cases. She is currently adjunct faculty at both Duke University and the University of Arizona.

An exceptional surgeon, Dr. Behera is a member of the Center of Excellence in Minimally Invasive Surgery at Honor Health. She is the first reproductive surgeon to perform robotic tubal reversal surgery in the Phoenix area.

Dr. Behera has been practicing in the Valley for more than seven years, and has developed a loyal patient following. While she is known for her knowledge and expertise in the field of reproductive medicine, it is her compassionate approach to fertility care that resonates most with patients. She truly cares about her patients and their medical outcomes, consistently going above and beyond to provide the best fertility care possible.



BLOOM REPRODUCTIVE INSTITUTE

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 2680 S. Val Vista Dr., Bldg. 8, Ste. 140 | Gilbert
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Steve Chang, MD

NEUROSURGERY

A board-certified and fellowship-trained neurosurgeon, Dr. Chang's passion is caring for patients with complex spine and brain disorders, and working with them as a team to restore their lives. He believes in treating each patient as he would his own family members.

Dr. Chang is a highly versatile surgeon, specializing in brain tumors, spinal cord tumors, cervical and lumbar spine surgery, cranio-cervical junction surgery, minimally invasive spine surgery and artificial disc surgery.

Growing up in North Carolina, Dr. Chang attended Duke University and went on to earn his medical degree at the University of North Carolina. He completed his neurosurgery residency and fellowship in skull base and cerebrovascular and complex spinal surgery at the venerated Barrow Neurological Institute in Phoenix.

Dr. Chang has written numerous peer-reviewed publications and has presented on several brain and spine topics nationwide.

He is on the leading edge of robotic, minimally invasive spinal surgery. Continued progress in this area will lead to optimal patient outcomes.

Aaron J. Davis, MD

ALLERGY & IMMUNOLOGY

A graduate of Carroll College Montana and St. Louis University Medical School, Dr. Davis completed training in internal medicine at Mayo Clinic Scottsdale and an allergy fellowship at Henry Ford Health Systems. He is board certified in allergy and immunology as well as internal medicine. Dr. Davis is also a member of American Academy of Allergy Asthma and Immunology; Arizona Medical Association and Maricopa Medical Society. Dr. Davis is past president of Arizona Allergy and Asthma Society and is involved with clinical research with asthma, angioedema and hives at Medical Research of Arizona, a division of Allergy, Asthma & Immunology Associates. He was named a "Top Doc" in *PHOENIX* magazine in 2010, 2011, 2012, 2013, 2015 and 2017.

Dr. Davis enjoys hiking, spending time with his wife and traveling in his spare time.



ALLERGY, ASTHMA & IMMUNOLOGY ASSOCIATES

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Michael J. Depenbusch, MD

OPHTHALMOLOGY

With a brand new state of the art office in Chandler, Dr. Depenbusch will offer patients the comfort, safety and care that you would want for yourself and loved ones. Figuratively Dr. Depenbusch is building the future of ophthalmology by being a leader in innovation and research. Dr. Depenbusch has instructed other ophthalmologists in USA, Europe & Mexico. He has been a principal investigator in dozens of clinical studies some of which have produced products that are being used today by hundreds of thousands of people.

Dr. Depenbusch is Board-certified in Ophthalmology and has been medical director for the Arizona Eye Center for the past 13 years. He is a graduate of the world-renowned New York Eye and Ear Infirmary in Manhattan, New York and is endorsed by The Consumers' Research Council of America as one of the nation's "Top Ophthalmologists."

Working from Arizona Eye Center's Chandler and Paradise Valley locations, Dr. Depenbusch and his elite staff treat and educate with their patients best interest in mind giving their patients peace of mind and confidence in their surgical decisions. The center promotes a no-pressure approach to surgeries and only implements those methods that will truly benefit their patients – like their laser free/phaco free low impact cataract surgery. This philosophy saves patients from unnecessary spending and has created an abundance of patient referrals and testimonials from near and far. Arizona Eye Center is contracted with a multitude of insurance plans but it is common for patients to pay out of pocket/out of network to be seen and treated by Dr. Depenbusch.

In his free time, Dr. Depenbusch volunteers for cataract surgical missions. He also enjoys skiing, hiking, spending time with his daughter and working on her charity Expedition Vision. He is, and will always be, an eternally hopeful Cardinals Fan.

ARIZONA EYE CENTER

1500 W. Ray Rd. | Chandler
12450 N. 32nd St. | Paradise Valley
(480) 963-3881 | azeyecenter.com

Michael Dershowitz, DPM

PODIATRY

The blue laser that Dr. Michael Dershowitz is standing next to is the revolutionary MLS robotic laser. This extraordinary medical device is unique in that it stands apart from all other lasers as the only one in the world that we're aware of that has a proprietary interlocking of two laser beams, of different wavelengths, that accomplishes treatment results that other technologies cannot approach. One wavelength is designed to reduce inflammation and the other wavelength is responsible for eliminating pain.

"This machine has been a real game-changer for our practice," says Dr. Dershowitz. "Our entire laser staff just recently successfully completed an advanced training session in Florida where the uses of this technology have been expanded and improved. We have been using this laser for more than four years and, for many conditions, we are able to eliminate our patient's symptoms without lost work time."

In many instances, surgery can be avoided by using this FDA approved device. It's painless, non-invasive and barely perceptible by the patient. We also use it postoperatively to reduce swelling, eliminate pain and accelerate healing, sometimes by up to 50 percent.

We have healed fractures of professional athletes, avoiding immobilization and facilitating an early return to competition. We have also successfully used the laser in patients with disabling and painful neuropathy symptoms, both diabetic and non-diabetic, oftentimes avoiding surgery for the same conditions.

Another innovative procedure we perform at the Southwest Foot Institute is the realignment of the foot, both in children and adults who suffered from flat feet and whose pain and soreness hasn't been corrected by using arch supports. This is a minimally invasive procedure performed through a tiny incision.

During the past 41 years, we've helped thousands of patients with painful heels, bunions, hammertoes and ingrown toe nails, corns, callouses and the usual variety of painful foot problems. Please call one of our convenient offices to schedule a consultation and become a valued member of the Southwest Foot Institute family!



SOUTHWEST FOOT INSTITUTE

Downtown Phoenix | Glendale/Arrowhead
(602) 340-8686 | southwestfootinstitute.com





Alan J. Discont, DPM

FOOT & ANKLE SPECIALIST

"Treating people gently, consistently and quickly, so they can resume the activities they love as soon as possible," – that's Dr. Discont's philosophy, a foot and ankle specialist recognized as a *PHOENIX* magazine "Top Doc" since 2008. He is board certified by the American Board of Foot & Ankle Surgery and a fellow of the American College of Foot & Ankle Surgeons. Dr. Discont is president of his state medical association, practicing in the East Valley for more than 30 years and is a frequent lecturer and contributor for medical societies, public organizations and television networks, including CBS Your Health, FOX Medical News, KAZT Morning Scramble, TV3 AzFamily and TV15 Sonoran Living.

"Education is the key to state-of-the-art medical care." says Dr. Discont, who is a former residency director and adjunct clinical professor for medical schools since 1986 and regularly completes two to three times the Arizona annual educational requirements. After attending Ohio State University and University of Arizona, he earned his doctorate at Ohio College of Podiatric Medicine, performed his surgical residency in Mesa, and specialized surgical training in Phoenix, Baltimore, Detroit, Cleveland and Tucson.

When asked what's new in foot and ankle care, Dr. Discont is pleased to provide four newly advanced and exciting treatments:

- Amnionic stem cell therapy, a micro-insertional therapy for chronically painful ligament and tendon conditions that has been proven to be very successful in non-resolving pain and injuries, heel pain, sports medicine and preventing surgery.
- Hyperblue laser treatment for nail and skin fungal conditions. This painless cosmetic laser therapy can be used to reduce or eliminate unsightly skin and fungal infections, many times without oral medications.
- HyProCure realignment correction for adolescent and adult flat foot conditions that cause ankle, knee, hip and back problems. This minimally invasive procedure helps correct abnormal alignment, relieving symptoms in children and adults. HyProCure gives many patients the freedom to wear casual shoes or sandals and go bare-foot again.
- Laser guided 3D orthotic/insole therapy, providing digital contour mapping of the feet, helping to control abnormal alignment in children and adults, many times preventing surgery.



FAMILY FOOT & ANKLE CARE

600 S. Dobson Rd. | Chandler
(480) 732-0033 | dralandiscont.com

Andrew F. Ducruet, MD

NEUROSURGERY

A board-certified neurosurgeon with a subspecialty certification in neuroendovascular surgery, Dr. Andrew Ducruet has dedicated his career to the minimally invasive endovascular treatment of patients with vascular diseases of the brain and spine. Dr. Ducruet performs procedures regularly at both the Barrow Neurological Institute at St. Joseph's Hospital and Medical Center and Honor Health Scottsdale Osborn.

Dr. Ducruet was born and raised outside of Pittsburgh. He attended Princeton University and graduated magna cum laude with a degree in chemistry. He received his medical degree from Columbia University's College of Physicians & Surgeons and completed his residency in neurosurgery at Columbia University Medical Center. He continued his training at the Barrow Neurological Institute, completing a postgraduate fellowship in endovascular neurosurgery. Dr. Ducruet practiced as an attending neurosurgeon at the University of Pittsburgh before returning to Barrow in 2016.

In addition to his clinical practice, Dr. Ducruet is the director of a research program focused on developing new treatments for patients with stroke. He has published more than 100 journal articles and book chapters, and he has served as an investigator on multiple clinical trials investigating new strategies for the treatment of stroke and brain aneurysms. His active involvement in research provides him with access to the latest technology available to treat patients with challenging cerebrovascular conditions.

Dr. Ducruet prides himself on honest and effective communication with his patients and their families. He takes great care to ensure that patients are well educated regarding their condition and all available management options. Dr. Ducruet works with his patients to identify the ideal treatment plan for the safest and most effective management of their condition, which enables a rapid return to a normal healthy life.



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Anne-Marie Feyrer-Melk, MD

CARDIOLOGY

Fifty percent of people who suffer a heart attack have normal cholesterol levels. This surprises most people. Individuals who are seemingly healthy may be at huge risk of a heart attack or stroke due to factors that are silent, overlooked, or never evaluated at all.

Dr. Anne-Marie Feyrer-Melk at the Optimal Heart Center is a pioneer in preventive Concierge Cardiology. She is guided by the science within your body to identify root causes of vascular disease. She does so by leveraging a myriad of advanced, non-invasive structural tests to detect “silent & invisible” plaque in the arteries.

Dr. Feyrer-Melk then combines this anatomical data with advanced cardiovascular disease testing using often proprietary saliva, urine, dental and blood testing. These cutting-edge technologies, specialty labs, cardiovascular genetic testing, and the new Telomere Testing allow Dr. Feyrer-Melk to craft a purely personalized plan for each Member patient, right down to the level of their DNA.

The Optimal Heart Center’s team invokes Dr. Feyrer-Melk & Dr. Steve to take the helm in personal health goals via an elite, comprehensive medical and lifestyle medicine program. Your personalized Prevention Plan incorporates lifestyle medicine with Dr. Steve & nutritional guidance with Dr. Donna. Our experts are respectful of your food preferences and activity desires, and how you truly live your life.

Dr. Feyrer-Melk always says “it is never normal to have disease in your arteries,” but one must LOOK first. If we identify disease, we’ll discuss why it’s there, and work with you on medical and lifestyle changes within your individualized prevention plan. If you are free of disease, we’ll help to keep it that way.

The Optimal Heart Center boasts a limited Membership Program. Call to set up a free consultation with Dr. Feyrer-Melk to see if our program fits your personal goals.



OPTIMAL HEART CENTER

9965 N. 95th St., Suite 110 | Scottsdale
(480) 941-0800 | optimalheartcenter.com

Michael Fitzmaurice, MD

HAND SURGERY

Dr. Michael Fitzmaurice is a pioneer in the field of hand surgery. Through the creation of state-of-the-art techniques, research into advanced surgical procedures that utilize endoscopic visualization, and treatments for peripheral nerve support, Dr. Fitzmaurice has brought pain relief and ended crippling conditions for countless patients. Recently, he became one of the few fellow-ship-trained in stem cell and regenerative medicine. He is also the innovator behind the EndoTech minimally invasive system for treatment of the upper extremities, which allows for effective surgical care that provides effective results and fast healing.

In addition to founding the Fitzmaurice Hand Institute, Dr. Fitzmaurice recently opened the Hand & Wrist Urgent Care clinic to provide emergency treatment for patients who have suffered injuries, sprains, or nerve damage to the fingers, hands, wrists, and forearms. With immediate access to one of the top hand surgeons in the country, patients receive the care they need for the best possible outcome – without the stress, wait times, and costs of a typical emergency room visit.

Through his dual focus on providing patients with the most effective care possible and continually improving the field of hand surgery, Dr. Michael Fitzmaurice has earned the title of The Face of Endoscopic Hand Surgery.



FITZMAURICE HAND INSTITUTE

8841 E. Bell Rd., Suite 201 | Scottsdale
(480) 719-4750 | fitzhand.com





Clay Forsberg, MD

PLASTIC SURGERY

Dr. Forsberg is a board-certified plastic surgeon and founder of the plastic surgery division of Center for Dermatology & Plastic Surgery, a multidisciplinary practice featuring plastic surgery, medical and cosmetic dermatology, and vein surgery. An Arizona native, Dr. Forsberg was voted a “Top Doc” in both plastic surgery face and plastic surgery body during his first year back from Newport Beach, California, where he began his career.

With a keen eye for aesthetic beauty, Dr. Forsberg couples his notable credentials with personalized care and tailored treatment plans to fulfill each patient’s vision for outcome and recovery. His precise surgical technique and dedication to patients have earned him trusted testimonials and top rankings on physician review sites. Dr. Forsberg’s comprehensive approach focuses on natural results - helping patients feel more confident and youthful.

Dr. Forsberg’s areas of expertise include breast surgery (augmentation, reduction, lift, cancer reconstruction), facial aesthetic procedures (face/neck lift, brow lift, eyelid/nose/ear surgery), body contouring procedures (liposuction, tummy tuck, mommy makeovers, thigh/arm lifts), and skin cancer reconstruction. Devoted to patient ease and comfort, Dr. Forsberg performs a variety of in-office cosmetic procedures under local anesthesia.

Dr. Forsberg graduated first in his class with a bioengineering degree from Arizona State University. He attended medical school in New York and completed his plastic surgery training in North Carolina. He has been awarded for his research on breast reconstruction, and participated in several medical mission trips to Africa and South America.

Dr. Forsberg is a member of the American Society of Plastic Surgeons, American Society for Aesthetic Plastic Surgery, Arizona Society of Plastic Surgeons, as well as a staff-member at six Valley hospitals. Knowledgeable and accomplished in his field, Dr. Forsberg has authored and presented multiple scientific papers to audiences worldwide in the field of plastic surgery.



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Scottsdale | (480) 905-7165
azcdps.com/plastic-surgery
Instagram & Facebook: @forsbergplasticsurgery

David Fusco, MD

NEUROSURGERY

A board-eligible neurosurgeon, Dr. David Fusco utilizes the latest in surgical techniques and instrumentation to help patients with both complex and simple cranial and spinal disorders.

Dr. David Fusco graduated magna cum laude with a Bachelor of Arts in Chemistry from Harvard University in 2000. He received his Doctorate of Medicine from Columbia University College of Physicians and Surgeons in 2007. While at Columbia, he completed a Doris Duke Clinical Research Fellowship. During his residency at Barrow Neurological Institute, Dr. Fusco completed fellowships in complex spinal surgery, minimally invasive spinal surgery, pediatric deformity and scoliosis surgery, endoscopic and skull base surgery, and stereotactic radiosurgery.

Dr. Fusco has published more than 25 peer-reviewed articles and book chapters and has presented at several neurosurgical conferences nationwide. He has received multiple awards for research presentations and has been honored on several occasions for his dedication to resident education.

In fact, patient education is a focus for Dr. Fusco. He strongly believes that patients who have a thorough understanding of their medical condition are empowered to make the best possible decisions in collaboration with their healthcare provider.



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Mark P. Garrett, MD

NEUROSURGERY

Dr. Garrett was born in Portland, Oregon but spent most of his childhood in Denver, Colorado. He received his Bachelor of Science in Neuroscience at Brigham Young University in Provo, Utah and received his Doctor of Medicine from Emory University School of Medicine in Atlanta. Dr. Garrett completed his neurosurgical residency at the Barrow Neurological Institute (BNI) in Phoenix where he received extensive training in skull-base neurosurgery and completed in-folded fellowships in complex spinal disorders and stereotactic radiosurgery. Dr. Garrett also spent time in Tanzania, Africa where he was part of a BNI initiative to train neurosurgeons in developing countries. Dr. Garrett treats a wide variety of complex cranial and spine conditions including tumors of the brain, skull base and spine. When appropriate, Dr. Garrett employs minimally invasive spine approaches and always utilizes the latest in surgical techniques and instrumentation.

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AND MEDICAL CENTER**

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Adriana K. Holy MD, FAAD

MEDICAL AND AESTHETIC DERMATOLOGY

Dr. Holy, board certified and Harvard trained, is the founder and medical director of the THE CENTER for Advanced Dermatology, a unique dermatology practice that combines state-of-the-art aesthetic dermatology medicine with natural and holistic concepts of care. Dr. Holy is committed to “treating patients like family” and spending more time with her patients to ensure a clear understanding of their problems and detailed treatment program.

A two-time recipient of *Arizona Foothills* magazine’s The Best of the Valley award in 2017 and 2018, Dr. Holy performs a full range of aesthetic treatments; her specialty is facial rejuvenation using filler treatments, platelet rich plasma (PRP), InstaLift, toxins and a full range of lasers including fat and cellulite reduction lasers. Her motto is, “I will never make anyone look unnatural or overfilled,” and her interactive approach assures this is true. Dr. Holy connects with her patients and modifies treatments to most efficiently achieve their goals. As a national lecturer on hair rejuvenation, she is an expert in PRP for hair regrowth for both men and women. She believes the natural approach is best, and combines different modalities to achieve superior results.

Dr. Holy is also committed to skin health. She performs very detailed skin checks and educates her patients, so each visit results in a higher level of understanding of their skin, preventative strategy and risk level. The Melanoma Detection Program, which is available to all patients, includes total body photography in addition to routine exams and results in a premier level of safety for high-risk individuals.

A visit with Dr. Holy is the ultimate destination for anyone wanting to achieve optimal health and clear, youthful skin. Visit her office to see the newest innovative treatments for facial rejuvenation and what constitutes award-winning care!



THE CENTER FOR ADVANCED DERMATOLOGY

4530 E. Shea Blvd., Suite 101 | Phoenix
(602) 867-7546 | MDdermsolutions.com





Taro Kaibara, MD
NEUROSURGERY

A board-certified and fellowship-trained neurosurgeon, Dr. Kaibara specializes in cranial and spinal surgery, including cervical, lumbar and minimally invasive spine surgery, cerebrovascular neurosurgery and skullbase neurosurgery.

Dr. Kaibara earned his Bachelor of Science degree at the prestigious McGill University in Montreal before going on to earn his MD at the University of Toronto. He completed his neurosurgery residency at the University of Calgary, where he was instrumental in a number of innovative developments related to mobile intraoperative MRI techniques and surgical robotics. He received fellowship training in skull base and cerebrovascular surgery at the University of Miami.

Dr. Kaibara performs neurosurgical procedures regularly at both St. Joseph's Hospital and Medical Center and Chandler Regional Medical Center, where he serves as the Medical Director of Neurosurgery. He also serves as an unaffiliated neurotrauma consultant for the NFL on the sidelines at the University of Phoenix Stadium.

"I believe it's very important for the patient and the doctor to have an open, trusting relationship," said Dr. Kaibara, "This confidence allows me and my team to provide the patient with detailed information on their condition, potential outcomes, and treatment options. It empowers our patients an opportunity to make a truly informed decision."



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U. Kumar Kakarla, MD

NEUROSURGERY

As a board-certified and fellowship-trained neurosurgeon, Dr. Kakarla specializes in helping patients with pediatric or adult scoliosis, spinal deformities, spinal tumors, complex and revision spine surgery, spinal trauma, tethered spinal cord, cervical thoracic and lumbar disc surgery.

Dr. Kakarla enjoys helping children and is an expert in the treatment of pediatric spinal deformity—particularly scoliosis as well as other spinal disorders. He also maintains the same passion in treating adult spinal deformity and scoliosis.

After starting college to study architecture, Dr. Kakarla began to realize his desire to become a physician and earned his undergraduate degree in Chemistry from George Washington University. He worked as a chemist at Eli Lilly before entering medical school. He developed a passion for neuroanatomy and neurosurgery because it offered him the opportunity to work with his hands and help people.

Dr. Kakarla earned his medical degree from Indiana University in Indianapolis, IN. He received fellowship training in spinal trauma, complex spine surgery and neurosurgery from Barrow Neurological Institute in Phoenix. He also received a fellowship in pediatric and adult spinal deformity at Miami Children's Hospital.

In 2015, he received the distinction of Neurosurgery Resident Teacher of the Year and serves as an active member of the Scoliosis Research Society.



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Mitchell Kaye, MD, FACS
UROLOGIC SURGEON/ REGENERATIVE MEDICINE

Dr. Kaye is the Valley's top board-certified urologist and expert in regenerative medicine. After earning his medical degree at Georgetown University School of Medicine, he completed his residency in urologic surgery at the world-renowned, top-rated Cleveland Clinic Foundation. Dr. Kaye then served in the U.S. Air Force at Andrews AFB and at the Uniformed Services University of the Health Sciences before heading west to Scottsdale.

Dr. Kaye has always taken pride in offering honest, skilled, state-of-the art care. He is proud that he has been able to offer many "treatment firsts" in Arizona. Amongst his accomplishments, he helped pioneer robotic surgery in Scottsdale 17 years ago and offers his patients the lowest complication rate for prostate cancer removal according the published Medicare data. Dr. Kaye's practice encompasses a wide range of urologic diseases. In addition to offering skilled, minimally invasive treatments for cancers of the kidney, bladder, prostate, adrenal glands, and testis, he provides knowledgeable management for common problems such as difficulty voiding, urinary incontinence or leakage, "dropped bladder," urinary infection, low testosterone and kidney stones. Dr. Kaye performs both vasectomy and microsurgical vasectomy reversals. Early on in his practice, he was the first to offer minimally invasive options for enlarged prostate in his office. Today, Dr. Kaye continues to offer many of the most innovative prostate treatments, including the green light laser vaporization, a procedure that melts obstructing prostate tissue away.

Dr. Kaye has always been fascinated by the body's natural ability to restore and rejuvenate itself. An extension of his practice, Natural Restoration Centers of America is focused on the body's natural capabilities of healing and rejuvenating to address common, but life altering, conditions such as sexual dysfunction, post-menopausal vaginal dryness, and male and female hair loss. Several treatments take advantage of the ability to stimulate the body's stem cells, causing them to transform and bring health back to the tissues. Treatments Dr. Kaye and the NRCOA Center offer are:

Male erectile enhancement including the "P-Boost," female vaginal rejuvenation, female sexual enhancement including the "O-Boost," hormone therapies, thinning hair treatments for both men and women, pudendal nerve treatments for pelvic pain, platelet rich plasma treatments, cord blood therapies and stem cell treatments.

SCOTTSDALE UROLOGIC SURGEONS

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SCOTTSDALE UROLOGIC SURGEONS

NATURAL RESTORATION
CENTERS OF AMERICA

David Kelly, MD

PLASTIC SURGERY

Dr. David Kelly is a board-certified plastic and reconstructive surgeon at the Center for Dermatology and Plastic Surgery and serves as the co-director of plastic surgery.

Patients come to Dr. Kelly for exceptional and natural results. From the first consultation through the final result, Dr. Kelly approaches each patient and each step of the surgical process with a wealth of experience and attention to detail. Communication and taking time with each patient is a priority to understanding their surgical goals. Dr. Kelly makes sure his patients enjoy the benefit of caring and personal discussion accompanied with state-of-the-art surgical technique and satisfying outcomes.

A native of Salt Lake City, Dr. Kelly completed his medical degree at the University of Utah, graduating as a member and co-president of the distinguished Alpha Omega Alpha (AOA) Medical Honor Society and graduated at the top of his class.

Dr. Kelly completed plastic surgery residency at Wake Forest University in North Carolina. He presented multiple research articles in the field of plastic surgery to national and international audiences. He also trained an additional year at the world renowned Kleinert Institute for Hand and Microsurgery.

Dr. Kelly offers a broad range of cosmetic and reconstructive services including breast surgery (breast reduction or lift, augmentation, breast construction following mastectomy or lumpectomy), body contouring procedures (tummy tuck, liposuction, arm/thigh lift, post weight loss surgery, buttock lift, and fat grafting), and facial rejuvenation procedures (face/neck lift, brow lift, blepharoplasty, and injectable treatments) and Mohs reconstruction from skin cancer.

Dr. Kelly is involved in international medical missions and has performed surgeries in Eastern Europe, South America and Africa. He is a member of the American Society of Plastic Surgeons and Arizona Society of Plastic Surgeons and operates at multiple hospitals throughout the East Valley.



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**Thomas G. Kotoske, DO,
FAOCO**

PLASTIC SURGERY

When looking for a specialist who is focused and dedicated to the field of cosmetic surgery, Dr. Kotoske is a name that is well-known in the southwestern United States. He is a board-certified facial plastic and total body cosmetic surgical specialist who provides state-of-the-art and innovative care to patients from Arizona and surrounding states, as well as an international clientele.

Dr. Kotoske believes in the personal touch. He draws inspiration from his love for his family, art and restoring automobiles. He combines thorough evaluation and innovative treatments with patient education and participation. "Cosmetic procedures should be natural-looking and give people a feeling of confidence," he explains. "Patient knowledge and realistic expectations lead to informed patient decisions." These decisions combined with Dr. Kotoske's clinical excellence, form the basis for a successful cosmetic treatment or surgical experience. All patients are treated like family and are patients for life.

Dr. Kotoske is the medical director of Cosmetic Surgery Institute, a nationally recognized surgical center. He has been a featured expert for CBS, NBC, FOX and ABC television affiliates on cosmetic and plastic surgical topics. He is an adjunct medical school clinical professor of plastic surgery. He also served as chairman for the department of surgery at John C. Lincoln Hospital for more than 10 years.

Dr. Kotoske is credited for bringing the "Quicklift" – a minimally invasive facelift – to Arizona and the Southwestern United States. He has been recognized as "America's Top Physician" by the Consumers' Research Council of America and named a "Top Doc" by *PHOENIX* magazine as well as a "West Valley Top Doctor" by *West Valley Magazine*.

To become part of the Kotoske family, call 623-516-2639 or visit bodybykotoske.com to set up a complimentary consultation.

COSMETIC SURGERY INSTITUTE

19636 N. 27th Ave., Ste. 101
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bodybykotoske.com

Michael T. Lawton, MD

NEUROSURGERY

Michael Lawton, MD, is the president and CEO of Barrow Neurological Institute and the chair of the Department of Neurosurgery. He is board certified by the American Board of Neurological Surgery. Dr. Lawton's neurosurgical expertise includes cerebrovascular disorders (aneurysms, arteriovenous malformations [AVMs], cavernous malformations, and stroke) and skull base tumors. He has experience in treating more than 4,500 brain aneurysms, 800 AVMs, and 1,000 cavernous malformations.

Dr. Lawton is a member of the American Association of Neurological Surgeons, Congress of Neurological Surgeons, Society of Neurological Surgeons, American Academy of Neurological Surgery, and World Academy of Neurological Surgery. He received a degree in biomedical engineering from Brown University and his medical degree from Johns Hopkins University School of Medicine. Dr. Lawton completed his neurosurgery residency at Barrow Neurological Institute, where he also completed a fellowship in cerebrovascular and skull base surgery. After joining the faculty at University of California, San Francisco, he later completed a fellowship in endovascular surgery there.

Dr. Lawton's research studies the formation, underlying genetics, and rupture of brain AVMs, as well as the hemodynamics, rupture, and computational modeling of brain aneurysms. His clinical research studies the anatomy of microsurgical approaches and clinical outcomes of microsurgery for aneurysms, AVMs, and bypass surgery. He is the principle investigator for the Brain Vascular Malformation Consortium, an NIH-funded multicenter group studying the genetics and clinical course of rare vascular diseases of the brain. He has published more than 450 peer-reviewed articles, three single-author textbooks, and more than 70 book chapters. He co-founded Mission: BRAIN, a teaching mission to raise the level of neurosurgery practiced in developing countries that conducts annual missions in Mexico and Asia.



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Timothy Luke, MD

ORTHOPEDIC SPINE SURGERY

Dr. Luke's fascination with medicine began during his childhood, reaching a turning point during his junior year of high school. After breaking his neck on the football field, the care he received changed his life in more ways than one. His quick recovery got him back on the field, and his medical experience uncovered a new passion for his future career — sports medicine.

Before joining the leader in minimally invasive spine surgery, Dr. Luke treated many neck and back conditions through his own practice. He treated a variety of sports-related injuries with a big goal in mind — helping patients avoid unnecessary open spine fusions with less invasive alternatives. His search for other surgical options led him to Laser Spine Institute where he's now a valued member of the award-winning surgical team.

Named America's Top Orthopedist in 2008, and a two-time winner of the Patients' Choice award — an award received by fewer than six percent of physicians nationwide — Dr. Luke continually helps Laser Spine Institute set new benchmarks in patient-centered spine care.

Dr. Luke earned his medical degree from the University of Colorado and is an active member of the North American Spine Society, American Association of Orthopaedic Surgeons and American Medical Association. His knowledge and expertise have been widely recognized by the patients he treats and by colleagues exposed to his research presented before the Arthroscopy Association of North America and the Western Orthopedic Association.

With his unique background in orthopedic spine surgery and sports medicine, Dr. Luke has firsthand knowledge of how patients suffering from neck and back pain may not be able to fully experience their own passions in life. Much like his own medical experiences, Dr. Luke aims to change lives with his personalized approach to patient care, helping patients get back to the things they love most.



LASER SPINE INSTITUTE

8888 E. Raintree Drive, Suite 165
Scottsdale | (480) 391-8500
LaserSpineInstitute.com

Marc Malek, MD

PLASTIC SURGERY

A board-certified plastic, aesthetic and reconstructive surgeon, Dr. Malek has practiced in Scottsdale for the past 17 years. He is proficient in all areas of aesthetic, cosmetic and reconstructive surgery, including maxillofacial, hand, replantation and microsurgery.

Dr. Malek genuinely believes that practicing medicine is a privilege. He takes the trust of his patients with great seriousness as he holds their care as his highest priority. He is described as a perfectionist as it pertains to both the results and care of his patients, treating each individual as he would his own family. Dr. Malek embraces this belief with great conviction, which has earned him a reputation as one of the most trusted plastic surgeons in the region.

A lifelong artist, Dr. Malek enjoys painting, sculpting and drawing. He feels the most fascinating medium of art, is the actual human body. Dr. Malek has combined his skill and eye for figurative art with his detailed knowledge of human anatomy to create natural beauty in each and every patient. This combined appreciation for art and science has made him highly skilled and effective in his profession. He values the preservation of anatomy and insists on offering his patients only procedures that provide safe and lasting results. Dr. Malek believes successful outcomes in cosmetic surgery always start with a sense of good taste by the surgeon. He prioritizes communication and understanding his patients as it pertains to their results.

Dr. Malek has long been interested in skin health and rejuvenation. With the help of internationally recognized chemists and product formulators, he created a new probiotic-based skin care line. He recently opened a comprehensive skin care and surgical center on site with his own plastic surgery practice.



MARC MALEK, M.D.

8994 E. Desert Cove
Scottsdale | (480) 551-2040
marcmalekmd.com





Michael Manning, MD

ALLERGY & IMMUNOLOGY

An Arizona native, Dr. Manning has very deep roots in the Valley. His interest in allergy and immunology started when he was a patient in the office that he eventually joined. Dr. Manning was very fortunate to start his career under the guidance of his childhood allergist and mentor, Thomas Hartley, M.D. This background provides Dr. Manning a unique insight and compassion for his patients.

Dr. Manning graduated with honors from Baylor University. He attended the University of Texas at Houston Medical School and pursued his internal medicine residency at St. Joseph's Hospital & Medical Center in Phoenix. This was followed by an allergy and immunology fellowship at Scripps Clinic and Research Foundation in La Jolla, Calif.

Board certified in both internal medicine and allergy and immunology, Dr. Manning is a fellow of the American Academy of Allergy, Asthma & Immunology; and the American College of Allergy, Asthma & Immunology. He is active on committees and leadership positions in both organizations. Dr. Manning is a past-president of the Western Society of Allergy, Asthma and Immunology.

His expertise includes allergies, asthma, sinusitis, food allergies, drug allergies, angioedema and HAE, hives, contact dermatitis, and aspirin and other drug desensitization and immune deficiencies. Additionally, Dr. Manning is now offering oral immunotherapy for selected food allergies based on Duke research. Dr. Manning lectures throughout the U.S., oversees a cutting-edge research department within his practice, and is active in the education of medical students and residents. He has been named a "Top Doc" in *PHOENIX* Magazine 17 times since 1998.

Dr. Manning spent many years coaching his sons in various youth sports, and was active on the boards of various Little League and high school sports. With a lifelong passion for running, Dr. Manning now enjoys running marathons and half-marathons with his daughter. He and his wife are active in animal rescue.


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Robert R. McCulloch, MD

OPHTHALMOLOGY

Dr. Robert McCulloch is one of Phoenix's leading ophthalmic, refractive and LASIK surgeons. During more than 20 years of practice he's performed over 40,000 LASIK and cataract procedures. Dr. McCulloch is the first MD to perform the latest Symphony intraocular lens implant with laser-assisted cataract surgery. He has been recognized numerous times by *PHOENIX* magazine as a Top Doc. Offering state-of-the-art laser assisted cataract surgery utilizing multifocal and toric intraocular lenses, Dr. McCulloch helps patients be less dependent on eyeglasses and contact lenses. He also offers LASIK and PRK laser eye surgery, KAMRA inlay procedures and many other options to correct vision. Dr. McCulloch is frequently called upon for the repair of previous RK procedures as well as other complicated refractive eye cases. Dr. McCulloch grew up in Phoenix and graduated magna cum laude from Creighton University School of Medicine and completed his ophthalmology residency and corneal fellowship at Baylor College of Medicine in Houston. Dr. McCulloch and the staff at Horizon Eye Specialists & LASIK Center strive to provide their patients "Eye Care Like No Other."

Last year, Dr. McCulloch married Camerone Parker and making a difference they DO! Together, they've been named "People to Watch" by several Valley publications. This dynamic duo are deeply passionate about community philanthropic endeavors. Dr. McCulloch is an avid outdoorsman and enjoys family time with his three grown children and three grandchildren, with another on the way!



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4 Valley locations

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EYE CARE LIKE NO OTHER



Jason Mussman, MD, FACS

PLASTIC AND RECONSTRUCTIVE SURGERY

Dr. Jason Mussman received his plastic surgery training in Southern California at Loma Linda University Medical Center. He is board certified by the American Board of Plastic Surgery. Dr. Mussman's cosmetic practice focuses on facial rejuvenation and surgery of the breast and body.

"After listening to each patient, I outline the safest and most effective way to achieve their goals and desires," said Dr. Mussman.

Dr. Mussman is founder and medical director of Regency Plastic Surgery. His expertise is well-known by physicians and patients alike. In addition to his busy cosmetic surgery practice, he continues to serve many of the Valley's Level 1 trauma centers. Dr. Mussman's

reconstructive practice specializes in facial reconstruction, 3D-printed skull reconstruction, limb salvage from amputation, and hand surgery. Dr. Mussman continues to be the plastic surgeon of choice for many of the Valley's top traumatologists and orthopedic trauma surgeons.

In addition, Dr. Mussman has emerged as a Valley leader in skin cancer reconstruction. He has partnered with Dr. Betty Hinderks Davis, Mohs dermatologist of Regency Dermatology to provide the highest level of patient care for Skin Cancer Treatment. You will notice from the moment you call that Regency Dermatology and Plastic Surgery is designed from the ground up with total patient experience in mind.



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Matthew W. Russo, MD

TOTAL JOINT SURGEON

Dr. Matthew Russo is a fellowship-trained orthopedic surgeon specializing in both primary and complex revision total joint replacement surgery. He performs the anterior approach to the hip in addition to total and partial knee replacement utilizing cutting-edge robotic surgery technology. His research in multimodal pain management strategies combined with minimally invasive techniques allows many of his patients to be discharged home safely on the same day as their procedure.

He feels grateful to have the opportunity to serve the Phoenix community as a third-generation orthopedic surgeon, joining his father in practice last year. He is honored to continue the legacy of treating the orthopedic needs of local patients, just as his father and grandfather have done for more than 35 years.

Dr. Russo believes it is essential to listen to patients and to treat them just as he would his own family members. He is one of the only surgeons to utilize PULSE, a smartphone application allowing patients to connect directly with Dr. Russo and his staff throughout their recovery while providing access to videos of physical therapy exercises and daily tips unique to their recovery.

Dr. Russo received his undergraduate education from the University of Notre Dame prior to completing medical school at the University of Arizona College of Medicine. There, he became a member of a select group of medical students known as the Gold Humanism Honor Society representing "humanistic attitudes in medicine." He went on to complete his residency at Georgetown University Hospital in Washington, D.C., where he received multiple awards for resident teaching in medical education. Dr. Russo most recently completed a fellowship in Adult Reconstruction at the Anderson Orthopaedic Clinic in Alexandria, Virginia, where he performed more than 600 hip and knee replacements.

He stays abreast of current research and trends as an active member of the American Academy of Orthopaedic Surgeons and the American Association of Hip and Knee Surgeons.



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Harpreet Sandhu, MD

NEUROLOGY

Dr. Harpreet Sandhu is a California native who, in 2013, moved to the Valley. In 2014, she joined Phoenix Neurology and Sleep Medicine as a neurologist, neurophysiologist and neuromuscular specialist. Dr. Sandhu is board certified in both neurology and clinical neurophysiology. She completed her internship at the University of Nevada, Las Vegas and completed her neurology residency as well as fellowship training at the University of Southern California, Los Angeles. During her training, Dr. Sandhu was honored with the Victoroff Award for Compassionate Care of Patients in Clinical Neurology. Her medical interests include general neurology, epilepsy, neuromuscular medicine and sleep. Dr. Sandhu enjoys lifelong learning and has a passion for helping others. She likes to take time and develop a relationship with her patients. Dr. Sandhu is fluent in English and Punjabi as well as medical Spanish. When she isn't in the office with patients, she loves to travel, stay active and spend time with family and friends. Dr. Sandhu is happily married to her husband and they have two children. As a family, they enjoy exploring new destinations, trying new cuisines and participating in community activities. As a neurologist, Dr. Sandhu is dedicated to excellence in patient care, using leading-edge diagnostics tools to provide the best care to her patients.



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Lawrence Shaw, MD

PLASTIC SURGERY

During the last 30 years, Dr. Lawrence Shaw, a double board-certified plastic surgeon, and his dedicated team have set the bar and led the way in surgical and non-surgical cosmetic procedures in the Valley. He has received numerous *PHOENIX* magazine "Top Doc" awards in plastic surgery and this year was voted "Best Plastic Surgeon" by *Scottsdale Lifestyle Magazine*.

"The cultivation and bringing together of the most talented and committed aesthetic providers, in one place, is one of my greatest accomplishments," said Dr. Shaw. "At The SHAW Center, I have created an environment to attract the best team possible to promote innovation and exchange ideas to fulfill our mission."

Dr. Shaw limits his surgical practice to cosmetic plastic surgery of the face and body using platelet rich plasma (PRP), autologous fat transfer, endoscopic, ultrasonic and laser-enhanced techniques. His widespread, excellent reputation was built on his commitment to the highest standard in patient care, unsurpassed ethics, meticulous surgical technique and natural results. Dr. Shaw also understands modern day lifestyles and the need for non-surgical, minimal downtime alternatives like CoolSculpting, SculpSure, and Kybella for fat reduction or Nova threads for minimally invasive face lifting.

The SHAW Center's aestheticians, medical providers and laser specialists are certified to provide the many services that will leave your body and your skin looking healthy and vibrant. These services include Botox, the newest injectable fillers, Kybella, Femtouch vaginal laser rejuvenation, Nova thread lifts, CoolSculpting, SculpSure, laser peels, PicoSure tattoo removal, laser hair removal, intense pulsed light treatments, fractional CO2 skin resurfacing and tightening, microneedling, PRP enhanced treatments, chemical peels, therapeutic facials, and more.

"We strive to be the plastic surgery center and medical aesthetic spa of choice where we consistently meet or exceed our patient's expectations," said Dr. Shaw. "Caring for our patients, assessing and realizing aesthetic goals in a safe, comfortable environment is always our top priority."

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Vijay Swarup, MD, FACC, FHRS

ELECTROPHYSIOLOGY

Dr. Swarup is one of Arizona's leading board certified cardiologists and cardiac electrophysiologists. He started practicing in 2002 after completing a fellowship in Cardiovascular Diseases at Thomas Jefferson University and then a subspecialty fellowship in Cardiac Electrophysiology at the University of Chicago and Loyola University Medical Center in Chicago. He is a fellow of the American College of Cardiology and Heart Rhythm Society.

Dr. Swarup's primary focus has been the treatment of all aspects of heart and heart rhythm disorders. Dr. Swarup established the Valley's premier heart rhythm practice in 2009 and currently serves as its medical director. With the help of an accomplished support team, he has been among the first to perform several new procedures for the treatment of heart rhythm disorders. He is a very experienced physician and has performed among the largest number of complex ablations and left atrial appendage closures in the U.S.

Dr. Swarup is also the principal investigator for Arizona Arrhythmia Research Center. He has authored numerous articles and is continuously involved in the development and implementation of research protocols, investigating innovative treatments of cardiovascular ailments. Dr. Swarup has participated in numerous large, multi-center clinical trials involving arrhythmias, heart failure, and heart rhythm devices. Through research, Dr. Swarup's patients are among the first to receive cutting-edge treatments for cardiac diseases. By surrounding himself with a hardworking team of heart rhythm experts, Dr. Swarup has built the Arizona Heart Rhythm Center into a world leader in the advancement of the science and treatment of heart rhythm disorders.

Dr. Swarup serves the entire Valley, with clinics in Phoenix as well as the East and West Valley. However, his care extends around the world, as patients regularly travel, often internationally, to Arizona Heart Rhythm Center to receive treatment for their heart rhythm disorders.

With a strong focus on the patient education and producing optimal patient outcomes, Dr. Swarup is passionate about providing the latest and most effective treatment for his patients. He is committed to providing an exceptional patient experience at each and every encounter.



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Sham Vengurlekar, MD

INTERVENTIONAL PAIN, SPINE & JOINT

Dr. Vengurlekar is board certified in pain, surgery, anesthesiology and trained as a fellow in cardiovascular and thoracic surgery. His practice is dedicated to alleviating painful conditions of the spine and joints with cutting edge minimally invasive procedures.

There are many reasons why patients suffer from spinal and joint pain and unfortunately, many doctors only mask a patient's pain with addictive medications or suggest invasive surgery options. Traditional surgery is not right for everyone and pain medication is not a permanent solution. At Premier Pain Institute, Dr. Vengurlekar is passionate about each patient, taking the time to listen carefully and he specializes in finding the source of their pain. Patients are treated with an emphasis on personalized care and are personally seen by Dr. Vengurlekar within 48 hours. His philosophy is to accurately diagnose and pinpoint the cause of a patient's pain and implementing a minimally invasive procedure treatment plan to eliminate it.

Dr. Vengurlekar incorporates innovative procedures to treat pain which make it unnecessary for patients to undergo extreme surgeries and long recovery times. His approach includes minimally invasive procedures under twilight sedation that are directly correlated to remedy the source of pain. These services are offered in an on-site ultra-modern surgical facility in North Scottsdale, that minimizes patient cost and maximizes comfort. Patients are kept comfortable under twilight sedation while undergoing procedures which are performed under direct X-ray vision guided imaging, so that patients can return to their routine the same day.

Dr. Vengurlekar is a perfectionist who seeks to obtain the highest success rates and beneficial outcomes for his patients. His goal is to eliminate spinal and joint pain, so patients can return to a productive life as expeditiously as possible. As part of that strategy, Dr. Vengurlekar attends new techniques' courses each year, as part of his own continuing medical education curriculum.

Aside from his practice, Dr. Vengurlekar is an avid animal lover with a passion for animal rescue conservation and also enjoys photography as a hobby.



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Anne Walter, MD, FAAD

DERMATOLOGY

Dr. Walter is a board-certified dermatologist. She is fellowship trained in Mohs micrographic and reconstructive surgery, cutaneous oncology, and laser and cosmetic surgery. She is the founder and medical director of Dermatology & Skin Surgery Specialists.

Dr. Walter grew up in California. She attended Harvard University and earned her bachelor's degree, graduating cum laude. She then proceeded to the University of Southern California, where she earned her Doctor of Medicine. During medical school, she was inducted into the prestigious Alpha Omega Alpha National Medical Honor Society and Beta Gamma Sigma Business Honor Society. She completed her graduate work with "Highest Distinction." She stayed in Los Angeles to complete an internship in internal medicine at UCLA's Cedar Sinai Medical Center. She then migrated to Chicago to complete her dermatology residency at Northwestern University, serving as chief resident during her final year. Post residency, Dr. Walter went on to complete a highly sought-after Mohs surgery and cosmetic fellowship with Dr. C. William Hanke, in Carmel, Indiana. Dr. Walter is an expertly trained clinician in skin cancer removal, Mohs micrographic surgery, facial reconstruction, botulinum toxin injections, fillers, and laser procedures. Dr. Walter has published multiple book chapters, journal articles and spoken at national conferences. Dr. Walter is a fellow of the American College of Mohs Surgery and American Academy of Dermatology.

Dr. Walter decided to start her own practice to ensure she could cultivate a patient-centered environment. Dermatology & Skin Surgery Specialists is a one-stop shop for all skincare needs. The practice has a highly trained physician assistant who has more than nine years of dermatology experience and has a licensed esthetician on staff that has been in practice for more than 20 years and is a board-certified laser instructor.

Dr. Walter and her husband moved to Scottsdale in July 2014 to be closer to their family. Dr. Walter enjoys yoga, hiking, traveling and spending time with her one-year-old daughter, family and friends.



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Gary Waslewski, MD

ORTHOPEDIC SURGERY & SPORTS MEDICINE

Dr. Gary Waslewski is a board-certified orthopedic surgeon specializing in sports medicine surgery who has practiced in the Phoenix area for 19 years. Currently, Dr. Waslewski is the head team physician for the Arizona Cardinals, Arizona Diamondbacks and Arizona Coyotes. Whether treating professional athletes or weekend warriors, his goal is to help patients return to performing and playing at their peak. As such, he spends ample time with every patient, exploring both non-operative and surgical treatment options to deliver optimal outcomes.

Dr. Waslewski specializes in surgery for the throwing elbow and shoulder, with vast experience in Tommy John surgery. He is widely known as Arizona's leading orthopedist in complex hip arthroscopy. Dr. Waslewski completed fellowship training in sports surgery, including complex shoulder and knee ligament problems, at the prestigious American Sports Medicine Institute under James Andrews, MD. Dr. Waslewski's practice treats all common and complex sports and weekend warrior injuries including Achilles tears, shoulder arthroscopy for rotator cuff problems, labral tears, knee arthroscopy for ACL, and meniscus tears.



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Deborah D. Wilson, MD

GYNECOLOGIST

Deborah Wilson is a board-certified gynecologist with a specialty in minimally invasive surgery and menopausal medicine. She has practiced in Scottsdale for 31 years. Dr. Wilson recently opened Revive Stem Cell and Laser Clinic, as a complement to her gynecologic practice. Many treatments are offered including Fotona Incontilase and Prolapselase – cutting-edge, painless, in-office vaginal treatments for pelvic prolapse and stress incontinence. The laser treatment tightens the tissue, dramatically improving symptoms without the need for surgery. Specially procured and processed regenerative stem cells can be added for vaginal rejuvenation. These unique mesenchymal stem cells can repair damaged or inadequate tissues and cells, resulting in improved sexual function, increased natural lubrication, and younger, smoother skin in the vulvar area. Dr. Wilson continues to search out cutting-edge technologies for women that stem the tide of the aging process.

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Melanie Alarcio, MD
PEDIATRIC NEUROLOGIST

Dr. Melanie Alarcio is a pediatric neurologist and has been awarded "TOP DOCTOR" by U.S. News 2014 and 2017 for pediatric neurology. Dr. Alarcio provides neurological care for children, including diagnosing and treating conditions such as epilepsy, migraines, cerebral palsy, neuromuscular disorders, sleep problems, metabolic disorders, developmental delay, learning disabilities and many other neurological conditions. She is also one of the leading physicians who diagnoses and treats PANDAS/PANS and other autoimmune encephalopathies. Dr. Alarcio received her medical degree from the University of the East College of Medicine and has been in practice for 26 years. She completed her pediatric residency at L.A. County/King Drew Medical Center and her child neurology fellowship at Children's Hospital Los Angeles. She speaks multiple languages, including Spanish, Tagalog and Filipino.



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Miriam K. Anand, MD, FACP, FAAAAI, FAAAAI
ALLERGY/IMMUNOLOGY

Dr. Anand joined her father's allergy practice – Allergy Associates & Asthma, Ltd. – in 2003, after completing her training in allergy/immunology at National Jewish Medical Center in Denver. A graduate of George Washington University School of Medicine, she trained in internal medicine at the Mayo Graduate School of Medicine in Scottsdale. Dr. Anand believes that educating patients is an integral part of care. Her patients often express appreciation for her thoroughness and willingness to listen, and have nominated her for the "Patient's Choice Award" numerous times. Dr. Anand and her colleagues at Allergy Associates & Asthma, Ltd. are board-certified in allergy/immunology and treat both adults and children for nasal allergies, asthma, food allergies, skin allergies and other allergic conditions. She and the other physicians in her practice also are involved in teaching medical students and residents about allergy/immunology. She has locations in Tempe, Chandler and Mesa.



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L. Albert Andres, MD, FACS
PLASTIC SURGERY

A board-certified plastic surgeon and Fellow of the American College of Surgeons, Dr. Andres has advanced fellowship training in aesthetic and reconstructive procedures of the face, body, and breasts. He offers microsurgical and perforator flap reconstruction for his cancer patients, including the DIEP flap, which is performed by few plastic surgeons in the U.S.

Dr. Andres matriculated from Columbia University, culminating as a candidate for the Rhodes Scholarship. He attained his combined graduate schooling and medical degree as well as his training from Harvard University/Medical School and Michigan State University, graduating at the top of his class with honors. He was then accepted into the advanced aesthetic and microsurgical/reconstructive surgery fellowship at the Mayo Clinic. He serves as a team physician for Team USA as well as several national and university wrestling teams.

Dr. Andres has a deep interest in medical charity work, volunteering several times per year on international medical missions.



L. ALBERT ANDRES, MD, FACS

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Janice Angeles, DO **BREAST SURGERY**

Dr. Angeles is a board-certified general surgeon with advanced training in benign and malignant breast diseases. She strives to deliver the highest quality of care for her patients by incorporating a multidisciplinary approach for the treatment of breast cancer. She works closely with the other subspecialists in oncology to come up with an individualized treatment plan for each of her patients. Dr. Angeles received her medical degree from Western University of Health Sciences, College of Osteopathic Medicine of the Pacific. She completed her general surgery residency at Philadelphia College of Osteopathic Medicine in Pennsylvania and a breast surgical oncology fellowship at Medstar Washington Hospital Center in Washington, D.C. where she received training in oncoplastic techniques, nipple-sparing mastectomies, and intraoperative radiation therapy.



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S. Reddy Atmakuri, MD **INTERVENTIONAL CARDIOLOGY**

Dr. Atmakuri is board certified in interventional cardiology, echocardiography, cardiovascular disease, and vascular and endovascular medicine. He earned his medical degree and completed his residency at Emory University. He completed a general cardiology fellowship at Baylor College of Medicine and interventional cardiology fellowship at Columbia University. Dr. Atmakuri has extensive training and research in coronary, peripheral and structural heart interventions, including transcatheter aortic valve replacement (TAVR), mitral clip, high-risk procedures using a left ventricular assist device, Impella and alcohol septal ablation for hypertrophic cardiomyopathy (HCM). He performs ASD, PFO closure, carotid and peripheral vascular (both venous and arterial) interventions. Dr. Atmakuri has performed live procedures for national meetings and works with cardiology fellows-in-training.



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Shruti Badhwar- Parasher, DO **NEUROLOGY**

Dr. Shruti Badhwar-Parasher is a board-certified neurologist and is fellowship trained in clinical neurophysiology with a focus in epilepsy. Dr. Badhwar completed an internship in internal medicine and residency in neurology at Hahnemann University Hospital of Drexel University College of Medicine in Philadelphia, PA. After finishing residency, she completed a fellowship in clinical neurophysiology with a focus in epilepsy at New York University Medical Center of NYU School of Medicine in New York. Dr. Badhwar-Parasher treats both general neurology and epilepsy patients at Phoenix Neurology and Sleep Medicine. She is also the co-director of the epilepsy monitoring unit (EMU) for Abrazo Healthcare. Outside of medicine, Dr. Badhwar-Parasher enjoys numerous outdoor activities and spending time with her husband, daughter and son.



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Andrei Balandin, MD
MEDICAL ONCOLOGY & HEMATOLOGY

In September 2014, Dr. Balandin joined Ironwood Cancer & Research Centers. He received his medical degree in the Ukraine. He also was awarded a prestigious scholarship sponsored by the U.S. Government and was studying at the University of Alabama at Birmingham, where he graduated from a MPH program. Dr. Balandin also worked overseas (including Russia and Kazakhstan) helping local public health services. After moving to Louisiana, he completed his residency and fellowship at Louisiana State University and became board certified in internal medicine, hematology and medical oncology. Dr. Balandin has special interest in gastrointestinal malignancies. He is a member of the American Society of Clinical Oncology and American Society of Hematology. Dr. Balandin is married and has two children. During his spare time, he enjoys reading, photography and travel. He is fluent in Russian and Ukrainian.



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Parmjeet Kumar Banghar, MD
HEMATOLOGY & ONCOLOGY

Dr. Banghar is board certified in hematology and medical oncology. A graduate of Seth G.S. Medical College, University of Bombay, India, Dr. Banghar completed his internal medicine residency and hematology/oncology fellowship at the Henry Ford Hospital in Detroit, MI where he served as a chief fellow. He is a founding member of the Arizona Center for Cancer Care and has been providing comprehensive oncology and hematology care to patients in the West Valley since 2004. He has been published in several journals and presented on a number of topics. He is a member of the American Society of Clinical Oncology and American Society of Hematology.

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Russell Bartels, MD,
FACOG
GYN, AGE MANAGEMENT MEDICINE,
MALE & FEMALE HORMONES

Dr. Bartels is a board-certified gynecologist and nationally recognized expert on hormone replacement for men and women. He received his training at Providence Hospital in Michigan, where he was chief resident and recognized for his award-winning, minimally invasive laparoscopic surgeries. Practicing in the Valley since 2002, he provides comprehensive care including endometrial ablations for heavy menstrual bleeding, the O-Shot and P-Shot procedures to restore and rejuvenate female and male sexual function, and the 10-minute vaginal rejuvenation procedure to remedy painful sex, vaginal dryness, vaginal laxity and mild to moderate bladder leaking. For years, he has also treated male hormone imbalances and erectile dysfunction. Dr. Bartels and his partner, Dr. Burt Webb MD, strive to provide the most up-to-date medical care and procedures in a warm, caring, and friendly atmosphere.



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**Millie Behera, MD,
FACOG, FRCPSC**

**FERTILITY/REPRODUCTIVE
ENDOCRINOLOGY**

Dr. Behera is double board-certified in reproductive endocrinology and obstetrics/gynecology. With numerous published research papers and international presentations, she has established herself as a leader in the field of fertility. Dr. Behera is an accomplished surgeon, and a member of HonorHealth's Center of Excellence in minimally invasive surgery. She is a frequent expert on national TV shows such as Dr. Oz and The Doctors. Dr. Behera provides a complete range of fertility treatments, including IVF, IUI, PGS/PGD, fertility preservation and egg freezing. She treats patients with PCOS, uterine fibroids, endometriosis, male factor infertility and recurrent pregnancy loss. Her caring nature makes her popular with patients. As a mother of four, she embraces the privilege of motherhood and strives to share that with her patients.



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Caleb Behrend, MD
SPINE SPECIALIST

Dr. Caleb Behrend is a board-certified spine surgeon specializing in minimally invasive surgery, cervical spinal surgery, scoliosis and spinal deformity and musculoskeletal medicine. His practice is focused on alleviating pain and reducing disability from spinal diseases using the least invasive effective approach to treatment. He completed medical training at UCLA and residency at The University of Rochester in New York. His fellowship training was in complex spine surgery and spinal trauma at the Rothman Institute at Thomas Jefferson University Hospitals in Philadelphia. In addition to practicing medicine, Dr. Behrend has mentored others in the field of spine and trauma surgery having served as faculty at Virginia Tech School of Medicine and Research Institute and through ongoing research in bioengineering at Clemson University. When he is not seeing patients, Dr. Behrend enjoys teaching and clinical research in areas of patient outcomes, risk reduction and complication prevention. He serves on the editorial board for GOS and is a member of the AAOS, and NASS.



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Ivor Benjamin, MD
GYNECOLOGIC ONCOLOGY

Board-certified in gynecologic oncology, and obstetrics and gynecology, Dr. Benjamin specializes in minimally invasive surgery using the da Vinci surgical robot, and has performed more than 1,800 complex robotic gynecologic surgeries. He is a robotic surgery proctor for training and skills certification of other surgeons throughout the country. Dr. Benjamin is an associate professor at the University of Arizona College of Medicine and Creighton University School of Medicine. He has lectured throughout the country, and has more than 40 peer-reviewed published works. A graduate of Yale University, Dr. Benjamin earned his medical degree from Columbia University, completed his residency at the University of Pennsylvania and a gynecologic oncology fellowship at Memorial Sloan-Kettering Cancer Center in New York. He performs surgery at numerous hospitals valleywide.

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Suzanne Bentz, DO
BARIATRICS

Dr. Bentz has practiced medicine for more than 30 years. She is board certified by the American Board of Obesity Medicine. She strongly believes a bariatric physician is most qualified to help patients achieve safe and healthy weight loss and maintain it over time. Dr. Bentz was awarded a U.S. patent in 2014 for a prescription medication called RM3, which she developed to help patients improve their health and achieve and maintain a healthy bodyweight. Dr. Bentz specializes in treating patients who struggle to lose weight due to a slowing metabolism, menopause, poor dietary habits, and a genetic predisposition to weight gain. As Medical Director and Founder of the largest weight loss practice in the Southwest, with eleven locations in Arizona and counting, Dr. Bentz and her team of experienced medical professionals are dedicated to help their patients achieve and maintain an optimal and healthy weight for a lifetime.



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**M. Joshua Berkowitz,
MD, FACC, FSCAI,
FFSVM**

CARDIOVASCULAR DISEASE

Dr. Berkowitz is board certified in interventional cardiology, cardiovascular medicine, vascular medicine, nuclear cardiology, and is a diplomat in venous disease. He completed his residency in medicine at Columbia-Presbyterian and fellowships in cardiovascular medicine and interventional cardiology at the New York University School of Medicine. Dr. Berkowitz served as Chairman of Cardiology and is currently Director of the Cardiac Catheterization Laboratory at Banner Desert Medical Center. He established the Vein Center at Tri-City Cardiology, specializing in the latest minimally invasive techniques for treating varicose and venous disease. His clinical focus is on complex coronary artery disease and non-surgical options for peripheral vascular disease including venous disorders of the legs. Dr. Berkowitz is well published and lectures to both peers and patients in the community. He believes in a comprehensive approach to cardiovascular health and preventive cardiac medicine.



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**Christopher Biggs,
MD, PHD**
RADIATION ONCOLOGY

Dr. Biggs has been in practice for more than 15 years. He graduated from Stanford School of Medicine, completed his residency at the University of California San Francisco and carries a doctorate in pathobiology from the University of Southern California. He worked at St. Joseph's Hospital and was director of oncology at Baptist Oncology Center before joining Arizona Center for Cancer Care as director of radiosurgery. Dr. Biggs uses the latest technology, focusing radiation on cancers while sparing normal tissues. He is board-certified by the American Board of Radiology and a diplomat of American Society for Therapeutic Radiation and Oncology. "I have been researching and treating cancer for 20 years – it is my life's work," he states. "The advances we have made with technology are amazing and exciting; I focus on employing the most advanced methods to defeat cancer any way I can."



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**Kristina
Blohm-Rudgear, MD**
ENDOCRINOLOGY & METABOLISM

Founder and medical director of Endocrinology, Diabetes & Longevity Center of Arizona, Dr. Rudgear is one of Arizona's leading experts on all thyroid disorders, diabetes, osteoporosis, metabolic syndrome and polycystic ovarian disease, as well as men's and women's hormones. Dr. Blohm-Rudgear is the only quadruple board certified endocrinologist in Arizona that specializes in bio-identical hormone replacement and metabolic disorders. She is board certified in internal medicine, endocrinology and metabolism and geriatric medicine, with more than 15 years of experience. Her comprehensive care includes thyroid ultrasounds and biopsies, insulin pump management, continuous glucose monitoring, diabetic retinal screening, medical weight loss and an on-site laboratory. Endocrinology, Diabetes & Longevity Center of Arizona is conveniently located two miles north of the Loop 101 and Scottsdale Road, where Dr. Rudgear and her practitioners integrate traditional and nontraditional medicinal therapies to guide patients toward optimum health.



Endocrinology, Diabetes &
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**ENDOCRINOLOGY, DIABETES
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7344 E. Deer Valley Rd., Ste. 100
Scottsdale | (480) 513-1042
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Zeynep Bostanci, MD
BREAST SURGERY

Dr. Zeynep Bostanci specializes in management of benign and malignant breast diseases, as well as caring for patients who are at high risk for breast cancer. She is a Society of Surgical Oncology Breast Oncology fellowship trained breast surgeon. Dr. Bostanci completed medical school at Baskent University in Turkey. She started general surgery residency at Brigham and Women's Hospital in Boston and completed at Penn State Hershey Medical Center where she received Professionalism and Humanism in Surgery Award. She then completed her fellowship in breast oncology at internationally renowned City of Hope Medical Center in California. Dr. Bostanci has published peer-reviewed journal articles and book chapters on breast development and breast cancer.



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Ironwood Cancer & Research Centers

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14810 N. Del Webb Blvd., Unit 3
Sun City | (623) 312-3040
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Richard J. Brown, MD,
FACS
PLASTIC SURGERY

Richard J. Brown, M.D., is the founder and CEO of Brown Plastic Surgery. He is a plastic and reconstructive surgeon who is double board certified in general surgery by the American Board of Surgery, and in plastic surgery by the American Board of Plastic Surgery. Dr. Brown completed medical school at The Chicago Medical School and completed residency in general surgery at Northwestern Memorial Hospital. After completing general surgery training, Dr. Brown matched into the University of Nebraska's plastic and reconstructive surgery program. While there, he was exposed to a diverse training curriculum spending time perfecting cosmetic and reconstructive surgical procedures including microvascular surgery. He specializes in cosmetic and reconstruction of the breast, body, and face. His goal is to create a complete and personal plastic surgery experience in which your total health and well-being are at the core of your treatment plan.



RICHARD J. BROWN, MD

11000 N. Scottsdale Rd.,
Ste. 130 | Scottsdale
13640 N. 99th Ave.,
Ste. 400 | Sun City
(480) 405-4677 | richardjbrownmd.com



Christopher Bryce, MD
TOTAL JOINT & GENERAL
ORTHOPEDICS

Dr. Christopher Bryce is an orthopedic surgeon with a background in biomedical engineering, specializing in common and complex knee conditions including joint replacement, revisions and cartilage restoration. He emphasizes empathy, communication, and education in his clinic to partner with his patients. He received his medical degree from the University of Arizona College of Medicine, followed by a residency at the Penn State Milton S. Hershey Medical Center in Hershey, Pa. Dr. Bryce later completed a fellowship in adult reconstruction and sports medicine at the prestigious Insall Scott Kelly Institute in New York City, where he trained under the direction of some of the world's foremost experts in knee replacement and knee injuries. His research in musculoskeletal biomechanics has been published in several top orthopedic journals and he has presented it both nationally and internationally.

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 (480) 964-2908 | orthoarizona.org



Michael A. Buckmire,
MD, FACS, FASCRS
COLON AND RECTAL SURGERY

Dr. Michael Buckmire is a board-certified colon and rectal surgeon who performs all aspects of a colorectal surgical practice and provides individualized and compassionate care for patients with diseases of the colon, rectum and anus.

Dr. Buckmire earned his undergraduate degree from Duke University and received his medical degree from the University of Maryland School of Medicine. Dr. Buckmire completed training in general surgery at Hahnemann University Hospital in Philadelphia, Pennsylvania and finished his colorectal fellowship at Washington University/ Barnes-Jewish Hospital in St. Louis. He performs open, laparoscopic and robotic colon surgery for indicated conditions of the colon and small bowel, such as Crohn's disease, ulcerative colitis, diverticulitis, colorectal and anal cancer and a variety of other conditions requiring surgical intervention. He also performs colonoscopies, when indicated.



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Andrew Buresh, MD
MEDICAL ONCOLOGY

Featured on the cover of *PHOENIX* magazine's 2013 Top Doctors issue, Dr. Buresh is skilled in all aspects of clinical oncology and hematology, with particular interest in prostate, lung, breast and gastrointestinal cancers, myelodysplasia, coagulation disorders, lymphoma and myeloma. He is board-certified in internal medicine, hematology and medical oncology, and graduated with distinction from University of Nebraska College of Medicine. He completed his residency at University of Arizona, and was chief fellow at Arizona Cancer Center in Tucson. Dr. Buresh provides a caring and compassionate experience for patients and their families. He has been published frequently, including in *The New England Journal of Medicine*. He is a recipient of *Phoenix Business Journal's* 2010 "40 under 40" business leader award, and was named a "Top Doc" by *PHOENIX* magazine in 2012, 2013, 2014, 2015 and 2016.

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Cancer Care Network

21803 N. Scottsdale Rd., Ste. 110
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Craig R. Cassidy, DO **OPHTHALMOLOGY**

Dr. Cassidy has been frequently listed as a "Top Doc" by *PHOENIX* magazine. He was profiled in *Southwest Airlines, The Magazine* among "The Best Eye Surgeons in America," December 2017. He was also profiled as one of "The Top Eye Surgeons in America," by *U.S. Airways Magazine*, and listed in *Forbes* magazine as one of the "Top Most Dependable Laser Eye Surgeons in the U.S.," by Goldline Research. Dr. Cassidy has performed more than 45,000 micro-surgical procedures. He specializes in all laser LASIK, Kamra Inlay for near vision, ICL and laser assisted cataract surgery. He utilizes advanced technology lens implants, including the next generation Symphony lens. Dr. Cassidy is a past chief of staff at John C. Lincoln – Deer Valley Hospital and the recipient of numerous awards and recognitions in education and leadership both locally and nationally.



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arizonalasik.com | arizonacataract.com



Doo-Sang Cho, MD **GASTROENTEROLOGY**

Dr. Cho came to Mesa in 1986 and founded Digestive Disease Consultants, which later merged with Arizona Digestive Health. He attended medical school at the University of Toronto and then completed his internship in internal medicine at Toronto Western Medical Hospital. In 1980, Dr. Cho completed his residency at the University of Ottawa. He was a senior resident at the Medical College of Ohio and, in 1984, finished his gastroenterology and hepatology fellowship at the Medical College of Wisconsin. Dr. Cho is very skilled in gastrointestinal endoscopy including performance of therapeutic ERCP and wireless capsule endoscopy.



ARIZONA DIGESTIVE HEALTH

6020 E. Arbor Ave., Ste. 101
Mesa | (480) 985-1700
arizonadigestivehealth.com



David Cho, MD **HEMATOLOGY/MEDICAL ONCOLOGY**

Dr. David Cho specializes in hematology and medical oncology. He received a Bachelor of Arts and Sciences from The Johns Hopkins University. After college, Dr. Cho worked as a research fellow at the National Institutes of Health. He attended Ross University School of Medicine, graduating with highest honors. Dr. Cho completed both his internal medicine residency and hematology/oncology fellowship at Drexel University/Hahnemann University Hospital in Philadelphia. Dr. Cho is board certified in internal medicine, medical oncology and hematology. He is a member of the American Society of Clinical Oncology and American Society of Hematology. In his free time, Dr. Cho enjoys spending time with his family and traveling.

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3501 N. Scottsdale Road, Suite 300
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Parag Chokshi, MD
GASTROENTEROLOGY

Board certified in gastroenterology, Dr. Chokshi has practiced in the Northwest Valley since 2004. He earned his undergraduate degree with distinction at Cornell University and attended medical school at New York University. Dr. Chokshi completed his internal medicine residency at Montefiore Medical Center/Albert Einstein School of Medicine, and specialized training in gastroenterology and hepatology at University of Texas at Houston/M.D. Anderson Cancer Center. He is actively engaged in many community and professional leadership roles and currently is a consultant for the Arizona State Medical Board and medical director of the Sun City Endoscopy Center. He continues to serve as president of the Valley Academy School Board and is a proud husband and father of two sons now attending George Washington University and University of Arizona. His specialties include inflammatory bowel disease, gastroesophageal reflux disease, functional or irritable bowel disorder, and chronic liver disease.



ARIZONA DIGESTIVE HEALTH
13640 N. 99th Ave., Ste. 600
Sun City | (623) 972-2116
arizonadigestivehealth.com



Patricia Clark, MD,
FACS
BREAST SURGERY

In July 2016, Dr. Patricia Clark joined Ironwood Cancer & Research Centers. She is a nationally recognized leader and teacher in the treatment of breast cancer and oncoplastic surgery. Oncoplastic surgery combines surgical oncology with modifications of plastic surgery techniques, such as breast reduction and mastopexy, to remove breast cancer in a way that minimizes deformities, improves cosmetic outcome, and reduces the need for mastectomy. A frequent lecturer at national conferences, she also is active in policy as a member of the American Society of Breast Surgeons' Oncoplastic Working Group. Dr. Clark coordinates care within a comprehensive, multidisciplinary team and is board certified in general surgery.



Ironwood Women's Centers
Ironwood Cancer & Research Centers

IRONWOOD CANCER AND RESEARCH CENTERS

8880 E. Desert Cove Ave. | Scottsdale
(480) 324-5252 | ironwoodcrc.com



Joshua D. Cohen, MD,
FACC, FSCAI, RPVI
CARDIOVASCULAR DISEASE

Dr. Cohen is a fellow of the American College of Cardiology and the Society of Cardiovascular Angiography and Interventions. He has a total of eight board certifications, including cardiovascular disease, nuclear cardiology, echocardiography, vascular medicine, cardiac CTA, endovascular medicine, interventional cardiology and internal medicine. Dr. Cohen earned his medical degree and completed his residency as well as general and interventional cardiology fellowship at the University of California, San Francisco. He received his undergraduate degree with distinction from Stanford University. Dr. Cohen is the medical director of Tri-City Cardiology's nationally accredited vascular laboratory and is a registered physician in vascular interpretation. He is Chairman of Cardiology at Banner Desert Medical Center and an expert in peripheral vascular and venous disease treatment.



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**Robert Cohen, MD,
FACS**
PLASTIC SURGERY

Dr. Cohen is an Ivy League-trained plastic surgeon who is board certified by the American Board of Plastic Surgery. After more than a decade of private practice in Paradise Valley, Dr. Cohen is the surgeon to see for aesthetic surgery of the breast and body due to his beautiful and natural results, attention to detail, and focus on safety and quality. Having been recognized for his work in complex aesthetic breast surgery and body contouring, Dr. Cohen routinely teaches his techniques at meetings across the country and internationally, and he has published many articles and book chapters on aesthetic plastic surgery topics. Dr. Cohen has also been featured in multiple television and radio segments as well as magazine articles regarding his achievements in plastic surgery. In addition to aesthetic surgery performed by Dr. Cohen, his office also offers many non-surgical, aesthetic treatments including CoolSculpting, injectables, laser treatments, vaginal rejuvenation, hair restoration and a full array of skincare treatments.

**SCOTTSDALE CENTER FOR PLASTIC
SURGERY**

5410 N. Scottsdale Rd., Ste 500
Paradise Valley
(480) 423-1973 | robertcohenmd.com



Andrew K. Collins, MD
GASTROENTEROLOGY

Dr. Collins received his medical degree from Creighton University in 1990, where he also completed his internship and internal medicine residency. He came to Arizona for his fellowship in gastroenterology at Good Samaritan Medical Center/Carl Hayden Phoenix VA Hospital and finished his training in 1995. Dr. Collins is board certified in gastroenterology and has extensive training in gastrointestinal and liver diseases. His interests include gastroesophageal reflux disease (GERD), esophageal motility disorders and chronic liver disease. Dr. Collins performs upper and lower endoscopy, including performance of therapeutic ERCP and wireless capsule endoscopy, as well as breath testing for bacterial overgrowth, hemorrhoid banding, esophageal manometry and pH studies.



ARIZONA DIGESTIVE HEALTH

6020 E. Arbor Ave., Ste. 101
Mesa | (480) 985-1700
arizonadigestivehealth.com



Kimberli S. Cox, MD
BREAST SURGERY

As one of the first fellowship-trained breast surgeons in the Valley, Dr. Cox has dedicated her practice to helping women and men with breast-related concerns. In addition to her compassionate and comforting manner, she has been instrumental in bringing new innovations to her patients, including intra-operative sentinel lymph node injections and oncoplastic surgery. She also was the first surgeon in the community to utilize radioactive seed localization for non-palpable breast lesions. Dr. Cox completed a general surgery residency at Pennsylvania State University and a breast surgical oncology fellowship at UMDNJ/The Cancer Institute of New Jersey. A member of the American College of Surgeons, American Society of Breast Surgeons and American Society of Breast Disease, Dr. Cox also served on the educational committee of the Society of Surgical Oncology. She enjoys teaching as adjunct faculty for Midwestern University College of Medicine.



**COMPREHENSIVE BREAST
CENTER OF ARIZONA**

9179 W. Thunderbird Rd., Ste. 103
Peoria | (602) 374-3440
azbreastcenter.com



**H. Randall Craig, MD,
FACOG**

**INFERTILITY/REPRODUCTIVE
ENDOCRINOLOGY**

Dr. Craig has helped thousands of couples achieve pregnancy since founding the Fertility Treatment Center in 1990. He has been recognized as a "Top Doc" in *PHOENIX* magazine every year since 1995, and is the Arizona fertility specialist named the "Top Doc" in Consumers' Guide to Top Doctors. Dr. Craig has promoted the most recent advances in fertility therapy on Discovery Health, *Redbook* magazine, "Sonoran Living," and other television programs. Dr. Craig offers low-cost or no-cost research IVF to qualified patients, and Donor Embryo Transfer as a low-cost alternative to adoption. Dr. Craig is board certified in reproductive endocrinology and infertility, and is an associate clinical professor at the University of Arizona, School of Medicine. He is past president of the Phoenix OB/GYN Society. With five InVitro Fertilization children of his own, he is personally aware of the needs and concerns of fertility patients.



FERTILITY TREATMENT CENTER

2155 E. Conference Dr., Ste. 115
Tempe | (480) 831-2445
fertilitytreatmentcenter.com



**Brendan Curley, DO,
MPH**

MEDICAL ONCOLOGIST/HEMATOLOGIST

Dr. Curley is a board-certified, fellowship-trained medical oncologist & hematologist. His clinical interests include breast, lung, colon and prostate cancer, and he has a strong background in benign and malignant disorders. Dr. Curley is a nationally renowned expert in the implementation and delivery of quality care. He has presented at national American Society of Clinical Oncology (ASCO) meetings, and has been recognized nationally multiple times for his research. He is also an internationally recognized speaker and has authored articles in multiple prestigious journals. Dr. Curley values patient communication and understanding. He strives to have patients leave the room with an improved understanding of their disease and all of their treatment options. Dr. Curley completed his fellowship training at West Virginia University, internal medicine training at Drexel University College of Medicine, and medical school at Lake Erie College of Osteopathic Medicine.

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**Sumer Daiza, MD,
FACS**

PLASTIC SURGERY

Dr. Daiza is the only double board-certified female plastic surgeon in the Valley who has advanced fellowship training in cosmetic surgery of the breast, face and body. In addition to her skilled hands, Dr. Daiza has a very warm and caring bedside manner. Dedicated to providing personalized patient care in a comfortable environment, she uses the most advanced surgical techniques to obtain natural results. Dr. Daiza specializes in mommy makeovers and she does all injections (BOTOX, Dysport, Restylane and Juvederm) for her patients. Dr. Daiza attended the University of Arizona College of Medicine. She completed a general surgery residency at Good Samaritan Medical Center, plastic surgery residency at UNC Chapel Hill and an advanced cosmetic surgery fellowship at Charlotte Plastic Surgery. She is certified by the American Board of Surgery and American Board of Plastic Surgery, and a member of the American Society of Plastic Surgeons and American Society for Aesthetic Plastic Surgery. She has been named a "Top Doc" in *PHOENIX* magazine on multiple occasions.



**PLASTIC SURGERY
CENTER OF SCOTTSDALE**

18325 N. Allied Way., Ste. 110
Scottsdale | (480) 585-0011
drdaiza.com



Vibhooti H. Dave, DO

PHYSICAL MEDICINE & REHABILITATION & PAIN MANAGEMENT

Board certified in physical medicine and rehabilitation, as well as electrodiagnostic medicine, Dr. Dave also is a board-certified independent medical examiner. She specializes in the treatment of non-operative disorders of the spine and musculoskeletal system. She utilizes a non-surgical approach that includes physical therapy, medications and injections to treat each patient's specific problem. Dr. Dave completed her residency at The Ohio State after attending the University of Michigan and Pikeville College School of Osteopathic Medicine. She is a member of the American Academy of Physical Medicine and Rehabilitation, American Osteopathic Association, American Board of Independent Medical Examiners and American Academy of Neuromuscular and Electrodiagnostic Medicine. Dr. Dave is a pain management physician with the Valley's premier multidisciplinary spine care team.



SPINE INSTITUTE OF ARIZONA

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(602) 953-9500 | spineaz.com



John DeBarros, MD, FACS, FASMBS

BARIATRIC SURGERY

Dr. DeBarros is a partner and lead surgeon at Weight Loss Institute of Arizona. Board certified by the American Board of Surgery, he is a fellow of the American College of Surgeons, and American Society for Metabolic and Bariatric Surgery. He is a member of the American College of Surgeons, Society of Laparoendoscopic Surgeons, and American Society for Metabolic and Bariatric Surgery. Dr. DeBarros completed his education and surgical residency at the University of Connecticut, and a fellowship in colorectal surgery at the Cleveland Clinic in Florida. Dr. DeBarros is also former chief of bariatric surgery and general surgery at Surgical Hospital of Phoenix, and is currently chief of bariatric surgery at Tempe St. Luke's Hospital and East Valley Surgery Center. He was named a "Top Doc" by *PHOENIX* magazine. Dr. DeBarros is committed to the health and well-being of his patients through a team approach that includes weight-loss surgery, diet, exercise psychological and educational support. Dr. DeBarros believes "the goal of weight loss surgery is success, not just surgery, and that individualized patient care is of paramount importance."



WEIGHT LOSS INSTITUTE OF ARIZONA

1855 E. Southern Ave.
Tempe | (480) 829-6100
info@wliaz.com | wliaz.com



Michael J. Depenbusch, MD

OPHTHALMOLOGY

A board-certified ophthalmologist, Dr. Depenbusch utilizes the most recent surgical techniques for cataract, glaucoma and refractive surgery. He developed and promotes low impact cataract surgery and taught his techniques around the United States, Europe and Mexico. He is certified to use the most advanced implants for surgery, including premium accommodative, multifocal and telescopic implants. In addition to being an accomplished cataract surgeon, he treats comprehensive eye problems and improves eyelids for functional and cosmetic reasons. He is active with innovative research investigations including surgical instruments and does more anterior segment research of any physician in the valley. Dr. Depenbusch is a graduate of the world-renowned New York Eye and Ear Infirmary, and has been in private practice for 22 years. Endorsed by the Consumers' Research Council of America as one of the nation's "Top Ophthalmologist," he is on staff at several Valley hospitals. For his patients' convenience, he added a Paradise Valley location to his long-standing Chandler office.

ARIZONA EYE CENTER

1500 W. Ray Rd. | Chandler
12450 N. 32nd St. | Paradise Valley
(480) 963-3881 | azeeyecenter.com



Ian B. DeRoock, MD
MEDICAL ONCOLOGY & HEMATOLOGY

In 2009, Dr. DeRoock joined Ironwood Cancer & Research Centers after completing a fellowship in hematology and oncology at the University of California at Davis. He is a first generation American of Panamanian and Dutch descent, and is fluent in both English and Spanish. Dr. DeRoock earned his medical degree at the University of Arizona and is board certified in hematology and medical oncology. He has been active in developing clinical trials for pancreatic cancer and lymphoma, having presented research findings at several international meetings. Dr. DeRoock is part of the leadership of the Arizona Clinical Oncology Society. He specializes in all adult cancers with a focus in pancreatic and hematologic malignancies.



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Cheri Dersam, MD
INTEGRATIVE MEDICINE

Dr. Cheri Dersam is a rare MD who is fellowship trained in functional medicine and board certified in integrative medicine. As a concierge physician, she focuses on a personalized approach that empowers each patient to achieve optimal health in mind, body and spirit. She utilizes cutting-edge testing to find root causes and assess nutritional, hormonal and genetic predisposition to disease. Dr. Dersam practiced emergency and urgent care medicine and served as staff physician at the University of Arizona Integrative Health Center in Phoenix, which was established by Andrew Weil. She provides patients with the best of both worlds, the knowledge in traditional medicine combined with expert integrative medicine application.



INTEGRATIVE MEDICINE CLINIC OF ARIZONA

3295 N. Drinkwater Blvd., Suite 3
Scottsdale | (480) 766-3586
integrativemedicineaz.com



Neel Dharia, MD
MEDICAL ONCOLOGY

In January 2012, Dr. Neel Dharia joined Ironwood Cancer & Research Centers. In 1999, Dr. Dharia received his medical degree from Mumbai University, Mahatma Gandhi Missions Medical College. He completed his residency in internal medicine at McLaren Regional Medical Center and Michigan State University College of Human Medicine in Flint, Michigan. From 2003-07, Dr. Dharia was a hospitalist at several Phoenix-area hospitals. From 2007-10, he completed a fellowship in hematology/oncology at St. Elizabeth's Medical Center (affiliated with Tufts University School of Medicine) in Boston. In 2010, he returned to Arizona and is board certified in medical oncology. Dr. Dharia's areas of interest include GI malignancy and lung cancers.



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Edward J. Dohring, MD **ORTHOPEDIC SPINE SURGERY**

A *PHOENIX* magazine "Top Doc" in 2010, 2011, 2012, 2013, 2014, 2015, 2016 and 2017, Dr. Dohring is the medical director of Arizona's best multidisciplinary spine care team - the Spine Institute of Arizona. He is a board-certified, fellowship-trained spine surgeon who graduated with honors from Yale Medical School. Dr. Dohring takes care of all cervical, thoracic and lumbar spine conditions, including scoliosis and spinal injuries. He is an internationally recognized leader in minimally invasive spine surgery, having helped invent and develop numerous minimally invasive surgical devices for medical companies worldwide. Dr. Dohring is the chairman of medical education for the North American Spine Society, the largest spine care organization in the world, with 10,000 spine care professionals. Dr. Dohring is a respected instructor and educator who teaches the newest techniques to other spine surgeons both nationally and internationally. Dr. Dohring's guiding philosophy for patient care is that every patient presents a unique situation and is deserving of the same respect and quality of care he would give to a member of his own family.



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(602) 953-9500 | spineaz.com



Patrick Donovan, MD **HEMATOLOGY/MEDICAL ONCOLOGY**

Specializing in medical oncology, hematology and internal medicine, Dr. Donovan joined Arizona Center for Cancer Care in 2013, when his team at Scottsdale Cancer Center partnered with the practice. He earned his Bachelor of Science degree from the University of Nebraska and completed medical school and a residency in internal medicine at the University of Nebraska Medical Center. He completed an internship in internal medicine at Michigan State University, and a fellowship at the University of California San Francisco in medical oncology and hematology. Dr. Donovan is certified by the American Board of Medical Oncology and American Board of Internal Medicine. He is a member of the American Medical Association, American College of Physicians, American Society of Internal Medicine, American Society of Clinical Oncology and Arizona Clinical Oncology Society, where he has served five terms as its President.

Dr. Donovan has special interests in breast cancer, lymphomas, melanoma and blood disorders. He has been listed in Top Docs for more than 20 years.

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Gary Eden, DO, FACOS **BREAST SURGERY**

Originally from western Pennsylvania, Dr. Eden earned a Bachelor of Science Degree from the University of Pittsburgh and a Doctor of Osteopathic Medicine Degree from the Philadelphia College of Osteopathic Medicine. In 1980, he traveled to Arizona with his wife Jill to begin his postgraduate training before completing a surgical residency at Phoenix General Hospital. Since 1985, Dr. Eden has been in private practice of general surgery in Mesa. He is board certified in general surgery and has earned the honor of Fellow, American College of Osteopathic Surgeons. In addition, Dr. Eden is a member of the American Society of Breast Surgeons. Throughout his career, Dr. Eden has maintained a special interest in the study, evaluation, and surgical management of breast disease. Therefore, with enthusiasm, in the summer of 2016, he joined the Ironwood Cancer and Research Centers team.



Ironwood Women's Centers
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Gregory T. Evangelista, MD

ORTHOPEDIC SURGERY

Dr. Evangelista was named a "Top Doc" by *PHOENIX* magazine in 2010, 2013, 2014, 2015, 2016 and 2017. He is a clinical assistant professor at the University of Arizona-Phoenix Medical School and is the chief of orthopedic surgery at Honor Healthcare-Osborn. Dr. Evangelista is an expert in minimally invasive surgery and the arthroscopic treatment of shoulder and knee injuries, which include tears of the rotator cuff, labrum, anterior cruciate ligament and meniscus. For patients with severe arthritis, fractures and other complex problems, he performs joint reconstructions and replacements of the shoulder, hip and knee. Board certified in orthopedic surgery, Dr. Evangelista graduated from New York University medical school, completed his residency at the Hospital for Joint Diseases in New York and is fellowship trained in arthroscopy, shoulder and knee surgery, and sports medicine.



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Monica G. Faria, MD, FASAM

ADDICTION PSYCHIATRY

As well as having a private practice, Dr. Faria is the President of the Arizona Chapter of the Society of Addiction Medicine (AzSAM) where she emphasizes prioritizing health and wellness in our community. She is board certified in both general adult and addiction psychiatry and is one of the few female physicians practicing locally in her field. She attended the University of Arizona College of Medicine, obtained her psychiatric training at Banner University Medical Center, and completed an Addiction Psychiatry Fellowship at UCLA. Dr. Faria is empathetic and highly skilled at treating individuals with substance use disorders and behavioral addictions such as gambling, sex, and eating disorders. She understands the prevalence of trauma, mood, and anxiety disorders in patients recovering from substance and/or behavioral addictions. She offers individuals both medication assisted treatment and personalized therapy to aid in recovery. She recognizes the unique mental healthcare needs of licensed professionals and currently works as the medical director for the Arizona Physician's Health Program (formerly Greenberg & Sucher, P.C.).



TERRA BEHAVIORAL HEALTH AND INTEGRATIVE CARE

8985 E. Bell Road | Scottsdale
P: (480) 990-3111 | F: 480-990-3114



John H. Faryna, MD

ORTHOPEDIC SPINE SURGERY

John Faryna, MD is a board-eligible, fellowship-trained orthopedic spine surgeon who specializes in minimally invasive techniques used to treat neurologic and arthritic spine diseases. His training began at the University of Florida where he graduated summa cum laude with a degree in microbiology and cell science. Dr. Faryna continued his medical school training there and was elected to the Alpha Omega Alpha honor medical society. He continued training in orthopedic surgery at the Mayo Clinic, Rochester, MN where he developed his passion for treating spine diseases. Dr. Faryna completed his spine fellowship at the Spine Institute of Arizona. Dr. Faryna continues his commitment to placing the needs of the patient first at the Spine Institute of Arizona, working as part of the team dedicated to providing the Valley with exceptional, compassionate spine care. Dr. Faryna is a spine surgeon with the Valley's premier multidisciplinary spine care team.



SPINE INSTITUTE OF ARIZONA

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(602) 953-9500 | spineaz.com



Amon T. Ferry, MD

SPORTS MEDICINE & SHOULDER SPECIALIST

Dr. Amon T. Ferry is a fellowship-trained orthopedic surgeon with extensive training in arthroscopic surgery of the knee and shoulder. He utilizes a shared decision-making model with patients, thoroughly discussing diagnosis and exploring various treatment options. Dr. Ferry is trained in cutting-edge, minimally invasive techniques and specializes in arthroscopic procedures such as rotator cuff repair, knee ligament reconstruction, and cartilage restoration. He attended medical school at Rush Medical College in Chicago and completed his residency in orthopedic surgery at Rush University Medical Center. Dr. Ferry later completed fellowship training in sports medicine and shoulder surgery at Harvard Sports Medicine Service in Boston where he also worked with the New England Patriots, Boston Red Sox, and Boston Bruins. Dr. Ferry currently works with the Arizona Coyotes and Arizona Diamondbacks, as well as the Seattle Mariners. He is very active in research and has been published in orthopedic journals and textbooks. Dr. Ferry is a member of numerous medical organizations.



ARIZONA SPORTS MEDICINE CENTER
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orthoarizona.org



Justin S. Field, MD

ORTHOPEDIC SPINE SURGERY

Dr. Field is honored to be the surgeon other doctors and healthcare providers often choose for their own care. He is a board-certified, fellowship-trained orthopedic spine surgeon. Recipient of the Patient's Choice "Most Compassionate Doctor" award, he strives to help patients lead dynamic and productive lives. Dr. Field treats the full-spectrum of degenerative and traumatic spinal conditions in the cervical, thoracic and lumbar spine. He specializes in minimally invasive spine surgery and motion sparing technologies, such as cervical and lumbar artificial disc replacement, as well as non-fusion stabilization. He also has extensive experience in adult deformity correction and treatment. Dr. Field earned his medical degree from Tulane University, did his surgical internship and residency at Duke University, and did his spine surgery fellowship at The Spine Institute in Santa Monica, CA. He is involved in many FDA clinical trials and has developed new state-of-the-art spine surgery instrumentation. Dr. Field is committed to innovative non-surgical and surgical lifelong care.



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Thomas Fishler, MD

ORTHOPEDIC TRAUMA

Dr. Fishler graduated from the Yale Orthopedic Surgery Residency and subsequently pursued fellowship training in orthopedic trauma at Harborview Medical Center in Seattle, the birth place of the orthopedic trauma subspecialty and the only Level I Trauma Center for five states in the Northwest. Harborview provided Dr. Fishler with unparalleled experience in treating the most high-energy and challenging injuries to the musculoskeletal system. Dr. Fishler's interests include high-energy periarticular fractures, pelvic/acetabular fractures, complications arising from trauma and its treatment, including nonunion, malunion and arthritis, as well as anterior total hip arthroplasty. In his spare time, Dr. Fishler enjoys fitness, music, style, fine cuisine and wine, racing, and spending time with his young daughter.



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sonoranorthotrauma.com
sonoranhipcenter.com



**Patti Flint, MD,
FACS, PC**
PLASTIC SURGERY

Dr. Flint is a board-certified plastic surgeon in practice for 21 years. She provides plastic surgery from a woman's perspective and prefers natural appearing results. Her core belief regarding aesthetic medicine and cosmetic surgery is that beauty is balance. She is uniquely positioned to help you determine the best combination of non-invasive treatments and surgery to achieve the results you desire. Dr. Flint personally performs face, breast, and body surgery as well as Botox and filler treatments, design of medical grade skin care regimens, and peels. In 2015, she founded the Dr. Patti Flint Women in Science Scholarship. She designed and built Scottsdale McCormick Ranch Surgicenter in 2016. Dr. Flint is board certified by the American Board of Plastic Surgery, a member of ASPS, ASAPS and holds a Certificate of Advanced Education in Cosmetic Surgery. Dr. Flint graduated from UC Davis and Baylor College of Medicine. She completed residency at UT Houston and MD Anderson Cancer Center. She has been named a Top Doc in *PHOENIX* magazine 10 times and repeatedly voted Best Plastic Surgeon in "Best of the Valley."



PATTI FLINT, MD, FACS, PC
8129 N. 87th Pl. #200
Scottsdale | (480) 264-0060
pattiflintmd.com



Eric Foltz, MD
NEUROLOGY

Dr. Eric Foltz obtained his Bachelor of Science from the University of Arizona and his Medical Doctorate from Wake Forest University School of Medicine in North Carolina. He returned to Tucson to complete his neurology residency and epilepsy fellowship at the UofA. He is board certified in neurology. Dr. Foltz practices general neurology and has a special interest in epilepsy while seeing patients ages 13 and older. He strives to work as a partner with his patients to reach the best health and wellness outcomes possible. Dr. Foltz is married to Lea Foltz and together they have three wonderful children. He enjoys golf, hiking and traveling.



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**Ariel Forstner-Barthell,
MD**
COLON/RECTAL SURGERY

A board-certified colon and rectal surgeon who trained at Mayo Clinic Scottsdale and the Colon and Rectal Clinic of Orlando, Dr. Forstner-Barthell delivers the latest surgical approaches for colon and rectal problems in a compassionate manner. She pioneered a minimally invasive approach to resection of rectal cancer, and founded the Colon & Rectal Center of Arizona, which last year added a new partner, Dr. Taffy Makarawo, to better accommodate the growing practice. Dr. Forstner-Barthell specializes in laparoscopic and robotic surgical approaches to diverticulitis, ulcerative colitis/Crohn's disease and colon and rectal cancer; as well as screening colonoscopies and treatment for benign anorectal disease, including hemorrhoids, fissure, fistulas, incontinence, rectocele, rectal prolapse and constipation. She is a fellow of the American College of Surgeons and American Society of Colon and Rectal Surgeons.



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Douglas Freedberg, MD
**ORTHOPEDIC SURGERY
 & SPORTS MEDICINE**

Dr. Doug Freedberg is a board-certified orthopedic surgeon (with sports medicine subspecialty certification) specializing in knee and shoulder arthroscopy, ACL reconstruction, sports medicine, golf injuries, injuries to the throwing athlete as well as total knee arthroplasty. He followed his orthopedic residency at the Hospital for Special Surgery in NY, the #1 ranked orthopedic program in the country, with a sports medicine fellowship with world renowned Dr. James Andrews. He is a team orthopedic surgeon for the Arizona Cardinals (10th year) and is beginning his 19th year as a consultant with the Oakland Athletics. Dr. Freedberg also works with EXOS, formerly Athletes' Performance, arguably the country's elite training center for athletes of all sports. You can get the same top notch care as the pros do. At OrthoArizona/Arizona Sports Medicine Center, where all patients are treated like pros.



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Paul R. Gause, MD
ORTHOPEDIC SPINE SURGERY

Dr. Gause is a board-certified and fellowship-trained orthopedic spine surgeon with the Spine Institute of Arizona, the only comprehensive, multidisciplinary spine care center in the Valley. Providing both surgical and non-surgical care for all disorders of the cervical, thoracic and lumbar spine, Dr. Gause is an expert in minimally invasive surgery and spinal deformity and uses a broad spectrum of techniques to return his patients to an active lifestyle. After attending Brophy Prep and the University of Arizona, Dr. Gause earned his medical degree from UCLA School of Medicine and completed an orthopedic surgery residency at the University of Pittsburgh and a spine surgery fellowship at Case Western Reserve University. He has authored numerous scientific articles and is a nationally recognized spine instructor for medical students, fellows and other surgeons. Dr. Gause is a spine surgeon with the Valley's premier multidisciplinary spine care team.



SPINE INSTITUTE OF ARIZONA

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Bryan W. Gawley, MD
PLASTIC SURGERY

Board certified by the American Board of Plastic Surgeons, Dr. Gawley specializes in cosmetic and reconstructive surgery of the breast, body and face. He completed a five-year accredited plastic surgery residency at the University of Texas-Galveston and is former chief of plastic surgery at the HonorHealth Scottsdale Shea Medical Center. Patients receive outstanding care with the latest surgical techniques. An elegant experience is provided at his surgery center, one of the only Medicare and AAASF accredited centers specializing in breast reconstruction and plastic surgery.

MDSkin, his advanced clinical spa, provides quality skin care and state-of-the-art, non-invasive facial and body procedures. With two locations, the newest facility has two concepts in one luxurious location. MDSkin Lounge offers current injectables, laser treatments, Silhouette Instalift, Ultherapy, CoolSculpting, FemTouch and more. Going beyond the traditional facial, MDSkin Bar offers custom infusion-style facials and peels. MDSkin is Arizona's premiere destination for comprehensive skin care solutions and wellness.



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Sanjeev Gopal, MD

HEMATOLOGY AND MEDICAL ONCOLOGY

Dr. Sanjeev Gopal specializes in hematology and medical oncology and is board certified in internal medicine and medical oncology. He works at Arizona Center for Cancer Care and practices primarily in the East Valley. Dr. Gopal attended All India Institute of Medical Sciences, a premier medical school. He completed his internal medicine residency from State University of New York, Brooklyn and fellowships in medical oncology and bone marrow transplant from University of Texas Medical Branch at Galveston. He then moved to India for four years to gain experience working in an underserved community. Dr. Gopal has been published in peer-reviewed journals and books. He has received numerous awards in India for his service to his patients and the medical community. Dr. Gopal is a member of American Society of Clinical Oncology. He enjoys photography and traveling.

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Michael Gordon, MD

ONCOLOGY

A board-certified specialist in medical oncology at Virginia G. Piper Cancer Care Network, and medical director of the HonorHealth Research Institute Clinical Trials Program, Dr. Gordon oversees a research-based oncology program. His clinical focus is the management of advanced cancers including; kidney, melanoma, ovarian, urologic and gastrointestinal tumors. Dr. Gordon also works on the development of new cancer therapies that affect angiogenesis (a tumor's blood vessel supply), in addition to the development of new therapeutic strategies for patients through the use of novel, molecularly targeted medications. As a medical oncologist, Dr. Gordon uses clinical trials aimed at improving clinical outcomes as a way of providing patients with the cutting edge of innovative cancer care. Dr. Gordon values the opportunity to provide greater accessibility to new treatments for patients throughout the Phoenix area.

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Gregory M. Grant, MD,

FAAOS

ORTHOPAEDIC SURGERY

A native Phoenician, Dr. Grant is a board-certified orthopaedic surgeon and fellow of the American Academy of Orthopaedic Surgeons specializing in adult and pediatric fracture care and joint reconstruction. A graduate of the University of Cambridge (Gonville & Caius College), United Kingdom, and Tulane University School of Medicine, he returned to Phoenix to complete his residency in orthopaedic surgery at Maricopa Medical Center. In 2003, Dr. Grant opened his private practice, Foothills Orthopaedic Specialists. In addition to devoting his time to his patients and practice, he is a founder of Photon Medical Communications which is transforming healthcare delivery in the U.S., the inventor of the Breg Aligner Phoenix Brace which is used to treat humerus fractures non-operatively and a founder and medical director of the new Spine Surgicenter, at Lincoln Drive and 32nd Street. Dr. Grant serves as chairman of orthopaedics at Scottsdale Healthcare Shea and vice-chief of staff at St. Luke's Medical Center - Phoenix and Tempe campuses.

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**Kassondra S.
Grzankowski, MD**
GYNECOLOGIC ONCOLOGY

Fellowship trained in gynecologic oncology, Dr. Grzankowski specializes in complex gynecologic surgery including da Vinci robotic techniques, radical vulvar surgery, and ovarian tumor debulking procedures. Dr. "G" along with Arizona Center for Cancer Care, provides comprehensive women's cancer care including surgery, chemotherapy, and radiation at multiple locations Valleywide. She is a recent graduate of the prestigious Roswell Park Cancer Institute's gynecologic oncology four-year fellowship, which is one of only 69 NCCN designated cancer centers. Dr. Grzankowski has lectured at the SGO-Society of Gynecologic Oncology national meeting and has more than 14 peer-reviewed published works. She graduated from the State University of New York at Buffalo for her medical degree and completed residency training at the University of Hawaii.

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**Sommer Gunia,
DO, FACOS**
BREAST SURGERY

Dr. Gunia is one of the few sub-specialty, fellowship-trained, breast surgical oncologists in Scottsdale and is committed to the evaluation and treatment of breast disease. She is dedicated to bringing the highest level of breast care to the Valley by incorporating her expertise in the newest technologies and advancements available for both the diagnosis and treatment of breast cancer. Her training included oncoplastic surgical technique, which combines the principles of cancer removal with optimal cosmetic results. After earning an undergraduate degree at Arizona State University, she obtained her medical degree from Kansas City University of Medicine and Biosciences. Dr. Gunia completed general surgery training through Ohio University, with additional training in breast surgical oncology at Akron General Medical Center in Ohio.



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Todd Gunzy, DPM
FOOT & ANKLE SPECIALIST

Dr. Todd Gunzy has specialized in reconstructive foot and ankle surgery since 1991. As part of OrthoArizona's top-rated Foot & Ankle Institute team, Dr. Gunzy is board certified by the American Board of Foot and Ankle Surgery and a fellow of the American College of Foot and Ankle Surgeons. To further the profession, he serves as an adjunct faculty member of The Podiatry Institute, lectures internationally, contributes to numerous publications and serves on numerous peer-appointed committees. In 1992, Dr. Gunzy founded the Small Steps Medical Mission Program to pursue his passion for providing surgical care to underprivileged children in Central America. He leads the team on its annual missions providing lower extremity surgery to those in critical need of care. Dr. Gunzy is a graduate of Temple University School of Podiatric Medicine, and functioned as chief resident in foot and ankle surgery at West Jersey Health Systems.

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Todd Haddon, DPM
FOOT & ANKLE SPECIALIST

Dr. Todd Haddon is a board-certified foot and ankle surgeon at OrthoArizona's Foot & Ankle Institute with more than 15 years of experience. He specializes in sports medicine, traumatic injuries, and complex adult and pediatric foot deformities. He works closely with patients to explore both surgical and non-surgical options in recommending the best course of treatment. As an expert in advanced medical technologies and innovation, Dr. Haddon performs a wide range of procedures and strives to provide patients with the most up-to-date treatment options so they can return to their work, sport, and daily activities as quickly as possible. He received his medical degree from the Scholl College of Podiatric Medicine in Chicago, Rosalind Franklin University and completed his residency at Emory Northlake Regional Medical Center in Atlanta. Dr. Haddon has been an invited public speaker nationally on multiple surgical procedures. He also devotes time annually for medical mission trips to El Salvador with the Healing the Children organization.

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Matthew Hansen, MD
SPORTS MEDICINE SPECIALIST

Dr. Matthew Hansen specializes in sports medicine surgical techniques and minimally invasive treatments, such as knee ligament reconstruction and surgery, hip arthroscopy, cartilage restoration procedures and elbow arthroscopy, including Tommy John reconstruction surgery. He also has vast expertise in shoulder repair and replacement procedures. Dr. Hansen treats all athletes, from recreational to professional. He serves as a medical director of the Dignity Health Sports Medicine program, where he and his team bring collegiate-level care to East Valley student-athletes. He received his doctorate in medicine from the University of Utah School of Medicine and was then selected to the Hospital for Special Surgery (Orthopedic Surgery Residency) in New York City. He interned at The New York-Presbyterian Weill Cornell Medical Center and completed fellowship training at Kerlan-Jobe Orthopedic Clinic in Los Angeles. While there, Dr. Hansen provided care for the Los Angeles Dodgers, Los Angeles Lakers, Los Angeles Angels and many other professional teams.

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Ronald J. Hauptman, MD
GASTROENTEROLOGY

Dr. Hauptman is board certified in gastroenterology. He completed his fellowship training at the University of California, Irvine. Dr. Hauptman was awarded Chief Resident of the Year at University of Arizona. His medical degree was earned at the Medical College of Wisconsin. Prior to medical school, Dr. Hauptman earned his bachelor's degree from Arizona State University. Dr. Hauptman was born and raised in Arizona and currently is practicing in the North Valley. He practices adult gastroenterology and hepatology. Procedures performed include EGD, colonoscopy, capsule endoscopy, ERCP, pH monitoring and therapeutic endoscopy.

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Michael Hayman, MD **SPORTS MEDICINE SPECIALIST**

Dr. Michael Hayman is a board-certified orthopedic surgeon specializing in sports injuries and trauma. Having experienced a career ending injury as a competitive soccer player, he understands the emotional and physical toll of overcoming an injury. He derives tremendous satisfaction in helping patients return to their normal level of function. Dr. Hayman received his medical degree from the School of Medicine & Biomedical Sciences at the State University of New York at Buffalo, where he was inducted into Alpha Omega Alpha, the medical honor society. He completed his residency at the State University of New York at Buffalo. Dr. Hayman also completed a sports medicine fellowship at New England Baptist Hospital, where he worked with the Boston Celtics. Dr. Hayman is well regarded by patients for his in-depth sports medicine and trauma expertise, which he delivers with a friendly and approachable style.

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MICHAEL HAYMAN, MD
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Karl B. Hiatt, MD, **FACS** **PLASTIC SURGERY**

Dr. Hiatt was educated at Duke University Medical School and received his training in plastic surgery and cosmetic surgery at the University of North Carolina, Chapel Hill. He then returned to the East Valley, where he specialized in cosmetic and reconstructive surgery of the breasts, tummy and face, as well as liposuction and lasers for skin tightening and hair reduction. Dr. Hiatt now offers a new technology in his office which eliminates underarm sweat and odor permanently called miraDry. Dr. Hiatt is certified by the American Board of Plastic Surgery and is a member of several societies, including the American Society of Aesthetic Plastic Surgery. He is on the staff of the East Valley Banner hospitals. He was named by physicians as a top choice for "their own plastic surgeon" by a CBS news survey, and as a "Top Doc" in *PHOENIX* magazine many times. Dr. Hiatt is a recipient of the prestigious Patient's Choice award.

KARL B. HIATT, MD, FACS
4540 E. Baseline Rd., Ste. 117
Mesa | (480) 844-1410
drhiatt.com



Destin Hill, MD **SPORTS MEDICINE**

Dr. Hill is a sports medicine physician who specializes in the care of patients and athletes of all ages. He completed his family medicine residency at Mayo Clinic Scottsdale. He then completed his sports medicine fellowship at the prestigious American Sports Medicine Institute under Dr. James Andrews. Board certified in sports medicine and family medicine, Dr. Hill is a team physician for the Arizona Cardinals and Arizona Diamondbacks. He is also a team consultant with the Arizona Coyotes, Colorado Rockies, Chicago Cubs, San Francisco Giants, Oakland A's, and Pittsburgh Pirates. He served as the Phoenix medical director for the Copa America Centenario and CONCACAF Gold Cup soccer tournaments. His areas of expertise include athletic injuries, ultrasound guided injections, diagnostic ultrasound, cortisone injections, regenerative medicine (platelet-rich plasma, PRP; stem cell injections), the Tenex procedure and frozen shoulder. His primary goal is to get each patient "back in the game" as quickly and safely as possible.

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Emily Ho, MD, MS
BREAST SURGICAL ONCOLOGY

Dr. Emily Ho is a fellowship-trained breast surgical oncologist, who treats both benign and malignant breast diseases. She completed her Society of Surgical Oncology Breast Oncology Fellowship at the John Wayne Cancer Institute in Santa Monica, CA. During fellowship, she also trained at the University of California, Los Angeles. Dr. Ho conducted cutting-edge clinical research while performing innovative surgeries including: oncoplastic breast surgery, skin and nipple sparing mastectomies, arm port placement for chemotherapy, cryoablation, and intraoperative radiation therapy. She is an active member of the American Society of Breast Surgeons, the Society of Surgical Oncology, the American College of Surgeons, and the TARGIT Collaborative Group.



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Todd Hobgood, MD
FACIAL PLASTIC SURGERY

Dr. Hobgood is a double board-certified facial plastic surgeon with specialization in revision rhinoplasty, facial cosmetic surgery and skin care. Dr. Hobgood has previously been awarded the Top Facial Plastic Surgeon designation by his peers in *PHOENIX* magazine's Top Doctor's Issue. After graduating first in his class from The Ohio State University College of Medicine, Dr. Hobgood was awarded additional fellowship training focused solely on facial cosmetic surgery. He holds five seats on national committees of the American Board of Facial Plastic and Reconstructive Surgery and has been published in several peer-reviewed journals. Dr. Hobgood currently serves as a medical consultant for a number of national corporations, lecturing and training physicians on advanced facial rejuvenation techniques throughout the country.



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Susan L. Iorio, MD
DERMATOLOGY

Dr. Iorio is a board-certified dermatologist. She works at Allergy and Dermatology Specialists with offices conveniently located in Phoenix and Surprise. Her medical interests include medical and surgical dermatology with a special interest in skin cancer treatment. Dr. Iorio earned a Bachelor of Science degree from Lafayette College and her medical degree from Tulane University School of Medicine. She also has a master's degree in tropical medicine from Tulane. She completed her medical internship at Mercy Hospital in Pittsburgh and then returned to New Orleans to complete her dermatology specialty training. During this time, she served as chief resident and completed a dermatology clinical research fellowship. Dr. Iorio was recognized as a "Top Doc" in 2009 and 2010 by *PHOENIX* magazine.



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Anjali Iyengar, MD

MEDICAL ONCOLOGY

Since 2009, Dr. Iyengar has been an experienced and dedicated physician at Arizona Center for Cancer Care, with special interests in the care and treatment of breast cancer and other malignancies. She believes in treating her patients with compassion while using the latest in personalized medicine. Dr. Iyengar completed her Hematology and Oncology Fellowship at UT Southwestern Medical Center (UTSW) while also serving as a Chief Fellow. She later served as assistant professor at UTSW and VA Medical Center in Dallas, where she was active in clinical research and teaching. Dr. Iyengar completed her internal medicine residency at UT Medical Branch (UTMB) in Galveston. Dr. Iyengar graduated at the top of her class at Dr. D.Y. Patil Medical College in Kolhapur, India and is a member of the American Society of Clinical Oncology (ASCO). She has been featured on local TV channel ABC15 and other radio programs discussing cancer care and treatments. She enjoys travel and spending time with her family.

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Vivek Iyer, MD

PAIN MANAGEMENT

Dr. Iyer has a Bachelor of Science degree in molecular genetics from The Ohio State University, completed his Doctor of Medicine at the University of Cincinnati's College of Medicine, a residency in anesthesiology and a fellowship in pain medicine at the University of North Carolina. In 2015, *Cincinnati Magazine* named Dr. Iyer one of Cincinnati's Top Doctors in pain management. He joined Cancer Treatment Centers of America (CTCA) in March 2015. Dr. Iyer is board certified in anesthesiology and pain medicine by the American Board of Anesthesiology. He specializes in procedures that manage surgery-related and cancer-related pain, with the goal of reducing opioid use.



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Jessica Juntunen, MD

SPORTS MEDICINE

Dr. Jessica Juntunen is a sports medicine physician who specializes in non-operative orthopedic care for athletes and individuals of nearly every age. Her goal is to safely return athletes to their sport and enable patients to continue enjoying the activities they love. Dr. Juntunen's expertise includes fractures, osteoarthritis, chronic and acute overuse injuries, strains, sprains, bursitis, stress fractures and tendinopathies. After completing her medical degree at the University of Oklahoma School of Medicine, she continued her training with a residency in family medicine at Scottsdale Healthcare, serving as chief resident her final year. Dr. Juntunen completed a sports medicine fellowship at the Andrews Sports Medicine & Orthopaedic Center in Birmingham, AL, where she served as team physician for Samford University and provided medical coverage for the Birmingham Barons, Birmingham Southern University, Birmingham Mercedes Marathon and Alabama Ballet. She currently serves as assistant team physician for the Arizona Rattlers arena football team and as a team physician for Arcadia High School. Dr. Juntunen is also returning for her second year as medical director for the EPIC 5Ultra Triathlon in Hawaii.



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**Lynn Juracek, MD,
FACS**
DERMATOLOGY MOHS SURGERY

A graduate of the University of Nebraska Medical Center, Dr. Juracek is board certified in both surgery and dermatology. He specializes in the treatment of skin cancer and reconstructions, including Mohs surgical excisions. Dr. Juracek completed his surgery residency at Alton Oschner Medical Center in New Orleans, and his dermatology residency at the University of Oklahoma Medical Center. He is a fellow of the American Academy of Dermatology and the American College of Surgeons; a Diplomate of the American Boards of Dermatology and Surgery; and a member of the American Society of Dermatologic Surgery, The International Society of Dermatology, The International Society of Dermatologic Surgery and the American Society of Mohs Surgery. Dr. Juracek is also the past chairman of two departments of surgery and has been a co-investigator on more than 15 cosmetic studies.



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Jas Kahlon, MD, FACC
**INTERVENTIONAL CARDIOLOGY AND
STRUCTURAL HEART DISEASE**

Dr. Kahlon is board certified in cardiovascular medicine, nuclear cardiology, echocardiography and interventional cardiology. He completed his fellowship in interventional cardiology at Emory University in Atlanta, Georgia. Dr. Kahlon has served as chairman of cardiology at Banner Desert Medical Center and chairman of medicine at Banner Heart Hospital. He is a past director of the cardiac catheterization laboratory at Banner Heart Hospital and currently serves as president of the medical staff at Banner Heart Hospital. Dr. Kahlon's clinical focus is on minimally invasive treatment of coronary artery disease, peripheral vascular disease and percutaneous aortic valve replacement. He specializes in ablation and other minimally invasive therapy of varicose veins and venous reflux disease. Dr. Kahlon is committed to providing comprehensive cardiac and vascular care, integrating the most recent medical advances.



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Steven R. Kassman, MD
ORTHOPEDICS

Dr. Kassman is certified by the American Board of Orthopaedic Surgery. Areas of specialization include hip replacement, total and partial knee replacement, and shoulder and knee arthroscopy. He has significant experience providing destination orthopedic care. In the past several years, Dr. Kassman has performed more than 225 hip and knee replacements on over 200 patients who traveled from around the U.S., Alaska, Canada, Central/South America and Asia for his expertise. Dr. Kassman's practice also focuses on industrial injuries. He is a longtime orthopedic specialist consultant for a national company dedicated to industrial medicine. He received his undergraduate degree from Cornell University and his medical degree and orthopedic residency training from the State University of New York at Buffalo. He is a member of the American Association of Hip and Knee Surgeons and the Arthroscopy Association of North America. He has practiced in Phoenix since 1993.



STEVEN KASSMAN, MD

20325 N. 51st Ave., Bldg.4
Ste. 124 Glendale
(602) 795-6300 | orthoarizona.org



Giraldo Kato, MD
ONCOLOGY

Board certified in medical oncology, Dr. Kato has a special interest in breast cancer. He completed his residency in internal medicine at East Carolina University School of Medicine where he served as chief resident. He then completed a fellowship in both hematology and medical oncology at the Comprehensive Cancer Center of Wake Forest University in North Carolina. Using his skills to provide the highest quality care to afflicted patients, Dr. Kato coordinates the interdisciplinary breast cancer practice at Virginia G. Piper Cancer Care Network. Dr. Kato's research interests include new therapies for breast cancer, as well as for gastrointestinal and thoracic malignancies.

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Nilay Kavathia, MD
GASTROENTEROLOGY

Board certified in gastroenterology and internal medicine, Dr. Kavathia is a Phoenix native who returned home to practice in the Phoenix area. After completing a Bachelor's Degree in Sociology and a Masters of Philosophy in Ethics from Case Western University, he earned his medical degree from the University of Arizona. Dr. Kavathia completed his internal medicine residency with honors at Thomas Jefferson University Hospitals and pursued his gastroenterology fellowship at the Banner Good Samaritan/Phoenix VAMC program. Dr. Kavathia has a passion for treating GI and liver diseases, and is highly skilled in gastrointestinal endoscopy and colonoscopy procedures. He strives to provide up-to-date, evidenced-based care. He was honored by *PHOENIX* magazine as a "Top Doc" for the skilled, compassionate, and individualized care he provides to his patients. His patients appreciate the importance he places on the patient-doctor relationship.



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Sharon Keene, MD
HAIR RESTORATION SURGEON

A board-certified surgeon, Dr. Keene is recognized internationally for providing aesthetically natural results in hair restoration surgery. She regularly lectures, writes about, and demonstrates her state-of-the-art techniques at hair restoration conferences worldwide. This allows her to both share and learn new surgical techniques and medical treatments with other hair restoration specialists, so she can pass that on to patients and make recommendations based on what is proven to be effective. Dr. Keene is well known for her integrity, honest medical advice, and surgical skill with a hands on approach. She will never delegate your surgery to technicians. This ensures the most advanced hair restoration surgery available anywhere. Services available: Follicular Unit Grafting using all methods of donor harvesting to restore hair anywhere on your head, eyebrows, mustache and beard, as well as fill in scalp scars from other types of surgery (i.e. face lifts), trauma, or hair loss caused by chemical burns. We are now also offering Scalp Micropigmentation and platelet rich plasma. Call today to learn more.



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Timothy Kelsch, MD
OTOLARYNGOLOGY

Dr. Kelsch is a board-certified otolaryngologist – head and neck surgeon – specializing in chronic sinusitis, salivary gland disease, vocal cord disorders, sleep apnea and thyroid surgery, as well as head and neck cancer. After graduating from New York Medical College with honors, he trained in Seattle with pioneering otolaryngologists at the University of Washington and Madigan Army Medical Center. He is published in peer-reviewed journals and has held several clinical teaching appointments. Dr. Kelsch is a native of Arizona and prides himself on being available to his patients and community. He was recognized as a “Top Doc” by *PHOENIX* magazine in 2012, 2013, 2015, 2016 and 2017. Allow him to tailor a personalized experience for your ENT needs.



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Dennis L. Kilpatrick, MD
OPHTHALMOLOGY

A board-certified general ophthalmologist, Dennis Kilpatrick, MD uses the most advanced technology available for cataract and laser surgery. His practice was one of the first in Phoenix to perform cataract surgery using a femtosecond laser system. With additional new technology, he can use a pre-operative corneal scan for more accurate astigmatism correction. He also uses refraction analysis technology in the operating room and is certified to use the most advanced implant lenses for cataract surgery. In addition to being an accomplished eye surgeon, Dr. Kilpatrick monitors and treats glaucoma, macular degeneration diabetes, and other diseases. Dr. Kilpatrick graduated from the University of Arizona. He interned at Parkland Memorial Hospital in Dallas and completed his ophthalmology residency at the University of Texas Southwestern.



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Albert Klaski, MD
NEUROLOGY

Dr. Albert Klaski treats all types of neurological disorders resulting from abnormalities in the brain, spinal cord and other nerves throughout the body. Dr. Klaski has many years of experience successfully helping patients in the Valley to achieve improved neurological health. He places a high value on treating patients like family and loves to serve his community. Dr. Klaski values effective communication with his patients to empower them to be actively involved in their treatment. He also incorporates a team approach to medicine, using the latest in technological advances to provide the best patient care possible. Dr. Klaski attended medical school at Wright State University Boonshoft School of Medicine and graduated in 2006. He is a proud member of the Phoenix Neurology and Sleep Medicine team.



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Leslie Klein, MD
MEDICAL ONCOLOGY & HEMATOLOGY

In 2015, Dr. Leslie Klein joined Ironwood Cancer & Research Centers. She is triple-board certified in oncology, hematology, and internal medicine. She completed medical school at University of Nebraska, internal medicine residency at Harbor-UCLA, and hematology/oncology fellowship at UC Irvine. Dr. Klein integrates next-generation cancer treatment including targeted and immune therapies.

Dr. Klein specializes in breast cancer, lung cancer, gastrointestinal cancers, melanoma, lymphoma and blood disorders. Her accomplished research background includes authoring a breast cancer clinical trial. She is known for her compassionate, upbeat personality. "I develop relationships with my patients and treat them as I would my own loved ones," Dr. Klein said. She enjoys traveling with her husband, daughter, and dog.



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Cynthia Kooima, MD
SPORTS MEDICINE SPECIALIST

Dr. Cynthia Kooima is a board-certified orthopedic surgeon specializing in knee and shoulder arthroscopy and replacement. She is passionate about caring for competitive athletes, as well as patients looking to resume a pain-free lifestyle. Dr. Kooima was the team physician for the Arizona Derby Dames. She received her medical degree from Michigan State University and was inducted into the Alpha Omega Alpha Honor Medical Society. Dr. Kooima completed her orthopedic residency at Henry Ford Hospital in Detroit and trained under team physicians for the Detroit Lions and Detroit Red Wings. During her sports medicine fellowship at the Institute for Bone and Joint Disorders in Phoenix, Dr. Kooima focused on operative and non-operative treatment for a variety of athletic injuries. She is a member of the Arthroscopy Association of North America, the American Academy of Orthopedic Surgeons and the Western Orthopedic Association.

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Paul Kowalski, MD
NEUROLOGY

Dr. Paul Kowalski is a board-certified neurologist who has served the West Valley for more than 12 years. A native of upstate New York, Dr. Kowalski graduated from the highly competitive six-year medical program at Union University in New York. After completing his residency at Albany Medical Center, including serving as chief resident, he continued his training with a fellowship in clinical neurophysiology, acquiring expertise in nerve conduction testing and electroencephalographic studies. He then served four years of active duty with the United States Air Force. There, in addition to his clinical duties, he served as chief of neurology services, head of specialty services, medical director of the department of medicine, and chief of the mobility team. He returned to civilian life in Erie, PA, working as a general neurologist and as director of stroke services at St. Vincent's Hospital before moving to the West Valley in 2005 with his wife and three daughters. Dr. Kowalski has been named one of America's Top Physicians by the Consumer's Research Council of America every year since 2007.



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Robert R. Kuske, MD, FAACE

RADIATION ONCOLOGY

A radiation oncologist passionate about helping women with breast cancer, Dr. Kuske pioneered “accelerated partial breast irradiation,” a five-day alternative to the conventional six weeks of external beam whole breast irradiation in select early-stage breast cancer. Brachytherapy also spares the lung and heart from radiation exposure. He is a leader of the important 4,300 patient phase III trial through the National Cancer Institute. He is recognized for his work that allows women who have been augmented with breast implants to be successfully treated with lumpectomy and five-day radiation without hardening of the implants. Dr. Kuske is one of only a dozen radiation doctors in the U.S. who restrict their practice to breast cancer and publish extensively in medical literature. This year, Dr. Kuske will receive the prestigious Gold Medal from the American Brachytherapy Society, the 32nd doctor in history to be honored



ARIZONA BREAST CANCER SPECIALISTS

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Jason Lake, MD

FOOT & ANKLE SPECIALIST

Dr. Jason Lake is a board-certified orthopedic surgeon at OrthoArizona's Foot & Ankle Institute specializing in foot and ankle disorders such as deformities, arthritis, sports and cartilage injuries, and traumatic injuries. Dr. Lake works with multiple professional sports teams as a foot and ankle consultant, including the Arizona Cardinals, Diamondbacks, and Arizona Rattlers. He emphasizes communication with patients and aims to educate them about their treatment options, including non-operative alternatives, in order to deliver the best care possible. Dr. Lake received his medical degree from the University of Arizona, where he was inducted into the Alpha Omega Honor Medical Society (AOA). He completed his residency in orthopedic surgery at Campbell Clinic/UT-Memphis, where he was elected chief resident. He later completed a foot and ankle fellowship at the renowned Cleveland Clinic. Dr. Lake is passionate about medical education and he has participated in numerous research studies, published several articles, and contributed to numerous medical texts related to the field of orthopedic care.



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Jennifer Linder, MD

DERMATOLOGY/MOHS SURGERY

As a board-certified dermatologist and fellowship-trained Mohs skin cancer surgeon, Dr. Jennifer Linder is dedicated to compassionate patient care, skin cancer awareness and skin care education. She is a national educator for Botox, Juvéderm, Voluma, Dysport, Xeomin, and Restylane. As one of the foremost experts on Sculptra and fillers, she creates natural beautiful outcomes using a non-surgical facelift technique. She is also the founder of PCA SKIN, an international medical skin care and education company. She trained at Washington University in St. Louis, University of Pennsylvania and Thomas Jefferson University and continues as an assistant clinical professor at the University of California, San Francisco. Dr. Linder frequently speaks at medical conferences, publishes regularly and has been quoted in *O* (Oprah), *Elle*, *Vogue*, *Marie Claire*, *Allure*, *Fitness*, *Shape*, *Seventeen*, *W*, *Parenting*, *New Beauty*, *Prevention*, *Health*, *Vanity Fair* and has appeared on NBC, ABC and NPR. She has been named a “Top Doc” by her peers in *PHOENIX* magazine.

LINDER DERMATOLOGY AND SKIN CANCER CENTER

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linderdermatology.com



Linda Liu, MD
BREAST SURGERY

"Achieving optimal aesthetic results should be addressed in the initial planning of any breast cancer surgery—and not as an afterthought." Dr. Liu integrates cutting-edge technology with attention to cosmesis for the best oncologic and cosmetic outcomes possible. She performs nipple sparing mastectomies and is a strong advocate for direct-to-implant reconstruction, when feasible, which avoids use of painful expanders. Working closely with her plastic surgery colleagues during lumpectomies, she uses oncoplastic technique to reshape the breast. This innovative approach allows larger tumors to be removed without mastectomy, while often enhancing a patient's cosmetic appearance. Dr. Liu has been voted by her peers as a "Top Doc" in *PHOENIX* magazine. She is board certified and completed general surgery training at the University of Michigan. She graduated with honors from Albert Einstein College of Medicine in New York and Princeton University.



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Wendi Lundquist, DO
**PAIN MEDICINE, PHYSICAL MEDICINE
AND REHABILITATION**

Dr. Lundquist is the medical director and founder of Active Life Physical Medicine & Pain Center, Innovative Surgery Center and Regena Spa, located in both Avondale and Surprise. She is board certified in physical medicine and rehabilitation and a diplomate of the American Board of Pain Medicine. In 2005, Dr. Lundquist completed her residency training at Loyola University in Chicago. She is most passionate about regenerative treatments and has more than 16 years of experience helping patients more permanently achieve pain relief and functional improvement. She is devoted to providing the highest quality medical care with a full spectrum of treatments necessary to ease your pain and promote an active life.



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Gregory Maggass, MD
RADIATION ONCOLOGY

Board certified in radiation oncology by the American Board of Radiology and recognized as a "Top Doc" by *PHOENIX* magazine, Dr. Maggass is a fellow of the American College of Radiation Oncology. He earned his medical degree at the Medical College of Wisconsin and completed his residency at USC Medical Center, with specialized training in brachytherapy. He has a particular interest in the treatment of prostate cancer with both brachytherapy (permanent seed implantation and high-dose rate) and IMRT/IGRT radiation therapy. He now uses SpaceOAR to provide rectal protection from radiation. As part of a dedicated team, he treats melanoma of the eye with brachytherapy or radiosurgery as needed. Dr. Maggass also treats breast cancer with brachytherapy and all types of external beam radiotherapy. He has additional expertise in using radioisotopes for various cancers, including Zevalin for lymphomas, radioactive Iodine-131 for thyroid cancer and Xofigo (Radium 223) to treat prostate cancer that has spread to the bone. Dr. Maggass treats patients with a variety of cancers.



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Shannon Maltais, NMD
COSMETIC DERMATOLOGY & AESTHETIC MEDICINE

Dr. Maltais is medical director and founder of Physician Skin Solutions at Arrowhead. A graduate of Northern Arizona University with a Bachelor of Science degree in medical microbiology, chemistry, and pre-medical studies. She then proceeded to receive her Medical Doctorate in Naturopathic Medicine from the National College of Naturopathic Medicine in Portland, Oregon, followed by a two-year residency heavily focused in dermatology and minor surgery. Dr. Maltais believes in investing in state-of-art technology and mastering the latest techniques in cosmetic dermatology and aesthetic laser treatments through extensive training and education. With more than 14 years experience, she is considered an advanced master injector of neurotoxins and dermal fillers. Her experienced and artistic eye, as well as the personal connection she has with her patients, has built a large, loyal following ranking her in the top one percent of Botox and Juvederm providers in the country. She prides herself on helping patients achieve the natural refreshed look they desire.



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Tim Matatov, MD
PLASTIC SURGERY

Dr. Tim Matatov is a double board-certified plastic and reconstructive surgeon. He specializes in aesthetic and reconstructive surgery of the face, breasts and body. He performs all aspects of cosmetic surgery, such as facelifts, blepharoplasty, endoscopic brow lift, rhinoplasty, breast augmentation and breast lift surgery, as well as body contouring with liposuction, abdominoplasty, and the latest advancements in fat-grafting techniques. Having trained in New Orleans, the birthplace of perforator-based microsurgical breast reconstruction, Dr. Matatov specializes in utilizing his patients own tissue for breast reconstruction to obtain natural results. He is one of the few plastic surgeons in Arizona that offers this type of reconstruction, and along with his partners, are the only group of surgeons in the state offering customized patient tissue reconstruction. Call our office to schedule an appointment whether it is to find your new look or to feel whole again.

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**Mehdi K. Mazaheri,
 MD, PC**
PLASTIC SURGERY

Dr. Mazaheri is a board-certified plastic surgeon who has been in private practice since 2003. He is a clinical faculty member of the plastic surgery residency program at Mayo Clinic and was recognized as a "Top Doc" by PHOENIX magazine. Dr. Mazaheri specializes in aesthetic surgery of the face, body and breast, including post-weight loss procedures. Surgical procedures offered include breast augmentation, breast lift, breast reduction, abdominoplasty, liposuction, lower body lift, body contouring, arm lift, thigh lift, blepharoplasty, neck lift and face lift. MSpa is now proud to offer Geneveve vaginal rejuvenation, which is the only single treatment, non-surgical procedure for vaginal laxity, stress urinary incontinence and vaginal dryness.



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**Elizabeth J.
McConnell, MD**
COLON & RECTAL SURGERY

Focusing on patient advocacy and excellent outcomes, Dr. McConnell has been recognized frequently as a "Top Doc" by *PHOENIX* magazine (2007, '08, '10, '11, '12 and '14). She believes that educating patients about the importance of regular colon screenings can save a life. Public awareness of the importance of differentiating between hemorrhoids and cancer in the event of rectal bleeding by screening and treatment is critical. Double board-certified in general surgery, and colon and rectal surgery, Dr. McConnell trained at the University of Utah and Mayo Clinic. Her colon and rectal surgery practice combines proctology, gastroenterology, surgical oncology and general surgery. Dr. McConnell practices at various Valley locations and owns and directs the Arizona Outpatient Surgery Center, which features Saturday hours and attractive cash payment offers. Her goal for anal care is to see patients within 48 hours.



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Patrick Miller, MD
RADIATION ONCOLOGY

Dr. Patrick Miller is a board-certified radiation oncologist and, in February 2015, joined Ironwood Cancer & Research Centers. Since 1996, he has practiced in Central Phoenix at J.C. Lincoln Hospital and in the West Valley at Boswell and Del Webb. Dr. Miller completed his undergraduate studies at Stanford University, and returned to his home state of Arizona for medical school and residency at the University of Arizona in Tucson. He received the RSNA Research Resident Grant, and the American Cancer Society Clinical Oncology Fellowship. Dr. Miller is a past chairman of both the Cancer Committee and Tumor Board at Banner Boswell.



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Brian Miller, MD
ORTHOPEDIC TRAUMA

Dr. Miller prides himself on his attention to detail as well as being an advocate for his patients. He is Board certified in orthopedic surgery and the former President of The Arizona Orthopedic Society. He currently is on the Board of Council for the American Academy of Orthopaedic Surgeons. Dr. Miller is fellowship trained in the treatment of complex fractures and the anterior approach to total hip replacement. He is a pioneer in the treatment of traumatic injuries using pelvic navigation, and has specialty training in MAKOplasty robot assisted surgery for total hip replacement. Contact his office for more information on treatment of arthritis of the hip, and bone fractures ranging from simple to the most complex.



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S. Brenda Moorthy, DO, FACS

BREAST SURGERY

A board-certified, fellowship-trained breast surgeon, Dr. Moorthy founded the Comprehensive Breast Center of Arizona in 2005. She completed her general surgery residency at Maricopa Medical Center in Phoenix and a breast surgical oncology fellowship at the University of Southern California, where she co-authored a book chapter on Ductal Carcinoma in Situ. She has co-authored several publications. During fellowship training, Dr. Moorthy received training in oncoplastic techniques, which allows removal of cancers with optimal cosmetic results. She was one of the first surgeons in the Valley to perform nipple-sparing mastectomies, and has been recognized as a multi-time "Top Doc" recipient by *PHOENIX* magazine. She enjoys contributing to breast cancer research by participation in clinical trials. One of Dr. Moorthy's personal passions is to promote international awareness of breast cancer. In her spare time, she travels with her husband and two young sons.



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Sanford L. Moretsky, DO

OPHTHALMOLOGY

Frequently named a "Top Doc" by *PHOENIX* magazine. Dr. Moretsky was also profiled in *Southwest Airlines*, *The Magazine*, among the "Best Eye Surgeons in America," in August 2017. He is listed in the *Az Business LEADERS* magazine in 2018 as one of the, "most innovative entrepreneurs and the best and brightest Arizona business leaders in healthcare." Dr. Moretsky has performed more than 50,000 microsurgical procedures. He specializes in all laser LASIK, KAMRA Inlay for near vision, ICL and laser-assisted cataract surgery. He utilizes advanced technology implants, including the next generation Symphony lens. Dr. Moretsky was the first surgeon in Arizona to perform VERION image-guided laser cataract surgery. He is past-president of the Phoenix Ophthalmologic Society and has held multiple leadership positions and received numerous awards locally and nationally.



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Daniel J. Mullen, MD

ORTHOPEDIC SURGERY

In 2014, *Sports Illustrated* recognized Dr. Mullen as one of the "Outstanding Orthopedic Surgeons in America." A board-certified and fellowship-trained orthopedic surgeon, Dr. Mullen uses minimally invasive techniques for total and partial joint replacements. He also uses arthroscopic techniques for rotator cuff repairs, instabilities and ligament reconstructions, meniscal repairs, and cartilage restoration surgery, and is an expert in stem cell technology options. Dr. Mullen completed his orthopedic residency at Union Memorial and Johns Hopkins University Hospital, and was chosen for a fellowship at the Cleveland Clinic, where he served as a team physician for the Cleveland Browns, Cleveland Indians and Cleveland Cavaliers. His research has been published in textbooks and scientific journals, and he is a research reviewer for the *American Journal of Sports Medicine*. He is a diplomat of the American Academy of Orthopedic Surgeons. Recognized for his communication skills and bedside manner, Dr. Mullen has been named a "Top Doc" by *PHOENIX* magazine in both orthopedic surgery and sports medicine.



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mullenorthopedic.com



**Michael A. Musci,
MD, PhD**

MEDICAL ONCOLOGY & HEMATOLOGY

Since June 2007, Dr. Michael Musci has practiced hematology oncology at Ironwood Cancer & Research Centers. In 1998, Dr. Musci graduated from the University of Iowa, where he received his medical degree and PhD, studying the molecular biology of T cell activation. He completed fellowship training in hematology oncology at UCSD Medical Center in San Diego. Dr. Musci then practiced at Kaiser Permanente Walnut Creek, California where he was a major contributor to clinical trials in their Comprehensive Cancer Center. Dr. Musci is board certified in internal medicine, hematology and medical oncology. Outside of work, Dr. Musci enjoys travel and photography, especially with his wife and two children.



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Daniel O'Connor, MD
INNOVATIVE PAIN AND WELLNESS

Dr. Daniel O'Connor is a fellowship-trained interventional pain management specialist committed to a multimodal and holistic approach to increasing his patients' quality of life by decreasing their pain. As a physician in the Valley for more than 13 years, Dr. O'Connor endorses a comprehensive and compassionate approach to pain control. In creating Innovative Pain and Wellness, Dr. O'Connor has merged the best qualities of large-scale, cutting-edge medicine and boutique style, one-on-one patient care. Dr. O'Connor graduated from Loyola University and was the chief resident of Northwestern University's anesthesiology department. As an anesthesiologist in the Valley for nine years he saw firsthand the toll pain had on patients. He decided that he wanted to do more to help patients with acute and chronic pain, so he furthered his education with a fellowship in interventional pain management and opened Innovative Pain and Wellness. Dr. O'Connor is honored to work in the Valley and help reduce his patients' pain, so they can get back to living an active and fulfilling life.



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**Jennifer O'Neill, MD,
FACS**

BREAST SURGERY

Dr. O'Neill is a board-certified surgeon specializing exclusively in benign and malignant diseases of the breast for the past 18 years. In 2000, her mother was diagnosed with terminal breast cancer after having had an early stage cancer removed. Thereafter Dr. O'Neill shifted her focus exclusively to breast care. She founded Arizona Breast Consultants with the specific intention of fostering the physician-patient relationship, giving her patients a comprehensive and clear understanding of their disease process and cutting edge treatment options. Recognized as a "Top Doc" by *PHOENIX* magazine, she is a member of The American Society of Breast Surgeons (Ethics and Education Committee. Site visitor for fellowship accreditation), American College of Surgeons, and Arizona Chapter American College of Surgeons.



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Foluso Ogunleye, MD
MEDICAL ONCOLOGY

Dr. Ogunleye sees patients with all forms of cancers; both solid tumors and hematologic malignancies. He has a special interest in cancers of the lungs, prostate, breast, colon, lymphoma, and multiple myeloma. Dr. Ogunleye is board certified in internal medicine, hematology and medical oncology. He completed his residency at the Roger Williams Medical Center, Boston University School of Medicine and fellowship training at the William Beaumont School of Medicine, Oakland University. He has been published extensively in both national and international journals. Dr. Ogunleye provides quality care with compassion for patients and their family. He engages in continuous medical education to keep up with the changing treatment and knowledge landscape in medical oncology and hematology.

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Josh Olson, MD
PLASTIC SURGERY

Dr. Olson is a board-certified plastic and cosmetic surgeon. He offers a unique individualized experience and is well versed in the most modern methodology for all plastic surgery treatments. Dr. Olson grew up in Mesa, AZ and is thrilled to be able to serve the community he considers home. After earning his medical degree from University of Arizona, Dr. Olson completed his plastic and reconstructive surgery residency at the University of Utah. He then continued his studies at the world famous Ivo Pitanguy Clinic in Rio de Janeiro, where he discovered new techniques in all aspects of cosmetic surgery. Through his training, he has gained valuable experience from some of the world's leading plastic surgeons and has become one of the most sought after cosmetic surgeons in the area.

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Michael J. Orris, DO,
MBA, FASMBS
BARIATRIC SURGERY

Dr. Orris is a partner and lead surgeon at Weight Loss Institute of Arizona. He graduated from Philadelphia College of Osteopathic Medicine, completed his residency at Pinnacle Health in Harrisburg, PA., and earned a master's degree in healthcare administration from St. Joseph's University. With a passion for helping patients attain and maintain a healthy weight, Dr. Orris successfully performs hundreds of weight-loss surgeries every year. Patients benefit from his years of bariatric surgery experience and the personal intensity he brings to each case. Recognized consistently as a "Top Doc" by *PHOENIX* magazine, Dr. Orris is well-known for accepting complicated and challenging cases. Board certified by the American Osteopathic Board of Surgery, Dr. Orris is a fellow of the American Society for Metabolic and Bariatric Surgery. Dr. Orris has surgical privileges at Banner Estrella, Banner Gateway, Chandler Region, Mercy General Medical Center, Tempe St. Lukes, Phoenix St. Lukes and East Valley Surgery Center.



WEIGHT LOSS INSTITUTE OF ARIZONA

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Tempe | (480) 829-6100
info@wliaz.com | wliaz.com



**Gilbert Ortega,
MD, MPH**
ORTHOPEDIC TRAUMA

Dr. Ortega's experience and training help him provide high-quality care with passionate and dedicated service. Board certified, he received his MD/MPH and residency training at Yale University with his externship at Harvard Medical School. Dr. Ortega was awarded three prestigious fellowships with specialized training in complex fractures, anterior hip and shoulder joint replacements. Dr. Ortega's interests include sports and trauma related fractures as well as anterior total hip and shoulder replacements. He serves as the orthopedic trauma director of the Mayo Clinic Arizona Residency Program, chief of orthopedics at HonorHealth Osborn Medical Center, Sports Medicine Advisory Team consultant for Arizona State University, and has taught several orthopedic courses nationally and internationally. His research has been published in peer-reviewed journals.



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**Shaun Parson, MD,
FACS**
PLASTIC SURGERY

A board-certified plastic surgeon, Dr. Parson and his team of professionals make every effort to fully educate you regarding your aesthetic procedure and answer any questions you may have while visiting his new state-of-the-art office and skin care center. His dedication to giving each patient personalized one-on-one attention, addressing goals and expectations, and delivering beautiful natural-looking results is what makes him one of the most recognized cosmetic surgeons in Arizona. Dr. Parson is an experienced plastic surgeon chosen multiple times as one of the "Top Docs" highlighted in *PHOENIX* magazine. As a Mayo Clinic resident instructor, past chairman of plastic surgery and chief of plastic surgery at Honor Health Shea Hospital, Dr. Parson's expertise and knowledge in plastic surgery can help you discover a beautiful, more confident you, and restore your original youthful beauty. His experience and reputation make Dr. Parson one of the most sought-after plastic surgeons in the Phoenix/Scottsdale area.

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SHAUN PARSON, MD

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Gregory A. Patchen, DO
FAMILY PRACTICE

Dr. Patchen is a board-certified osteopathic family physician who treats his patients as the "whole person." He graduated from COMP/Western University of Health Sciences in 1987. He became board certified in 1995, and completed additional training in occupational preventive medicine in 1998 with the American Osteopathic Association. Dr. Patchen has mentored osteopathic medical students, interns and family practice residents. He served as co-chairman of the Medicine Department of Tempe St. Luke's Hospital from 1997 to 2001. Dr. Patchen employs osteopathic musculoskeletal examinations and treatment in the daily care, treatment, and wellness of his patients. He is the "patient's physician," and does not rely on physician assistants or nurse practitioners in caring for his patients. Dr. Patchen has been practicing in the Valley for 23 years. He was awarded the 2011 & 2013 Patient Choice Award, and the Most Compassionate Doctor Award in 2013. In 2016 and 2018, he was nominated for the America's Best Physicians Award.

PATCHEN FAMILY PRACTICE

2058 S. Dobson Rd., Ste. 15
Mesa | (480) 839-5800



Abhishek Patel, MD

MEDICAL ONCOLOGY

Dr. Patel is board certified in internal medicine, hematology and medical oncology. Dr. Patel graduated from The American University of Antigua Medical School. He completed his residency at Louisiana State University Health Sciences Center in Shreveport as well as a fellowship at its Feist-Weller Cancer Center. His clinical training included treatment of benign and malignant hematological conditions as well as solid tumors. Dr. Patel has a special interest in lung and gastrointestinal malignancies. He is a member of American Society of Clinical Oncology and American Society of Hematology.

His approach to care is primarily built around his patient's goals while still incorporating data and outcomes of clinical trials to guide treatment plans. He is a strong advocate for patients and overall preserving their quality of life. Dr. Patel enjoys playing golf and following professional sports. He is an avid Chicago sports fan and loves anything and everything related to his beloved Bears, Cubs, Bulls and Blackhawks.

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Anthem | (623) 434-6444



Anushka Patel, MD

RADIATION ONCOLOGY

A board-certified radiation oncologist, Dr. Patel earned her medical degree at Saint Louis University School of Medicine in Missouri and completed her radiation oncology residency at Henry Ford Hospital in Detroit. She is an expert in using IMRT and IGRT to treat a multitude of cancers – including those of the breast, lung, head and neck, and gastrointestinal tract. Dr. Patel is experienced in the delivery of stereotactic radiosurgery for intracranial, spinal and lung treatments. Dr. Patel's published research topics include stereotactic body radiotherapy (SBRT) for non-small cell lung cancer, SBRT for central lung lesions, SBRT for brain metastases from breast cancer, and radiographic abnormalities detected at the time of CT simulation. She has been practicing in the Scottsdale and Deer Valley regions since 2009, and has been recognized as a "Top Doc" by *PHOENIX* magazine in 2013, 2015, and as a featured profile in 2016. She enjoys hiking, cycling, salsa dancing and international travel.



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19646 N. 27th Ave, #108 | Phoenix
10460 N. 92nd St., #101 | Scottsdale
(480) 278-8300



William Paterson, MD

ORTHOPEDIC SURGERY

Dr. William Paterson is a board-certified orthopedic surgeon specializing in treatment of common to complex shoulder disorders. He is committed to exploring non-surgical and minimally invasive approaches in order to produce the best patient outcomes. Dr. Paterson earned his medical degree from the Rosalind Franklin University of Medicine and Science in Chicago, where he was a member of the Alpha Omega Alpha Honor Medical Society. He completed his residency at the world-renowned Campbell Clinic at the University of Tennessee, followed by an additional year of fellowship training in disorders of the shoulder under two of the world's leading experts at Baylor College of Medicine. He is extremely well-regarded by patients for his orthopedic expertise, approachable style, and personalized care and treatment plans.

OrthoArizona

2940 E. Banner Gateway Dr.,
Ste. 200 | Gilbert
525 S. Chandler Village Dr. | Chandler
1760 E. Pecos Rd., Ste. 207 | Gilbert
(480) 964-2908 | orthoarizona.org



**James F. Pehoushek,
MD, MPH**
DERMATOLOGY

Dr. James Pehoushek is a board-certified dermatologist. He is accepting new patients of all ages at his practice, which includes medical, surgical and cosmetic dermatology. He is actively involved in ongoing research for new dermatologic treatments. Dr. Pehoushek received his medical degree from the Uniformed Services University of the Health Sciences. He completed an internship in internal medicine and went on to specialty training in dermatology at Walter Reed Army Medical Center and Bethesda Naval Medical Center. Following residency, Dr. Pehoushek was chief of dermatology and chief of specialty care services at Reynolds Army Hospital. After serving as an Army physician for 11 years, he joined the practice of Allergy & Dermatology Specialists in 2004. Dr. Pehoushek is a member of the American Academy of Dermatology and the Phoenix and Arizona Dermatology Societies. He is a Diplomate of the American Board of Dermatology.



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6320A W. Union Hills Dr., Ste. 100
Glendale | (623) 376-7600
dermatologyaz.com



Charles S. Peterson, MD
SPORTS MEDICINE

Dr. Peterson graduated from Brigham Young University with a degree in honors history, and earned his medical degree at Northwestern University in Chicago. He completed his residency in family medicine at Mayo Clinic Scottsdale and a fellowship in sports medicine at the Medical College of Wisconsin. He entered private practice in 2002, and was one of the original founders of Arizona Sports Medicine Center in 2004. He is board certified in sports medicine and family medicine. Dr. Peterson is a team physician for the Arizona Diamondbacks, the Arizona Cardinals, the Arizona Coyotes, the Chicago Cubs, the U.S. Ski Team and Mountain View High School. His professional interests include sports medicine, ultrasound-guided injections and diagnostic ultrasound, platelet-rich plasma injections, percutaneous tenotomy (Tenex), shock wave treatment (Storz), and non-surgical fracture care. He was named a "Top Doc" by PHOENIX magazine in sports medicine in 2010, 2011, 2014, 2015, 2016 and 2017.



ARIZONA SPORTS MEDICINE CENTER

3130 E. Baseline Rd., Ste. 101
Mesa | (480) 558-3744
orthoarizona.org



**Mario Javier Pineda,
MD, PhD**
GYNECOLOGICAL ONCOLOGY

In August 2017, Dr. Mario Javier Pineda joined Ironwood Cancer & Research Centers. He attended the University of Washington School of Medicine, where he also graduated with a PhD in Molecular and Cellular Biology. After completing an OB/GYN residency at the L.A. County & USC Medical Center as chief resident, he graduated from the Gynecologic Oncology Fellowship at Northwestern University. Dr. Pineda provides holistic care to women with any gynecologic malignancy. He is experienced in radical, minimally invasive, robotic, and laser procedures; chemotherapeutic and clinical trial management of patients. He maintains active membership in the American Society of Clinical Oncologists, the Society of Gynecologic Oncologists and the American College of Obstetricians and Gynecologists.



Ironwood Women's Centers
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(480) 792-6006
ironwoodcrc.com



Duane D.H. Pitt, MD
ORTHOPEDIC SPINE SURGERY

A board-certified and fellowship-trained orthopedic spine surgeon, Dr. Pitt is President of Desert Institute for Spine Disorders, PC, where patient care comes first. The recently retired Lieutenant Colonel is a devoted husband, physician and philanthropist. He specializes in disorders of the cervical, thoracic and lumbar spine in adolescents and adults. His scope of practice includes non-operative and operative treatments of spinal disorders for members of our community and abroad. Dr. Pitt is trained in minimally invasive spine surgery and has performed more than 5,000 procedures ranging from complex scoliosis reconstructions, artificial disc replacements, traumas, and simple decompressions. "Here to save your lifestyle," Dr. Pitt is dedicated to returning his patients back to a functional life.

**DESERT INSTITUTE
FOR SPINE DISORDERS**

8573 E. Princess Dr., Ste. 221
Scottsdale | (480) 656-4048
azspinesurgeon.com



Cynthia J. Price, MD
DERMATOLOGY

Board certified in dermatology and pediatrics, and fellowship trained in pediatric dermatology, Dr. Price is dedicated to providing excellent, innovative and compassionate patient care. She specializes in adult, pediatric and cosmetic dermatology. Dr. Price trained at the University of Arizona, UCLA and the University of Miami - one of the top dermatology training programs in the country - where she was honored to serve as chief resident. Her multicenter research trial on hemangiomas achieved national recognition. She is a national educator for Botox, Juvederm, Voluma, Kybella, Dysport, Restylane, Sculptra and internationally for IAPAM. Dr. Price is an avid volunteer within the community, speaking locally at Moms on the Move and nationally with the Skin Cancer Foundation. Dr. Price has more than 60 publications within the field of dermatology and is an active speaker at national conferences. She has consistently been named a "Top Doc" by her peers in *PHOENIX* magazine.

**LINDER DERMATOLOGY AND SKIN
CANCER CENTER**

6710 E. Camelback Rd., Suite 220
Scottsdale | (480) 946-7939
Instagram @Drcynthiaprice



Laura J. Prokuski, MD
ORTHOPEDIC TRAUMA SURGERY

Dr. Prokuski is a member of Sonoran Orthopaedic Trauma Surgeons. She is board certified by the American Board of Orthopedic Surgery and a member of Orthopaedic Trauma Association in addition to the American Academy of Orthopedic Surgeons. Dr. Prokuski earned her medical degree at the University of Iowa College of Medicine. She continued her studies as an orthopedic surgery resident at the University of Iowa Hospitals and Clinics, and then became a fellow in orthopedic trauma surgery at the University of Maryland Medical System in Baltimore. She specializes in the care of multiply injured patients, pelvic and acetabular fractures, articular fractures, musculoskeletal infections and amputations. Dr. Prokuski has published numerous articles, and lectures locally, nationally and internationally. Prior to relocating to Arizona, she was an associate professor of orthopedic surgery at the University of Wisconsin in Madison.



**SONORAN ORTHOPAEDIC TRAUMA
SURGEONS, PLLC**

3126 N. Civic Center Plaza | Scottsdale
(480) 874-2040
sonoranorthotrauma.com



Coral A. Quiet, MD, FACRO

RADIATION ONCOLOGY

Dr. Coral Quiet brought brachytherapy to Arizona in 2000, treatment that shortens radiation for breast cancer from six-weeks to five-days. Living by the philosophy of "Stand out by standing up for what you believe in - don't be afraid to create," Dr. Quiet leads the charge improving outcomes for breast cancer patients. Dr. Quiet co-founded the Arizona Institute for Breast Health, a nonprofit helping women understand treatment options and volunteered as Medical Director for more than two decades. She was awarded "Most Intriguing Women in Arizona," "Most Dynamic Women in Arizona" and was a finalist for the Athena Award. She is a multi-year "Top Doc" honoree by *PHOENIX* Magazine.



ARIZONA BREAST CANCER SPECIALISTS

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7337 E. 2nd St. | Scottsdale
3645 S. Rome St., Ste. 116 | Gilbert
(480) 922-4600 | breastmd.com



Jill Rago, OD

OPTOMETRY

Dr. Rago is an optometrist who is respected by her peers and highly sought after by patients in the U.S. and Canada. A graduate of Pacific University College of Optometry, Dr. Rago was awarded membership in the Honor Society and received the prestigious President's Award given to the top overall graduate. She has practiced optometry in Arizona for more than 20 years, and opened Optics with the goal of providing patients a new experience in eye care. Optics delivers an unprecedented approach to providing personalized and comprehensive eye exams while utilizing the latest advances in eye-care technologies to optimize patient care. Her family-friendly, personable approach, along with her dedication to patient satisfaction, exemplifies the Optics experience. At Optics, the sole focus is to help patients achieve healthy vision for life.



OPTICS OF SCOTTSDALE

20301 N. Hayden Rd., Ste. 100
Scottsdale | (480) 991-0509
opticsaz.com



Adam C. Randolph, MD

GASTROENTEROLOGY

Dr. Randolph is board certified in gastroenterology. He earned his medical degree from Rush Medical College in Chicago before moving to Arizona to complete his residency and fellowship at the Banner Good Samaritan Medical Center and Carl T. Hayden VA Medical Center program. Dr. Randolph also spent a year as a chief resident in internal medicine. Currently practicing in both Central Phoenix and the West Valley, Dr. Randolph specializes in adult gastroenterology and hepatology. He has extensive experience and training performing diagnostic and therapeutic EGD, colonoscopy, ERCP and capsule endoscopy. He is committed to making screening colonoscopies easier for patients to access and offers an open-access colonoscopy program - allowing healthy, age-appropriate patients to have a colonoscopy without the need for a pre-procedure appointment.



ARIZONA DIGESTIVE HEALTH

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arizonadigestivehealth.com



Bradley Don Rasmussen, MD
DERMATOLOGY

For the last seven years, Dr. Bradley Don Rasmussen has served as the medical director and dermatologic surgeon for Ahwatukee Skin and Laser. Dr. Rasmussen is a board-certified dermatologist and, for the last 18 years, has been a practicing dermatologist. His practice at Ahwatukee Skin & Laser focuses on skin cancer surveillance, education, and surgical intervention. Dr. Rasmussen is an active member of the American Academy of Dermatology (AAD). He graduated from George Washington University and completed his residency at Mayo Clinic in Rochester, MN. Dr. Rasmussen loves the Phoenix area and enjoys spending his free time with his four children and being outdoors.



AHWATUKEE SKIN & LASER

4425 E. Agave Rd. Suite 148 | Phoenix
(480) 704-7546 | ahwatukeeskin.com



Shiva K. Ratuapli, MD
GASTROENTEROLOGIST

Dr. Shiva Ratuapli is a board-certified gastroenterologist practicing in Central Phoenix. A graduate of Osmania Medical College, he completed his internal medicine residency at Brookdale University Hospital, NYC. Dr. Ratuapli completed his gastroenterology fellowship at the Mayo Clinic in Arizona and went on to complete an advanced fellowship in gastrointestinal motility at Mayo Clinic Rochester. He is highly skilled in upper endoscopy, colonoscopy, capsule endoscopy, esophageal manometry and pH testing. His expertise includes management of reflux, swallowing disorders, colon cancer screening, gastrointestinal bleeding, inflammatory bowel disease, irritable bowel syndrome, fecal microbiota (Stool) transplant and Hepatitis C. Dr. Ratuapli provides his patients with exceptional care within a respectful and attentive environment.



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arizonadigestivehealth.com



Diane C. Recine, MD
RADIATION ONCOLOGY

Dr. Diane Recine is a board-certified radiation oncologist and, in January 2015, joined Ironwood Cancer & Research Centers with the opening of the new comprehensive Cancer Center in Scottsdale. Dr. Recine earned her medical degree at University of Health Sciences, Chicago Medical School, and completed a residency in radiation oncology at Rush-Presbyterian-St. Luke's Medical Center. Her areas of clinical expertise and specialization include the treatment of breast cancer, lung cancer, lymphomas, soft tissue sarcomas, gastrointestinal cancer, head and neck cancer, skin cancer and malignant brain tumors. She has extensive experience in state-of-the-art technology including Linac based stereotactic radiotherapy, intensity modulated radiation therapy (IMRT) and image guided radiation therapy (IGRT).



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Susan Reckell, OD **OPTOMETRY**

Dr. Reckell graduated from Michigan College of Optometry at Ferris University, and completed internships focusing on precision vision correction and specialty contact lenses. Many Arizona doctors refer complicated patients to Dr. Reckell for specialty Scleral and other Custom Contact lens corrections for Kerataconus, Corneal transplants and distortions of RK or LASIK. She is also known for her high success rate with specialty Bifocal Contacts and CRT vision correcting lenses. Dr. Reckell performs high-tech computer-aided eye health and vision exams to diagnose and treat various ocular disorders. She is founder and president of Riviera Opticare Inc. The practice has a team of four eye doctors with eye health clinics and fashion optical boutiques in both Mesa and Scottsdale. Natural and RX dry eye treatments provided have a high success rate and therefore are a popular service available. Dr. Reckell is a healthcare panel expert for EmpowHer website. View her educational series at: empowher.com/users/dr-susan-reckell



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Daniel Reed, DO **RADIATION ONCOLOGY**

A nationally recognized expert in breast cancer and prostate cancer, Dr. Reed is a co-founder of Arizona Center for Cancer Care – Arizona's leading multi-specialty cancer center. While serving as chief resident at the University of Washington Medical Center, Dr. Reed received the National Research Award, presented by the American Society for Therapeutic Radiation and Oncology for his research in breast cancer treatment. Dr. Reed served as coordinator of prostate brachytherapy fellowships for the Seattle Prostate Institute, American Brachytherapy Society. In 2007, he co-authored the American College of Radiology national treatment guidelines for prostate cancer radiation therapy, and is a chapter author in the Textbook of Radiation Oncology (2nd edition). Board-certified in radiation oncology by the American Board of Radiology, Dr. Reed is a Diplomate of the American Society of Therapeutic Radiation Oncology. *PHOENIX* magazine named him a "Top Doc" in 2009, 2012, 2013 and 2015.



ARIZONA CENTER FOR CANCER CARE

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Surprise | (623) 466-7469
arizonacc.com



Remus Repta, MD **PLASTIC & RECONSTRUCTIVE SURGERY**

Dr. Remus Repta is a board-certified plastic and reconstructive surgeon and the medical director of Scottsdale Surgery Center and Scottsdale Skin Institute in Scottsdale, Arizona. He is also a member of the American Society of Aesthetic Plastic Surgeons and the International Society of Plastic Surgeons. He graduated with high honors from Portland State University, where he studied psychology and biology. Dr. Repta co-authored "Atlas of Abdominoplasty," an international reference and operative guide that examines all aspects and variations of abdominoplasty. He has also published extensively in *Plastic and Reconstructive Surgery Journal* and lectured nationally and internationally. He has offices in Scottsdale and Gilbert and specializes in performing rhinoplasty, abdominoplasty, and mommy makeover surgery.



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drrepta.com



Allan L. Rowley, MD
**PHYSICAL MEDICINE &
 REHABILITATION & PAIN MANAGEMENT**

Dr. Rowley is board certified in physical medicine and rehabilitation and fellowship trained in pain management. After receiving his medical degree from the University of Hawaii, Dr. Rowley completed his residency in physical medicine and rehabilitation at the University of Colorado, Denver, where he was appointed chief resident. He then completed a fellowship in pain management and non-surgical treatment of spine disorders at the University of Michigan. Dr. Rowley specializes in spinal injections and procedures, as well as non-invasive pain management options to diagnose and treat disorders of the neck and back. Dr. Rowley is a pain management physician with the Valley's premier multidisciplinary spine care team.



SPINE INSTITUTE OF ARIZONA

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 16515 S. 40th St., Ste. 119 | Ahwatukee
 3483 S. Mercy Rd., Ste. 102 | Gilbert
 3655 Crossings Dr. | Prescott
 (602) 953-9500 | spineaz.com



**Daniel Rubin, ND,
 FABNO**
NATUROPATHIC ONCOLOGY

Dr. Rubin is a board-certified naturopathic oncologist. With the goal of creating the most comprehensive and aggressive cancer treatment and prevention plans, Dr. Rubin is an expert in guiding people to safely and effectively integrate natural therapies with their conventional cancer treatment. Dr. Rubin also sees patients wanting to prevent recurrence of their cancer as well as those unable to undergo conventional treatment. A leader in naturopathic oncology, Dr. Rubin was founding president of the Oncology Association of Naturopathic Physicians and actively participates in national efforts regarding naturopathic oncology. In addition, he serves as adjunct oncology faculty to Southwest College of Naturopathic Medicine wherein he educates students as well as Residents. Dr. Rubin has developed a national and international presence by providing services to patients across the United States and in 17 different countries. Dr. Rubin practices at Naturopathic Specialists, LLC, located in the Old Town Scottsdale area.



NATUROPATHIC SPECIALISTS, LLC

7331 E. Osborn Dr., Ste. 330
 Scottsdale | (480) 990-1111
 listenandcare.com



**Michael Saavedra, MD,
 FAAAAI**
ALLERGY & IMMUNOLOGY

Board certified by the American Board of Allergy & Immunology, Dr. Saavedra specializes in the evaluation and treatment of allergies and asthma for children and adults. He is a fellow of the American Academy of Allergy, Asthma & Immunology, and past president of the Arizona Allergy & Asthma Society. He is a clinical assistant professor for Midwestern University, actively training tomorrow's physicians. After completing medical school and a residency program in internal medicine at LSU Health Sciences Center in New Orleans, he was fellowship-trained in allergy and immunology at the University of Texas Medical Branch in Galveston. Providing compassionate and effective therapy, Dr. Saavedra is dedicated to treating patients with hay fever, asthma, food allergies, hives and eczema with the most up-to-date medical care.



PHOENIX ALLERGY & ASTHMA

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 Phoenix | (602) 954-0405
 phoenixallergyclinic.com



Farshid Sadeghi, MD

UROLOGY

A graduate of Harvard College and USC School of Medicine, Dr. Sadeghi completed his urology residency and urologic oncology fellowship at Baylor College of Medicine. Dr. Sadeghi is dedicated to teaching and has been a clinical instructor with the University of Arizona, Northwestern University and HonorHealth.

An early adopter of laparoscopic and robotic-assisted surgery, Dr. Sadeghi offers patients minimally invasive options to treat prostate, kidney, and bladder cancer. He compliments his technical expertise with compassionate patient care. Dr. Sadeghi is board certified in urology by the American Board of Urology and a member of the Arizona Medical Association, the American Urological Association, and the Society of Urologic Oncology.



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Nima Salari, MD

ORTHOPEDIC SPINE SURGERY

Dr. Salari's philosophy is people in pain should not have to wait, as he strives to be accessible to his patients and other providers. Dr. Salari has rapidly earned top marks with his patients and peer recognition as a *PHOENIX* magazine "Top Doc." Dr. Salari is a board-certified, fellowship-trained orthopedic spine surgeon with specialized training in the operative and non-operative treatment of pathologic conditions affecting the spine, including degenerative disc disease, scoliosis, infections and tumors. His expertise in minimally invasive, tissue-sparing approaches allows for the fastest recovery times and minimizes postoperative pain. He has published numerous articles and book chapters on the topics of orthopaedic surgery and spine surgery. Dr. Salari teaches at national and international courses in the latest laser-assisted endoscopic techniques, and image-guided surgeries. He serves as a contributing team physician for local collegiate and professional sports teams. Dr. Salari graduated with many distinctions and earned membership in the prestigious Alpha Omega Alpha Honor Society while in medical school. He completed his orthopedic surgery residency at Johns Hopkins Hospital, followed by a spine surgery fellowship at Stanford University.



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8630 E. Via de Ventura | Scottsdale
3487 S. Mercy Rd. | Gilbert
(602) 944-2900 | sciatica.com



Selyne Samuel, MD

BREAST SURGERY

Dr. Selyne Samuel obtained fellowship training in breast surgery at the Cleveland Clinic Akron General Medical Center in Ohio. She received advanced training in nipple sparing mastectomies, noninvasive breast biopsies, the complexities of genetic testing, and the management of high risk patients. Having trained at the Cleveland Clinic, a renowned tertiary cancer center, she is a strong advocate of a multidisciplinary approach to cancer care and the value of integrating holistic approaches. She completed her general surgery residency at the University of Arizona and earned her MD from Indiana University School of Medicine. She graduated from the University of Georgia with a degree in Biology. Dr. Selyne Samuel believes breast surgery is a specialty that requires the close collaboration of multiple physicians and the patient to overcome the trial of breast cancer. She is honored as a breast surgeon to travel on this journey with her patients; to guide them with the most effective surgical options that fit their goals and achieve the best cosmesis.



COMPREHENSIVE BREAST CENTER OF ARIZONA

10320 W. McDowell Rd. Bldg. I, #9030
Avondale
14674 W. Mountain View Blvd., #104
Surprise | (480) 659-7384



**Nima Sana, DPM,
MPH, MHA**
FOOT AND ANKLE SURGEON

Dr. Sana provides leading edge diagnosis, treatment, and surgical services to pediatric, adolescent and adult patients suffering from foot and ankle pain throughout the Valley of the Sun. A graduate of Arizona State University with honors, he earned his medical degree from New York College of Podiatric Medicine. Thereafter, he completed his surgical residency at world renowned Mount Sinai Medical Center, in Manhattan, NY. Dr. Sana also received Master's degrees, in Public Health and Health Administration at A.T. Still University. He has vast experience in dealing with all types of foot and ankle ailments. Dr. Sana's expertise includes sports medicine, foot and ankle trauma, bio-mechanics and surgery. Over the years, he has developed a unique approach to practicing medicine, focusing on the root cause of foot and ankle conditions and is regarded as a problem solver for challenging cases. In 2017, Dr. Sana was named a Top Doctor by PHOENIX magazine.



11000 N. Scottsdale Rd., Ste 270
Scottsdale | (480) 253-9996
phxfootankle.com



Ashish Sangal, MD
MEDICAL ONCOLOGY

Dr. Ashish Sangal completed his residency and fellowship in hematology and oncology at Brookdale University Hospital where he was also Chief Fellow. At Cancer Treatment Centers of America, Dr. Sangal is the Director of Thoracic Oncology and Principal Investigator for clinical trials. He is board certified by the American Board of Internal Medicine in hematology and medical oncology and a member of the American Society of Clinical Oncology. Dr. Sangal has authored peer-reviewed, original research and presented his work at annual oncology meetings. He has been published in journals including *World Journal of Clinical Oncology*, *AACR* and *ASCO*. Dr. Sangal has been the speaker/chair for national meetings including Best of ASCO, OMED and APAO.



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Christine Saraceni, DO
MEDICAL ONCOLOGY & HEMATOLOGY

In August 2016, Dr. Christine Saraceni joined Ironwood Cancer & Research Centers. She attended medical school at Northwestern University, Arizona College of Osteopathic Medicine and completed her osteopathic internship at Northside Hospital. Dr. Saraceni completed her internal medicine residency and hematology oncology fellowship training at Lehigh Valley Health Network in Allentown, PA, where she served as the chief hematology oncology fellow. Dr. Saraceni is board certified in hematology and oncology and specializes in all adult cancers and hematologic disorders. She has published articles in respected peer-reviewed journals. She is married and enjoys spending her free time doing competitive cycling and snowboarding. Her goal is to provide personalized care to each of her patients.



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5810 W. Beverly Ln.
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Steven Skolnik, MD **RADIATION ONCOLOGY**

A board-certified radiation oncologist, Dr. Steven Skolnik is a Scottsdale native who earned his Bachelor's Degree at Northwestern University and medical degree from the University of Arizona College of Medicine. He is an expert in the treatment of breast, prostate, skin and gastrointestinal cancers with an interest in utilizing new treatment techniques to maximize cure and minimize side effects. Dr. Skolnik most appreciates developing long-lasting relationships with his patients that extend beyond their treatments. He enjoys baking, traveling, colorful socks, skiing and Arizona Wildcats sports. In 2016, he returned home to join the Arizona Center for Cancer Care and practices at the Scottsdale Shea & Osborn clinics.



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7337 E. 2nd St. | Scottsdale
(480) 278-8300 | arizonacc.com



Michael A. Seivert, DO, **FAOAO, FAOASM** **ORTHOPEDIC SURGERY &** **SPORTS MEDICINE**

Board Certified and a Fellow in Orthopedic Surgery and Sports Medicine, Dr. Seivert was chosen by his peers as a "Top Doc" in *PHOENIX* magazine. He has practiced for 29 years in the Valley, specializing in arthroscopic surgery of the shoulder and knee, as well as treating neck, back, joint and sports injuries. Manipulative therapy and rehabilitation are also a focus of his practice. Dr. Seivert spends time providing each patient with a thorough hands-on exam and answering all of their questions. Graduating with Honors from North Texas State University Medical School, Arizona State University, and Brophy College Preparatory, Dr. Seivert also received training in his Orthopedic Surgery/Sports Medicine Residency from experienced surgeons for the Phoenix Suns and local teams. A lifelong athlete and Orthopedic Surgeon, Dr. Seivert understands the importance of accurate and timely diagnosis, treatment and rehabilitation of your injuries. "My goal is to get you back on your playing field as soon as possible."



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seivertorthopedics.com



Nikesh Seth, MD **INTERVENTIONAL SPINE &** **PAIN MANAGEMENT**

Dr. Nikesh Seth is a double board-certified anesthesiologist and interventional pain management expert who practices in his hometown of Scottsdale. After studying biomedical engineering at Johns Hopkins, he completed a residency in anesthesiology and interventional pain fellowship at Northwestern University. His passion for education & patient care keeps him at the forefront of his specialty and allows him to offer the most effective and novel treatments to his patients. Dr. Seth uses a wide range of minimally invasive techniques to treat the root cause of a patient's pain to help them regain their quality of life. He is a very compassionate physician who specializes in treating patients with spine and joint pain through a comprehensive approach. He has been named a "Top Doc" in *PHOENIX* magazine many times and continues to help advance the field of medicine through his clinical faculty positions, research projects and medical consultant roles.



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Kipling Sharpe, MD
ORTHOPEDIC SURGEON, HIP AND KNEE REPLACEMENT

Dr. Kipling Sharpe is a board-certified orthopedic surgeon specializing in treating patients with hip and knee problems and a special interest in swimmer's shoulder. He has expertise in small incision hip and knee replacement. Dr. Sharpe received his medical degree from Keck School of Medicine at the University of Southern California. He then completed his residency in orthopedic surgery at USC-University Hospital, followed by a fellowship in adult reconstruction at the Institute for Bone and Joint Disorders in Phoenix. He has practiced in the East Valley for more than 20 years. Dr. Sharpe is medical director for orthopedics at Mercy Gilbert Medical Center and is team physician for the Mesa Cubs baseball team and Mesa Aquatics Club.

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Frank Simoncini, DO,
FACOS
UROLOGY

Serving the Southeast Valley for 21 years, Dr. Simoncini is board certified and a fellow of the American College of Osteopathic Surgeons. He received his medical training at Western University of Health Sciences with a degree in Doctor of Osteopathic Medicine. Dr. Simoncini trained in urologic surgery at Michigan State Consortium. He stays on the cutting edge of urologic surgery and has trained in numerous continuing medical education programs and seminars. Dr. Simoncini is one of the Valley's top urological surgeons and is also a cancer survivor, which allows him to understand his patient's fears and concerns. He is one of the first in the Valley to offer robotic assisted prostate and kidney sparing cancer surgery. Dr. Simoncini trains medical students regularly and is an associate professor at Midwestern University. Recently, he merged his practice with Ironwood Cancer and Research Centers allowing us to offer patients a multimodality team approach with leading edge individualized therapy. Dr. Simoncini specializes in all aspects of adult urological conditions, with a focus on minimally invasive treatment of prostate and kidney cancer, kidney stones, female incontinence, penile implant surgery, BPH, Urolift and HIFU.



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Daniel T. Smith, MD,
FAEM
EMERGENCY MEDICINE

Dr. Daniel T. Smith joined Active Life Physical Medicine & Pain Center in September 2015 after a 24-year career in the United States Air Force, attaining the rank of Colonel and serving as Deputy Group Commander of the 56th Medical Group, Luke Air Force Base, AZ. Dr. Smith also served as a Squadron Commander, Chief of Aerospace Medicine, Public Health Emergency Officer and as team lead for Critical Care Air Transport with deployments to Bahrain, Saudi Arabia, Kandahar, Afghanistan, and United Arab Emirates. In 1991, he received his commission to the Air Force upon entering the Uniformed Services University of Health Sciences Medical School and, in 1995, graduated with a Doctor of Medicine degree. In 2001, after serving as Flight Surgeon, he completed his emergency medicine residency at Wright State University, Dayton, Ohio and, in 2009, attended the HMI Medical Acupuncture for Physicians SMART course. Dr. Smith has many years of experience as a board-certified emergency medicine physician and credentialed in acupuncture and is trained in functional medicine.



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Rachel L. Spieldoch, MD
GYNECOLOGY

Board certified in gynecology, Dr. Spieldoch specializes in minimally invasive surgical options, including advanced and robotic-assisted laparoscopic surgery as well as repair of pelvic organ prolapse. She graduated with honors from the University of Wisconsin, Madison, and earned her medical degree from the University of Missouri, Columbia. Her practice encompasses the full scope of gynecologic needs including irregular bleeding, uterine fibroids, endometriosis, menopausal symptoms, pelvic organ prolapse, incontinence, tubal sterilization and other problems related to the uterus and ovaries. Dr. Spieldoch provides in-office endometrial ablation for troublesome menstrual periods as well as labiaplasty surgery. Her practice is committed to providing minimally invasive treatments with faster healing and less discomfort. Dr. Spieldoch and her staff specialize in bioidentical hormone replacement and time-released hormone pellets for patients suffering from hot flashes and symptoms related to menopause.

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Marnee Spierer, MD
RADIATION ONCOLOGY

Dr. Spierer earned her medical degree from Columbia University College of Physicians Surgeons. After her internship at Saint Barnabas Medical Center in New Jersey, she completed a radiation oncology residency at Memorial Sloan Kettering Cancer Center in NYC. She is board certified in radiation oncology by the American Board of Radiology and is a member of the American Society for Therapeutic Radiology and Oncology. Dr. Spierer has been consistently recognized as an outstanding oncologist and has received numerous awards including Patients' Choice Award, Best Doctors, Compassionate Doctors and Top Oncologists.



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Kurtis S. Staples, MD
ORTHOPEDIC TRAUMA SURGERY

Board certified in orthopedic surgery, Dr. Staples is a member of Sonoran Orthopaedic Trauma Surgeons. He is fellowship trained in both direct anterior hip replacement and orthopedic trauma, and specializes in the treatment of complex injuries of the hip and pelvis. Utilizing skills mastered in his training, he also cares for patients with fractures of the upper and lower extremities as well as the hip and pelvis. After graduating from the Medical College of Wisconsin, Dr. Staples trained at the University of Michigan and Vanderbilt University with world-renowned experts, including Philip J. Kregor, M.D.; M.L. Chip Routt, M.D.; and Jeffery Mast, M.D. Dr. Staples' passion lies in the treatment of disorders of the hip. His expertise includes the care of hip conditions in all ages. To attend an educational seminar about the anterior approach to total hip replacement, contact his office.



SONORAN ORTHOPAEDIC TRAUMA SURGEONS SONORAN HIP CENTER
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sonoranhipcenter.com



Craig M. Stein, MD
GASTROENTEROLOGY

One of the founding board members of Arizona Digestive Health, Dr. Stein received his medical degree from the University of Southern California. He completed an internship at Good Samaritan Medical Center in Phoenix, followed by an internal medicine residency at the University of Southern California. He completed a fellowship in gastroenterology and hepatology, and went on to perform an advanced therapeutic endoscopy fellowship at the University of Southern California. Upon completion of his training, Dr. Stein joined Digestive Disease Consultants, where he was recognized as a "Top Doc" in gastrointestinal disease by *PHOENIX* magazine. Board certified in gastroenterology, Dr. Stein is highly skilled in all spectrums of management of gastrointestinal and liver diseases. He performs upper and lower endoscopy, therapeutic ERCP, wireless capsule endoscopy, pH studies, breath testing and hemorrhoid banding.



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Rohit Sud, MD
MEDICAL ONCOLOGY & HEMATOLOGY

In January 2012, Dr. Sud joined Ironwood Cancer & Research Centers. He attended medical school at Patna Medical College in India, and completed residency training at the Lincoln Medical Center, an affiliate of Cornell University in New York, NY. He completed his fellowship training at Strong Memorial Hospital, University of Rochester, NY. Dr. Sud specializes in several solid tumors and hematologic disorders. He has been actively involved in several clinical research trials and has been published in peer-reviewed journals, and presented at national meetings. Dr. Sud is a member of many national societies. He is married with two children. He is an avid biker and enjoys hiking.



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**Kai Sung, MD, FACC,
FHRS**
ELECTROPHYSIOLOGY

Dr. Kai Sung is triple board certified in cardiac electrophysiology, cardiovascular disease and internal medicine. He completed his cardiovascular disease and electrophysiology fellowships at Brown University, internal medicine residency at Baylor College of Medicine and Doctorate of Medicine at Columbia University. He graduated from the University of Michigan with highest distinction and honors. Dr. Sung is a fellow of the American College of Cardiology and Heart Rhythm Society. He lectures frequently in U.S., Asian and Australian academic centers and at the Heart Rhythm Society. Dr. Sung has completed research projects involving treatments of heart failure, prevention of arrhythmic death and monitoring of irregular rhythms. He has extensive experience in medication, device, and ablation based therapies of cardiac arrhythmias, using the most advanced technologies. Dr. Sung was awarded Best Teacher at Brown University, and enjoys teaching cardiology fellows as faculty of University of Arizona, Phoenix.



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Arman Talle, MD, FACC **CARDIOLOGY**

Dr. Talle is board certified in cardiovascular disease, internal medicine and nuclear cardiology. He completed his fellowship in cardiology at the University of Texas Health Sciences Center at San Antonio, and earned his doctorate of medicine from Loyola University in Chicago. He has been recognized with the Alpha Gamma Zigma Award, Leticia Boundey Scholarship Award and Kathleen D. Loly Scholarship Award. Dr. Talle has been practicing cardiology in the Phoenix area for the past 17 years. He has expertise in cardiac catheterization, transesophageal echocardiography and interpretation of nuclear myocardial perfusion studies. Dr. Talle is a fellow of the American College of Cardiology. He served as chairman of the cardiovascular department at Banner Baywood Medical Center and a member of the quality sub-committee at Banner Heart Hospital. Dr. Talle believes in providing the highest quality cardiovascular care to all his patients effectively and compassionately.



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David A. Tallman, DC, **NMD** **NATUROPATHIC MEDICINE**

Continuing a family tradition, Dr. Tallman completed his undergraduate education at The Ohio State University. He then attended Texas Chiropractic College, with an internship focus on orthopedics and radiology. He continued on to graduate from Southwest College of Naturopathic Medicine in Tempe. A leader and pioneer of regenerative injection therapy (RIT), Dr. Tallman's practice is devoted exclusively to prolotherapy/RIT. He has designed a unique and highly specialized method of needle manipulation for ligament and tendon issues. With more than 17 years in practice, he has performed more than 40,000 prolotherapy/RIT/PRP/stem cell procedures.

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DAVID A. TALLMAN, DC, NMD

8300 N. Hayden Rd., Ste. A-111
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Scott P. Tannehill, MD **RADIATION ONCOLOGY**

Dr. Scott Tannehill is a board certified radiation oncologist with 20 years of practice experience. He completed his residency at the University of Wisconsin in Madison. He has held academic appointments at the University of Wisconsin, the University of Florida, and the University of Arizona. He was course chair of the medical school oncology curriculum at the University of Wisconsin and served as program director for the Radiation Oncology Residency Program at University of Arizona before moving to Phoenix in 2008. He has expertise in state-of-the-art treatment techniques for all cancers, with specialty practice experience in breast cancer, head and neck cancer, lymphomas, skin cancer, CNS malignancies, gynecologic cancers, and gastrointestinal cancers. He has been listed by Best Doctors, Inc. since 2003 and has been recognized as a *PHOENIX* magazine "Top Doc." His primary practice locations are in Scottsdale and Gilbert.



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**Oren Tessler, MD,
MBA, FRCSC, FACS**
PLASTIC SURGERY

Dr. Tessler is double board certified by the American Board of Plastic Surgery and the Royal College of Physicians and Surgeons of Canada. After completing his fellowship in aesthetic and reconstructive breast surgery at Harvard University, he worked as assistant professor at both LSU and Tulane University in New Orleans. During his time in New Orleans, Dr. Tessler served as associate program director and director of plastic surgery at University Medical Center. Dr. Tessler has collaborated and partnered with some of the leading global pioneers of microsurgical breast reconstruction, having lectured internationally. In 2016, Dr. Tessler was one of 10 national experts elected by the American Society of Plastic Surgeons (ASPS) to the National Autologous Breast Reconstruction Performance Measures Workgroup. Dr. Tessler works closely with the leading innovators in migraine surgical treatment. His technique involves an upper eyelid lift incision that is aesthetically pleasing. The publication of this technique and its results have gained widespread national prominence and allowed him to create the largest regional center for migraine surgery at LSU.

ELITE PLASTIC SURGERY

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Rozbeh Torabi, MD
PLASTIC SURGERY

As a well-traveled plastic surgeon, Dr. Torabi has found his home in Arizona while going through rigorous training at Maricopa Medical Center's General Surgery Residency. He completed extensive training in trauma, burn and general surgery. His passion to treat diverse and complex groups of patients took him to New York for training in plastic and reconstructive surgery at the prestigious Long Island Plastic Surgical Group, which is one of the oldest and largest plastic surgery groups in the U.S. During many years of education, Dr. Torabi has worked on perfecting his art of liposculpture, breast augmentation, facial rejuvenation, as well as body contouring. He also has extensive training in burns, breast reconstruction, hand surgery, migraine surgery and reconstruction after skin cancer excision.

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Daniel Torzala, MD
NEUROLOGY

Dr. Daniel Torzala is a Phoenix native and, since 2009, has been in practice with Phoenix Neurology and Sleep Medicine. Dr. Torzala graduated from Arizona State University and, in 2001, received his medical degree from Saint Louis University School of Medicine. Prior to joining Phoenix Neurology and Sleep Medicine, he served on active duty in the U.S. Army and enjoyed an appointment as chief of neurology at William Beaumont Army Medical Center, caring for soldiers wounded in Iraq and Afghanistan. He enjoys taking care of a wide variety of neurological disorders and has multiple offices in Downtown Phoenix, the West Valley and North Phoenix.



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Chirag Trivedi, DO

GASTROENTEROLOGY

Dr. Trivedi is board certified in gastroenterology and has been practicing in the West Valley since 2009. He earned his undergraduate degree with distinction from Rutgers University before attending medical school at University of Medicine and Dentistry of New Jersey. Dr. Trivedi completed his internal medicine residency at Robert Wood Johnson University Hospital, as well as his fellowship training in gastroenterology and hepatology. He specializes in treating patients with inflammatory bowel diseases (IBD). Additionally, he enjoys caring for patients with esophageal, gastric, pancreatic and liver diseases. Dr. Trivedi pioneered Crohn's and Colitis Center of Excellence at Arizona Digestive Health and is currently director of the Center of Excellence.



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Frank Tsai, MD

MEDICAL ONCOLOGY

A board-certified oncologist, Dr. Frank Tsai provides high-quality, university-level cancer care in a community setting. He received his hematology-oncology training at Boston University School of Medicine before joining Memorial Sloan-Kettering Cancer Center in New York. While his passion is cancer research, the heart of his practice remains excellent patient care. Dr. Tsai has been recognized by cancer patients for The Arnold P. Gold Award, which is presented to physicians who demonstrated integrity and compassionate care. Since relocating to Arizona, Dr. Tsai has had the privilege to sit as a voting member on the HonorHealth Continuing Medical Education (CME) Committee while advancing cancer care as an investigator at the HonorHealth Research Institute. His philanthropic services were also recognized by the HonorHealth Foundation as a physician advocate. Dr. Tsai continues to serve his patients at the Scottsdale office.

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Ramsey K. Umar, MD

GASTROENTEROLOGY

Dr. Umar is a board-certified gastroenterologist practicing in Mesa. He started his training at the University of North Carolina at Chapel Hill before moving on to the University of Michigan, Ann Arbor, for his internal medicine residency and then completed his training at Northwestern University in Chicago. During fellowship training, he gained vast expertise in the management of gastrointestinal and liver diseases, including treatment of inflammatory bowel disease, viral hepatitis, GERD and management of gastrointestinal bleeding. He is highly skilled in gastrointestinal endoscopy, including performance of therapeutic ERCP, minimally invasive hemorrhoid banding and interpretation of wireless capsule endoscopy.



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George J. Walker, MD
GASTROENTEROLOGY

Raised in Arizona, Dr. Walker has lived in the Valley for most of his life. He attended Brophy College Prep in Phoenix and completed his undergraduate degree at Loyola Marymount University in California. Dr. Walker graduated from St. George's University School of Medicine and completed his internal medicine residency at Griffin Hospital, a Yale University affiliate. He then attended gastroenterology and hepatology fellowship at Sinai Samaritan Medical Center in Milwaukee, at the University of Wisconsin affiliate before returning to Arizona to complete an advanced therapeutic endoscopy fellowship at Good Samaritan Medical Center/Carl T. Hayden VA Medical Center in Phoenix. Since 1995, Dr. Walker has practiced gastroenterology in the Valley. Recognized as a "Top Doc" by *PHOENIX* magazine numerous times, Dr. Walker is a board-certified gastroenterologist and enjoys working with his patients to treat a broad range of gastrointestinal and liver related disorders. Dr. Walker has performed numerous endoscopic procedures being highly skilled in diagnostic and therapeutic endoscopy, colonoscopy, endoscopic retrograde cholangiopancreatography (ERCP), small bowel capsule endoscopy, pH testing, esophageal manometry and hydrogen breath testing.



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Lise Walker, MD
BREAST SURGERY

A fellow of the American College of Surgeons, Dr. Walker has practiced in Phoenix since 2001. She obtained her doctorate in medicine from Jefferson Medical College and completed her surgical training in the Army, where she served for 11 years. Given an opportunity to study and practice with renowned breast surgery pioneers – Richard Fine, MD, and Philip Israel, MD – she moved to Marietta, GA., and spent four years studying their advanced techniques of diagnosing and treating breast disease. She has been recognized as a "Top Doc" by *PHOENIX* magazine every year since 2013. Dr. Walker is a member of the American Society of Breast Surgeons, as well as the American Society of Breast Disease. Her daughter is a second year resident in Phoenix at BUMCP and her son is a mechanical engineer also here in Phoenix.



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Anne Walter, MD,
FAAD
DERMATOLOGY

Dr. Anne Walter is a board-certified dermatologist and is fellowship trained in Mohs micrographic surgery, reconstructive surgery, laser, and cosmetic procedures. Dr. Walter grew up in California and attended Harvard University, graduating with honors. She continued on to medical school at USC, where she was inducted into the prestigious Alpha Omega Alpha Honor Society. Dr. Walter completed her dermatology residency at Northwestern University, followed by a highly sought after Mohs surgery and cosmetic fellowship with Dr. William Hanke in Indiana. Dr. Walter is an expertly trained clinician, focusing on skin cancer detection and removal, Mohs micrographic surgery, facial reconstruction, cosmetic procedures, botox, fillers, and laser. Dr. Walter has published multiple book chapters, journal articles and has spoken at conferences.



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Mark J. Wang, MD

ORTHOPEDIC SPINE SURGERY

A board-certified and fellowship-trained orthopedic spine surgeon, Dr. Wang offers comprehensive treatment of disorders of the cervical, thoracic and lumbar spine. He specializes in operative and non-operative spine care treatments, and is dedicated to working with patients to identify the source of their pain and to find the least invasive treatment. His interest in medicine began during undergraduate studies at Stanford University. After graduating from the UCLA School of Medicine, Dr. Wang completed orthopedic training at the Stanford University Hospital & Clinics, which cultivated an interest in the complexities of the spine. This propelled him to pursue a spine surgery fellowship at the Southern California Orthopedic Institute, where he trained in all aspects of spinal surgery, including degenerative conditions and scoliosis, as well as cutting-edge techniques such as motion preservation and minimally invasive procedures. Dr. Wang is a spine surgeon with the Valley's premier multidisciplinary spine care team.



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(602) 953-9500 | spineaz.com



Burt Webb, MD

GYNECOLOGY

After delivering more than 11,000 babies, Dr. Webb closed his OB practice and now devotes his career to women's health. Although his practice uses the most advanced surgical techniques to help women, he tries to avoid surgery and offers many nonsurgical options. However, if a patient does require surgery, Dr. Webb is world renowned for his surgical skills and innovative ideas. For example, his unique hysterectomy procedure is less painful with a faster recovery time than is typically seen. He teaches this technique to doctors around the world. Patients with fibroids are offered less invasive options. Dr. Webb is also a leading expert in cosmetic gynecology, which helps female parts look better and function better. He frequently uses advanced, non-surgical techniques to help women with pain caused by intercourse, interstitial cystitis, lichen sclerosis, and leaky bladders. He is passionate about helping women of all ages with painful periods, heavy menses, pelvic problems like endometriosis, ovarian cysts, and difficulty becoming pregnant with annual exams. An expert in the area on bioidentical hormones with more than 30 years of experience, Dr. Webb encourages women to have their hormone levels checked. He is happy to offer you a second opinion at his Scottsdale or Mesa office.

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Satellite Location:
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Gary Weiner, MD

ORTHOPEDIC SURGERY

Dr. Gary Weiner is a board-certified orthopedic surgeon who treats injuries and conditions of the shoulder, knee and hip. He utilizes minimally invasive arthroscopy and complex reconstructive techniques including total joint replacement and the anterior hip replacement approach. Dr. Weiner has additional experience in all disorders of the shoulder, using advanced techniques for repairing rotator cuff tears, instability and fractures, as well as expertise in reverse total shoulder replacement. He also treats upper and lower extremity fractures and acute injuries. Dr. Weiner is committed to providing high-quality, patient-centered, personalized care; when appropriate, he considers non-operative options before considering surgery. Dr. Weiner earned his medical degree at the University of California, San Diego, and completed his orthopedic surgery residency at Maricopa Medical Center in Phoenix. He is a fellow of the American Academy of Orthopedic Surgeons and member of the Arthroscopy Association of North America.



GARY WEINER, MD

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Justin C. Wong, MD
**ORTHOPEDIC SURGEON, SHOULDER,
 ELBOW & HAND SPECIALIST**

Dr. Justin C. Wong is a board-eligible orthopedic surgeon specializing in care of the upper extremity, including arthritis of the shoulder, elbow and hand, tendon disorders and ruptures, shoulder and elbow instability, and fractures of the shoulder, elbow and hand. He promotes a shared decision-making process with patients, educating them about their non-operative treatment options and, if necessary, thoroughly explaining surgical procedures and rehabilitation. Dr. Wong received his medical degree from the University of Arizona College of Medicine and completed his residency in orthopedic surgery at Thomas Jefferson University Hospital/Rothman Institute. He has dual fellowship training in hand surgery as well as shoulder and elbow surgery, having trained at both The Philadelphia Hand Center and Thomas Jefferson University Hospital/Rothman Institute. Dr. Wong is passionate about making a lasting impact on his patients' quality of life.



JUSTIN C. WONG, MD
 20325 N. 51st Ave. Bldg 4, Ste. 124
 Glendale | (602) 795-6300
 orthoarizona.org



Charles Woo, MD
RADIATION ONCOLOGY

Dr. Woo has practiced radiation oncology since the late '90s. In 2005, he joined Ironwood Cancer and Research Centers after practicing in Chandler for five years and Sun City for three. Dr. Woo completed his medical training at Northwestern University School of Medicine in Chicago. Following his internship at Tucson Hospital's Medicine Education Program, Dr. Woo finished his Radiation Oncology Residency Program at the University of Arizona, Tucson. During that time, he performed extensive laboratory research in prostate cancer. He is board certified in radiation oncology. As with our other doctors, Dr. Woo's priority is to maximize the benefits of cancer therapy by using the latest treatment approaches, while minimizing the side effects through the use of technology.



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Diane Woodford, MD,
FACOG

**FERTILITY & REPRODUCTIVE
 ENDOCRINOLOGY**

Dr. Woodford is double board certified in obstetrics and gynecology, and reproductive endocrinology. She has held senior positions in both private and academic settings, the most recent being assistant professor at the University of Washington. Dr. Woodford provides a complete range of fertility treatments, including IVF, IUI, PGS/PGD, fertility preservation and egg freezing. She is the recipient of numerous teaching awards throughout her tenure. Her areas of academic interest include hormonal effects on ovaries, as well as onco-fertility treatments for cancer patients. Dr. Woodford completed her residency in obstetrics and gynecology at Dartmouth-Hitchcock Medical Center in New Hampshire. She continued her training in reproductive endocrinology at the University of Louisville in Louisville, Kentucky. Dr. Woodford's passion for fertility medicine resonates well with patients. During her spare time, she enjoys hiking, tennis, and spending time with her dogs.



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Anthony T. Yeung, MD
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Christopher A. Yeung, MD
ORTHOPEDIC SPINE SURGERY

Dr. Yeung is honored to be the Team Spine Surgeon and Consultant for the Diamondbacks, Reds, Dodgers, Angels, Rockies, Mariners, Cubs and Royals. He is a board-certified, fellowship-trained orthopedic spine surgeon, with a special interest in minimally invasive spine surgery. He chooses the least invasive, yet most effective method to restore his patient's active lifestyle, whether a professional athlete or weekend sports enthusiast. He specializes in laser-assisted endoscopic spine surgery, microscopic cervical and lumbar surgery, and artificial disc replacements. Dr. Yeung serves as principal investigator in many FDA clinical trials. Additionally, he has developed new innovative spine surgery instrumentation. He speaks internationally on the latest minimally invasive spine treatments, and has published numerous articles. Dr. Yeung graduated from the University of Southern California Medical School, did his orthopedic residency at the UC-Irvine Medical Center, and did his spine surgery fellowship at the USC Center for Orthopedic Spine Surgery. Visit sciatica.com to learn more about DISC.



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Sammy Zakhary, MD, PC
VASCULAR & ENDOVASCULAR SURGERY, WOUND CARE

Dr. Zakhary is board certified in vascular surgery, general surgery, wound care, and hyperbarics. He is one of only three certified wound care specialists in Arizona that is also a board-certified vascular surgeon and the only one in the West Valley. His areas of expertise include varicose veins, endovascular surgery, aortic aneurysm, carotid/peripheral artery disease, wound care, and diabetic foot ulcers. Dr. Zakhary functions as medical director of Valley Vein and Vascular Surgeons and serves as an adjunct professor at Midwestern University. He is published in numerous journals. As an active member of the Association for the Advancement of Wound Care, Dr. Zakhary is a consultant for The Wound Infection Control Initiative and co-chair for the International Wound Infection Guideline Task Force. Dr. Zakhary's motto is "treat everyone like they are a family member."



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**Kerry Zang, DPM,
DABPS, FACFAS**
PODIATRY

Dr. Zang is the podiatric medical director of Arizona Institute of Footcare Physicians, as well as a Diplomat of the American Board of Podiatric Surgery, a fellow of the American College of Foot & Ankle Surgeons. An innovator in his field, he recently developed a new, non-surgical treatment protocol for neuropathy of the feet. He also has designed implants and surgical devices that currently are being used by surgeons across the country. He has been recognized as a *PHOENIX* magazine "Top Doc" 11 times. Respected among physicians for his unique diagnostic skills, he often is consulted on complicated and challenging cases. During his years in practice, he has learned that listening is one of the most important aspects of treating patients.



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**Victor Zannis, MD,
FACS**
BREAST SURGERY

A surgeon for more than 30 years, Dr. Zannis specializes in breast surgery. He attended Stanford University and UCLA Medical School. After residency training in Phoenix, he became board-certified in general surgery through the American Board of Surgery and is a fellow of the American College of Surgeons. For the last 18 years, Dr. Zannis has sub-specialized full-time in breast care. He served as president of the Phoenix Surgical Society, Southwestern Surgical Congress and The American Society of Breast Surgeons, and is a member of the Society of Surgical Oncology. He recently was published in *The American Journal of Surgery*; *Cancer*; *Annals of Surgical Oncology*; and *The Breast Journal* on the changing surgical techniques in breast care. Dr. Zannis is a 13-time *PHOENIX* magazine "Top Doc" honoree.



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Steven T. Zierer, MD
GASTROENTEROLOGY

Dr. Steven Zierer graduated from Indiana University and the IU School of Medicine (1989) before entering internal medicine residency at St. Joseph's Hospital and completing a GI fellowship (1995) at U of A/Good Samaritan/VA Medical Centers in Phoenix. An additional year of therapeutic training focused on advanced, endoscopic procedures such as ERCP, EUS, tumor ablation, anti-reflux and other cutting-edge procedures. His research, presentations and publications were primarily focused on esophageal disorders which led to the development of the Phoenix VA esophageal motility center. His entrepreneurial spirit also led to the first, free-standing endoscopy center in Arizona (as well as his current center and electronic medical record system). He is board certified in gastroenterology and hepatology. Dr. Zierer offers diagnostic and therapeutic upper and lower endoscopies as well as biliary and pancreatic interventions, stent placement, dilation, feeding tubes, capsule and motility/pH studies, breath testing, fecal transplantation, hemorrhoid banding, Remicade infusion, hepatitis C therapy and year-round (24/7) hospital coverage for continuity of your digestive health care.



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